

# **Global perceptions and concerns about Health: Trends and Challenges**

Survey results in 21 countries



# Global Public Trust Survey!

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The international network of independent research companies IRIS (*International Research Institutes*), to which **Focus Bari** has belonged since **1991**, designed and implemented this survey, recording public sentiment on critical issues of our time.

**21 countries** participated in the survey.

## Research Objective:

- ✓ Public perception of the economy and **personal financial situation**
- ✓ Levels of confidence and concern about **climate change**.
- ✓ Status and prospects of **health care** systems.
- ✓ Use, awareness and attitudes towards **AI**.

This presentation includes data from the IRIS survey on the health care system, combined with data from a survey by Focus Bari



# **We'll see... results of 2 surveys**



Views and attitudes of Greeks on health and mental well-being



Global perceptions of the health system



Global perspectives on healthcare

# Research specifications

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Research in 21 countries through the IRIS network



A similar survey was carried out in 2023

- IRIS (FOCUS BARI, core member of IRIS)
- Subject: Public Trust for Health Care
- Structured questionnaire
- Population : Men & Women 18+, in proportion to the population of each country
- Representative sample : 14,096 people, in 21 countries in the Americas, Europe, Asia, Africa, Australia
- Conduct : June - August 2024
- The weighting is based on the population of each country

Participating countries	Sample
Australia	1016
Austria	504
France	503
Canada	1003
Switzerland	535
Greece	1000
USA	1003
Indonesia	500
Italy	611
Spain	487
Japan	500
Canada	1003
Kenya	307
Korea	1000
Malaysia	502
Mexico	500
Nigeria	529
Panama	522
Poland	1055
Romania	1000
Turkey	501
Finland	508

National Survey of attitudes towards the developments of the era  
The first publication of the main findings was made at  
the APPLIA conference on 24 February 2025

Online interviews via YouGov panel

Structured questionnaire

Population : Men & Women 18+ Nationwide

Representative sample : 1209 persons.

Conduct : February 2025

Focus Bari is the Affiliate Partner of YouGov in Greece ([www.yougov.com](http://www.yougov.com))



# **SECTION A:**

## **Views and attitudes of Greeks on health and mental well-being**

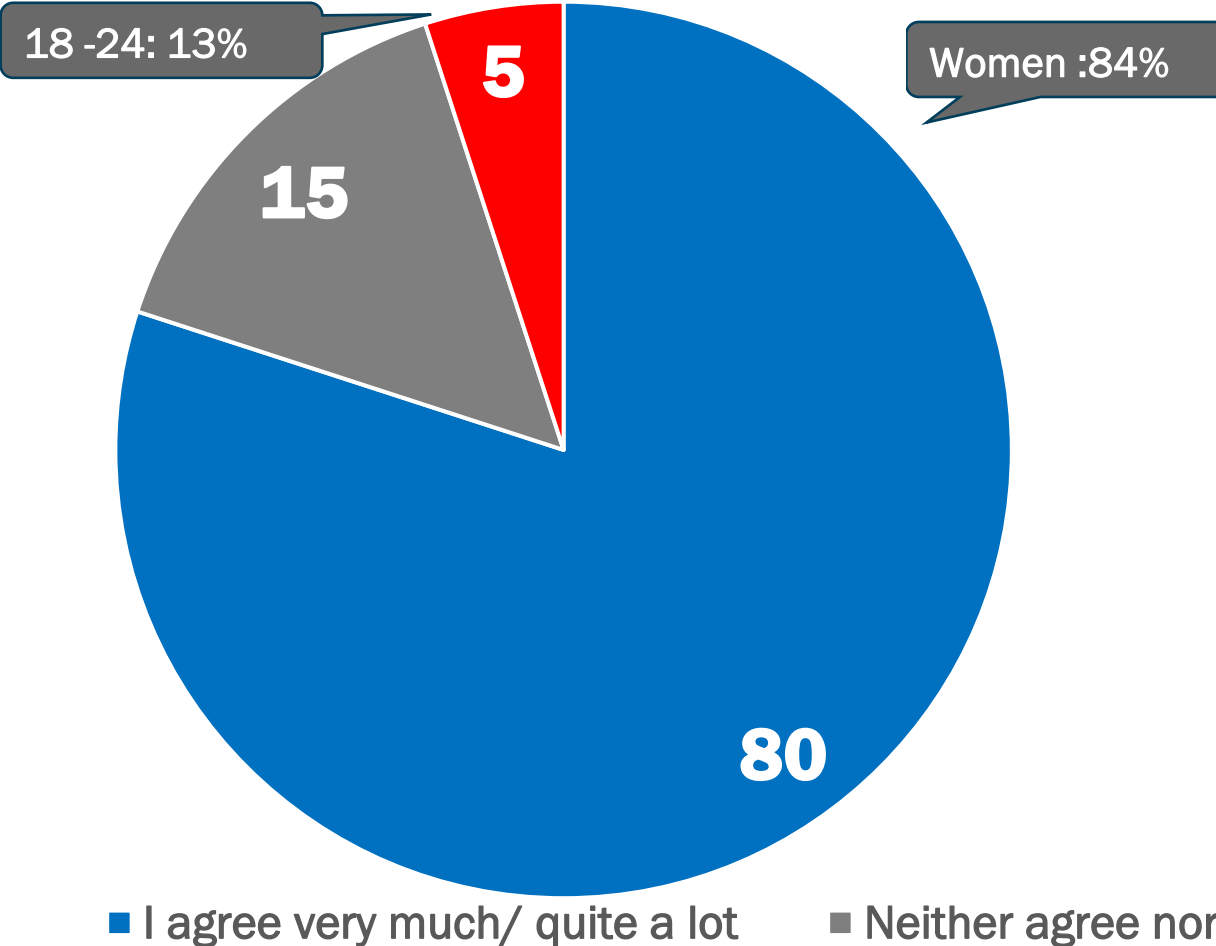
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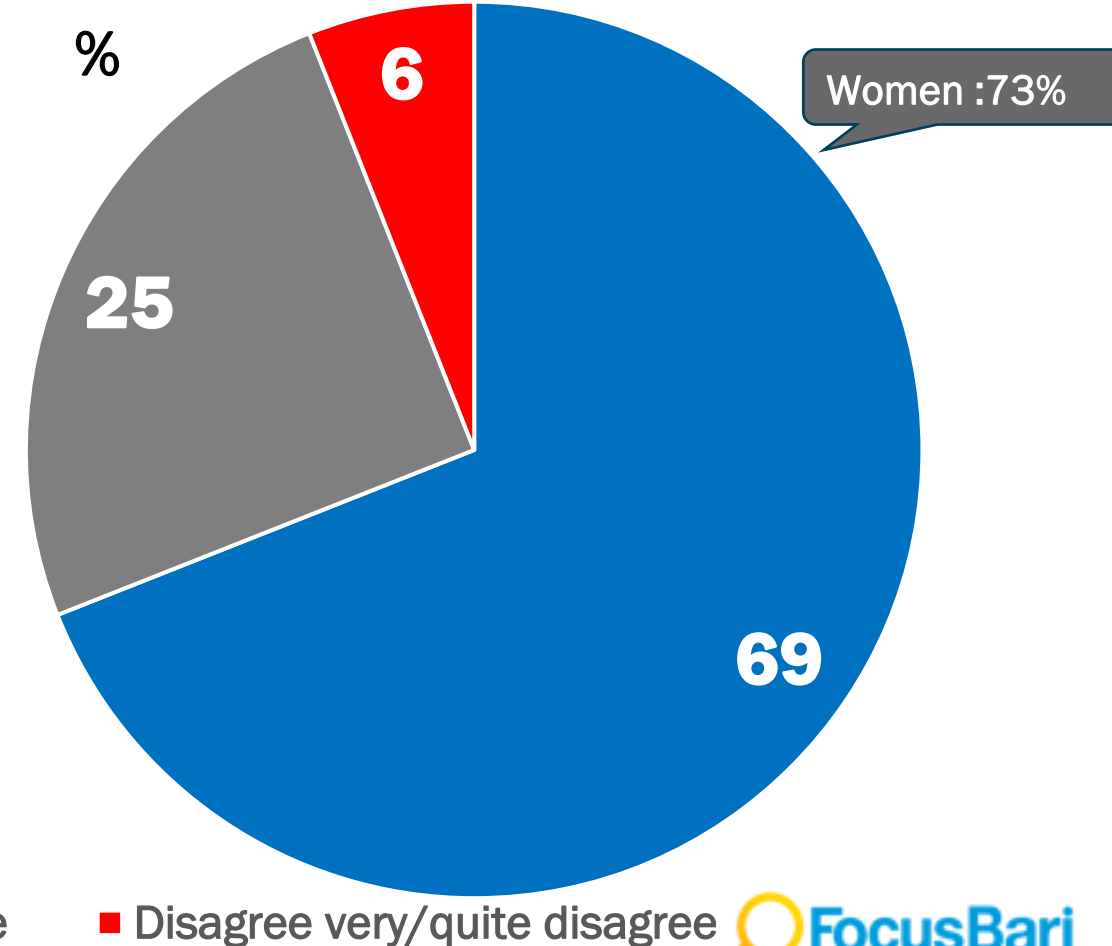
## Mental health in Greece:

**Increased concern, awareness & search for solutions, with emphasis on women and softer attitudes among young people**

*"The rise in mental illness is an indication that our society is heading in the wrong direction"*



*"Mental health is a big challenge, which is why more and more people are seeking therapies and coaching."*

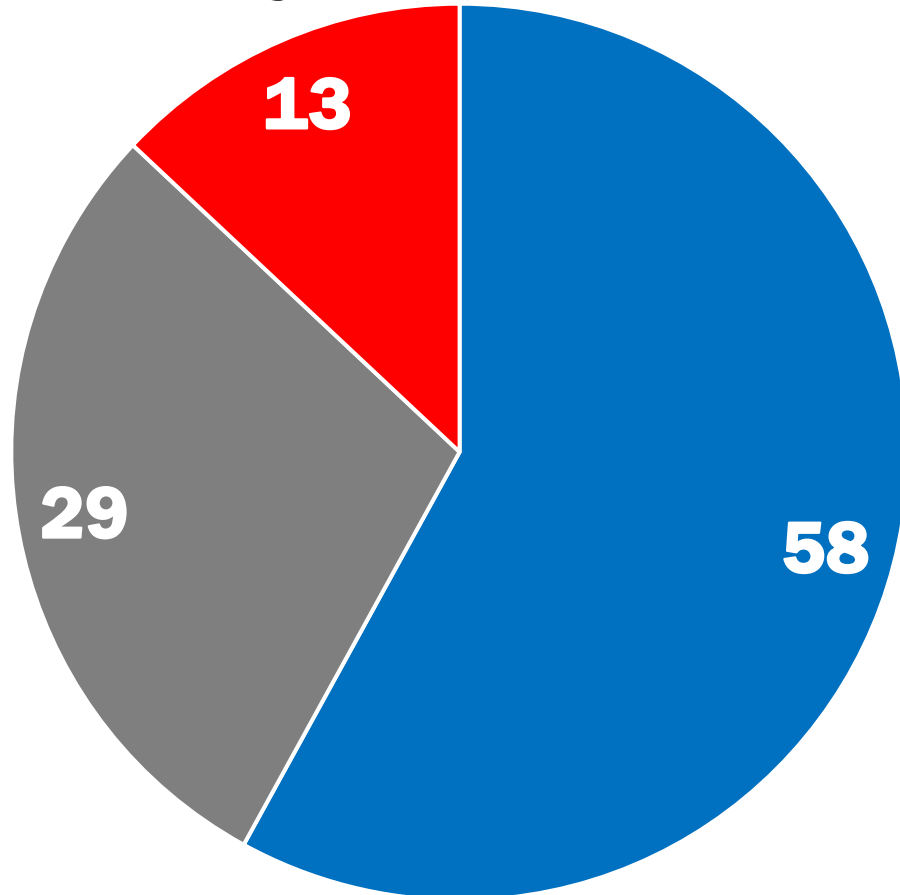




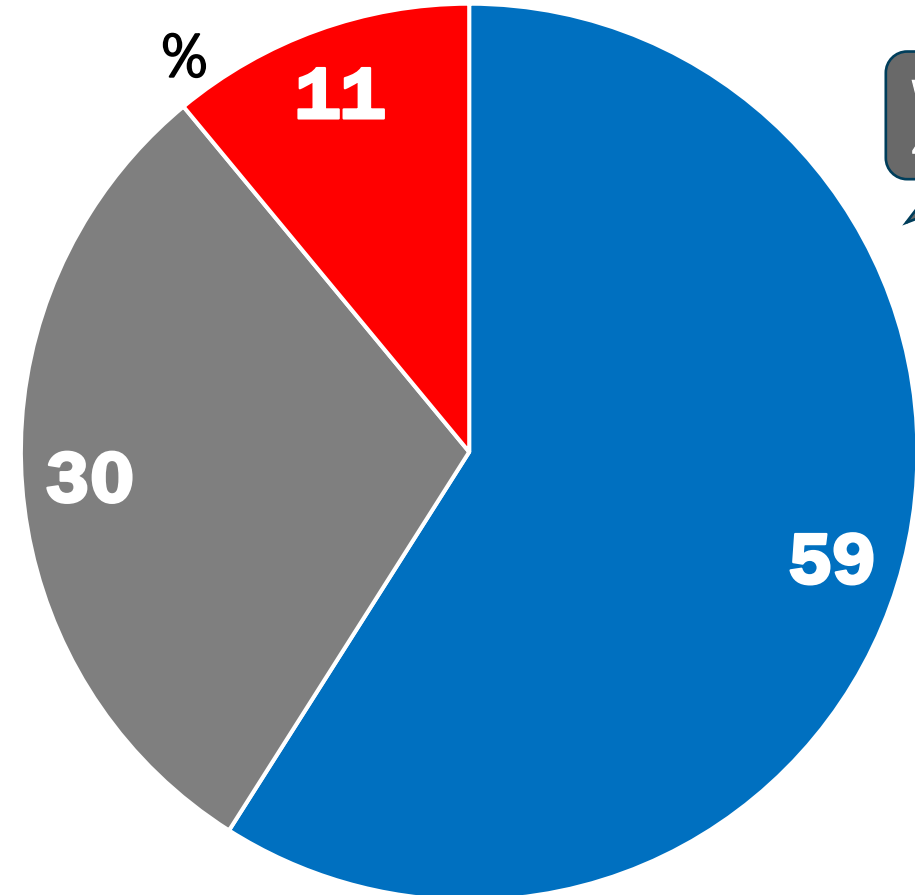
## After the pandemic:

**Health above all, for two out of three Greeks, yet they feel under pressure, especially for women and 45-54 year olds**

*"Since the pandemic, good health and well-being have come to a higher priority than ever before"*



*"I am constantly under pressure to get much more done than I can or am able to do"*



Women : 65%  
45 - 54: 69%

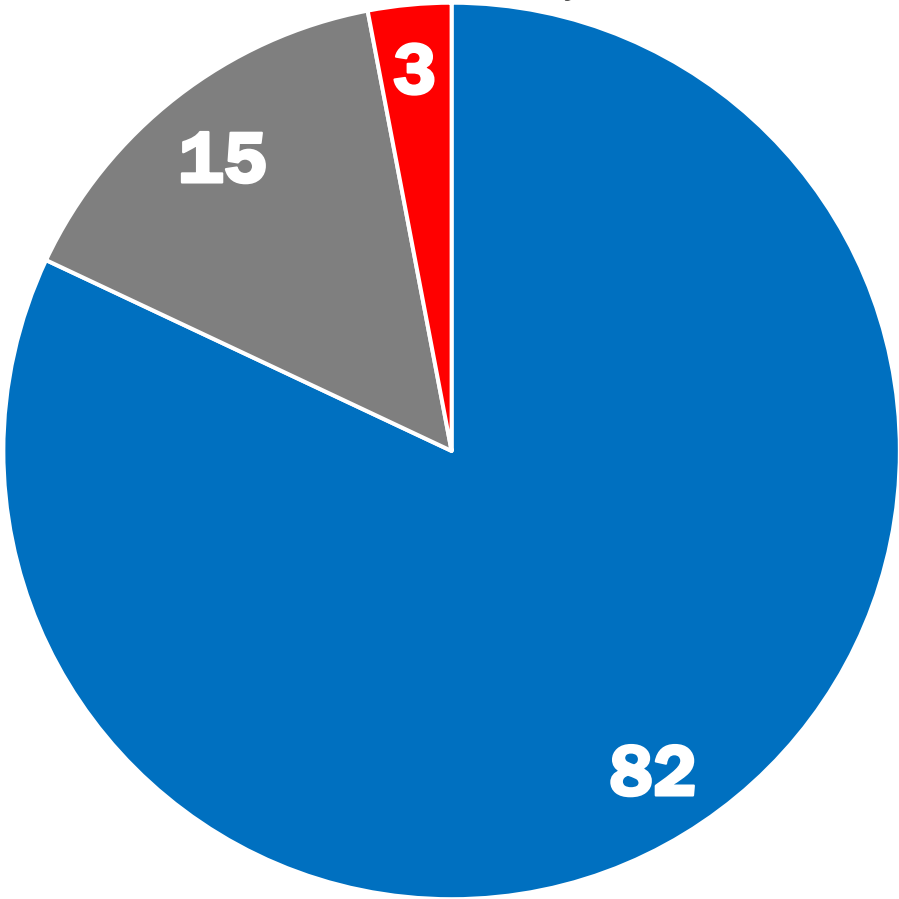
■ I agree very much/ quite a lot

■ Neither agree nor disagree

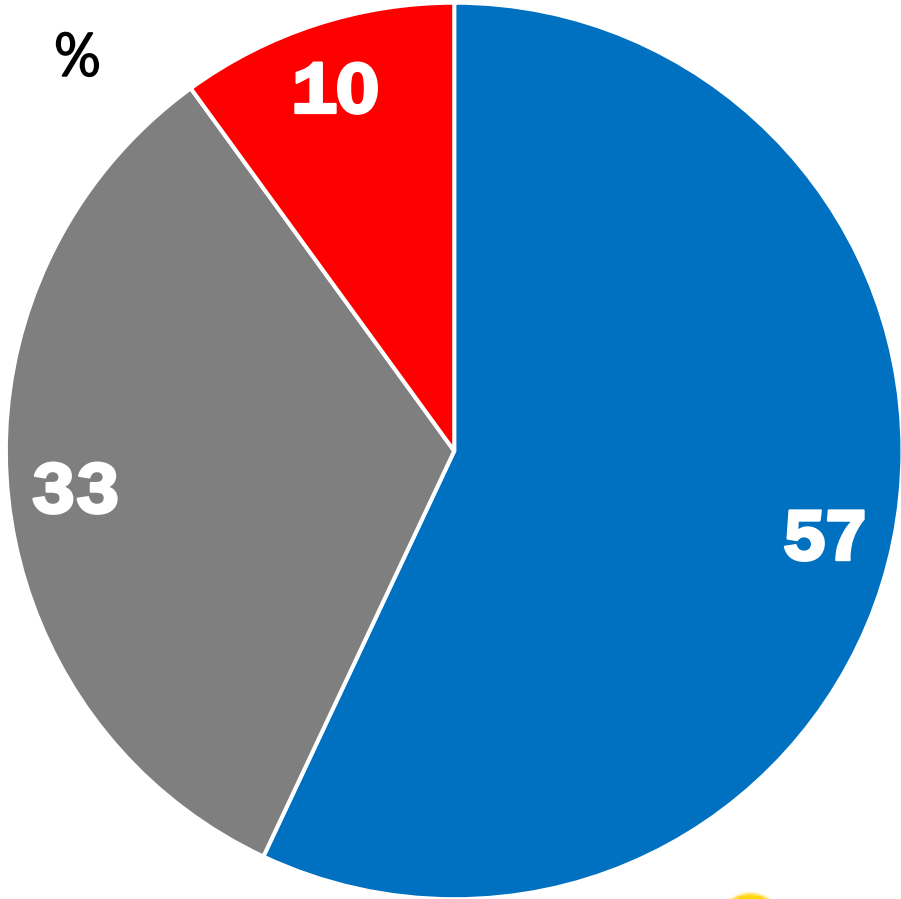
■ Disagree very/quite disagree

# Pressure for productivity: an obstacle to mental health and successful professional performance of Greeks

*"The pressure to be constantly productive affects our mental health and will intensify in the future"*



*"I believe that I can effectively and successfully meet the future demands of my profession"*



# **SECTION B:**

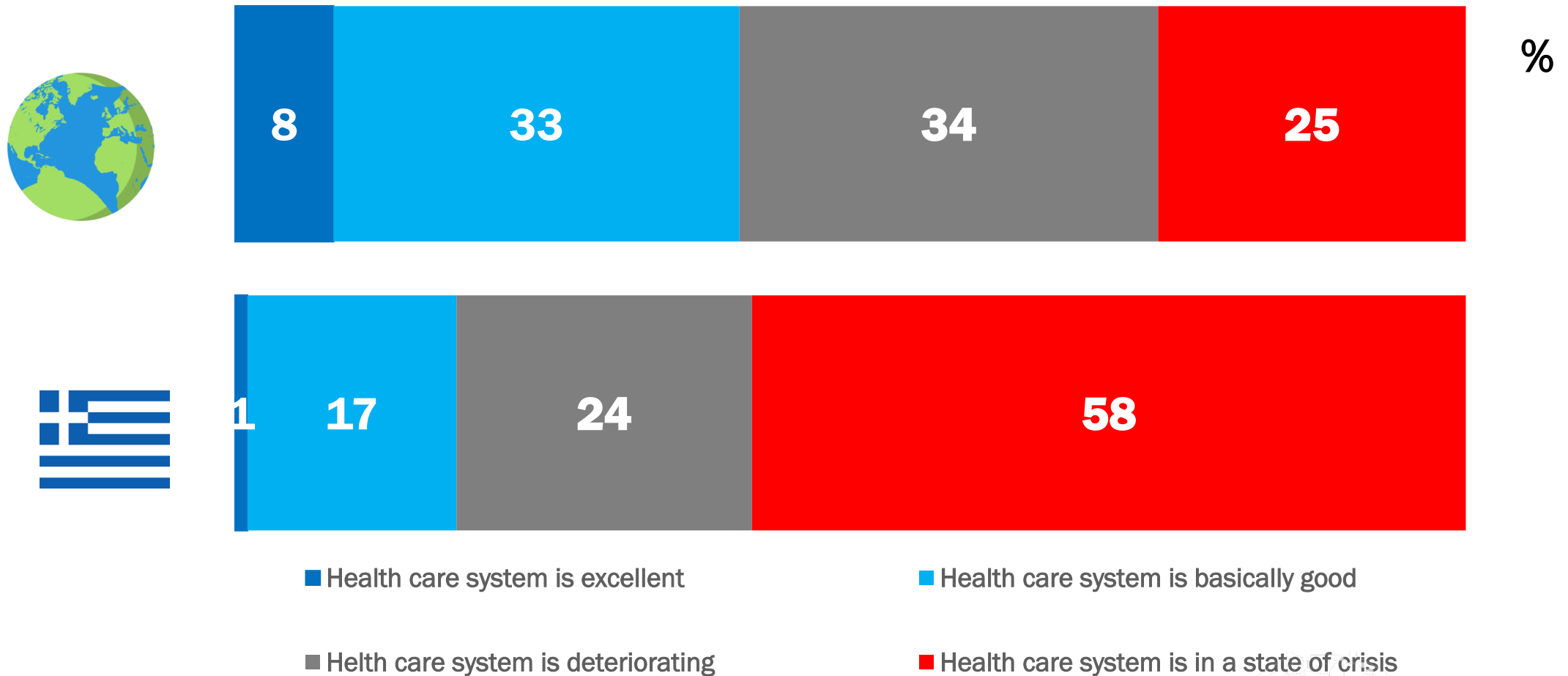
## **Global perceptions of health system**

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## Health system:

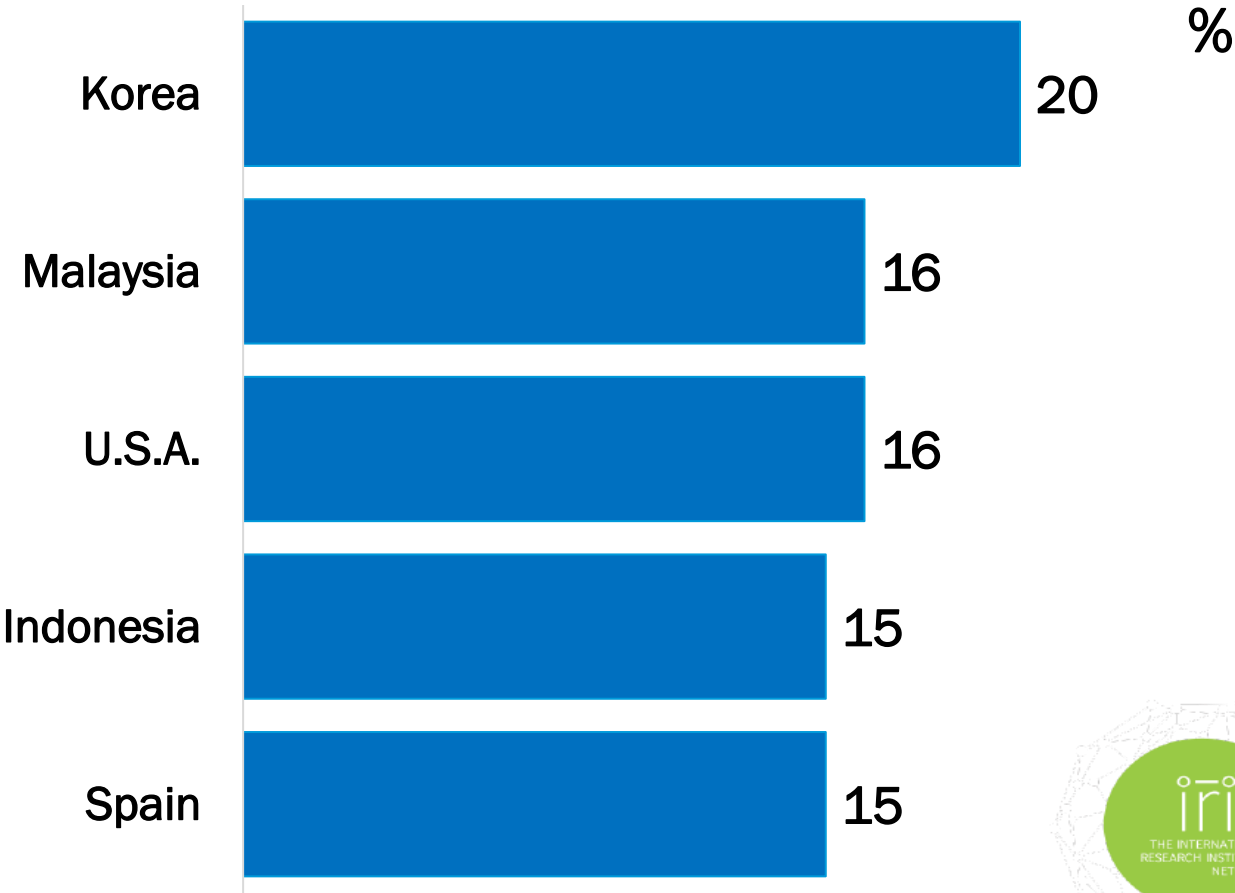
# Global concern, with the crisis in Greece topping the list!



# Positive health system: Countries with optimism

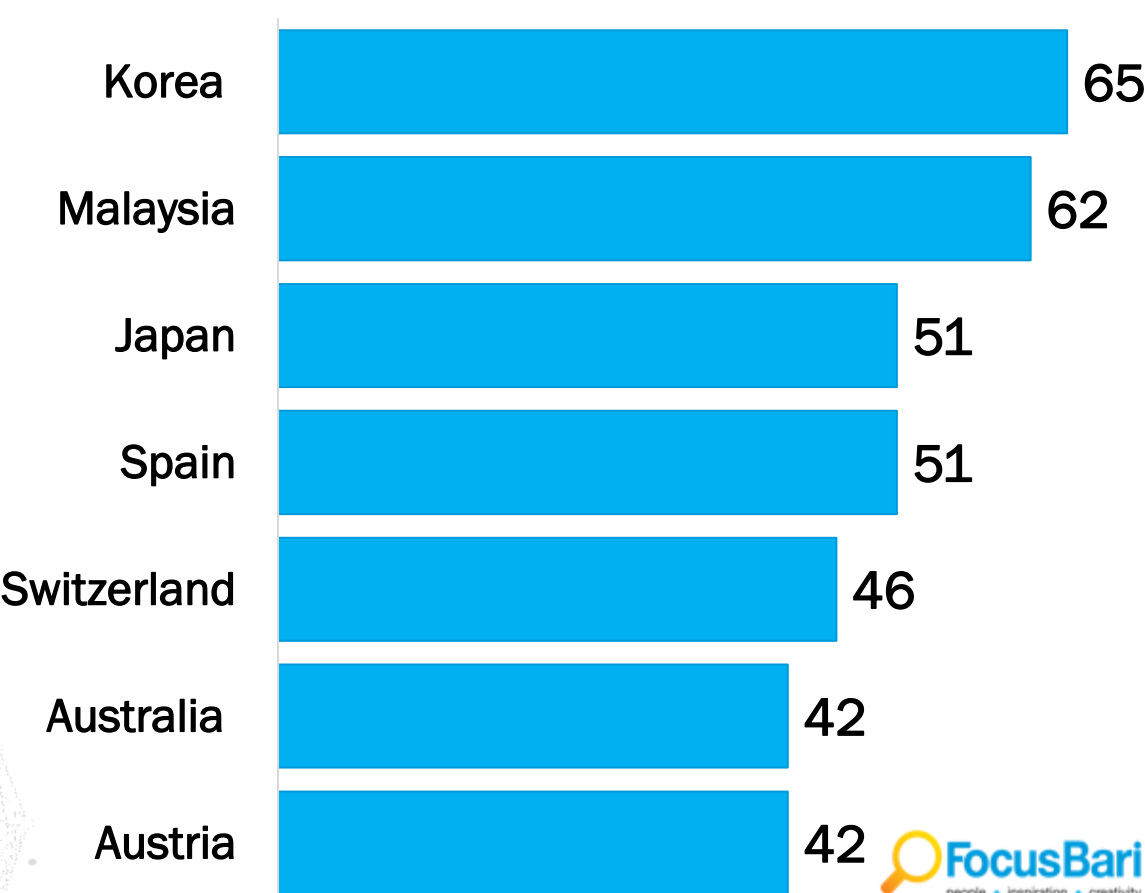
*"The health care system is excellent"*

Worldwide: 8%



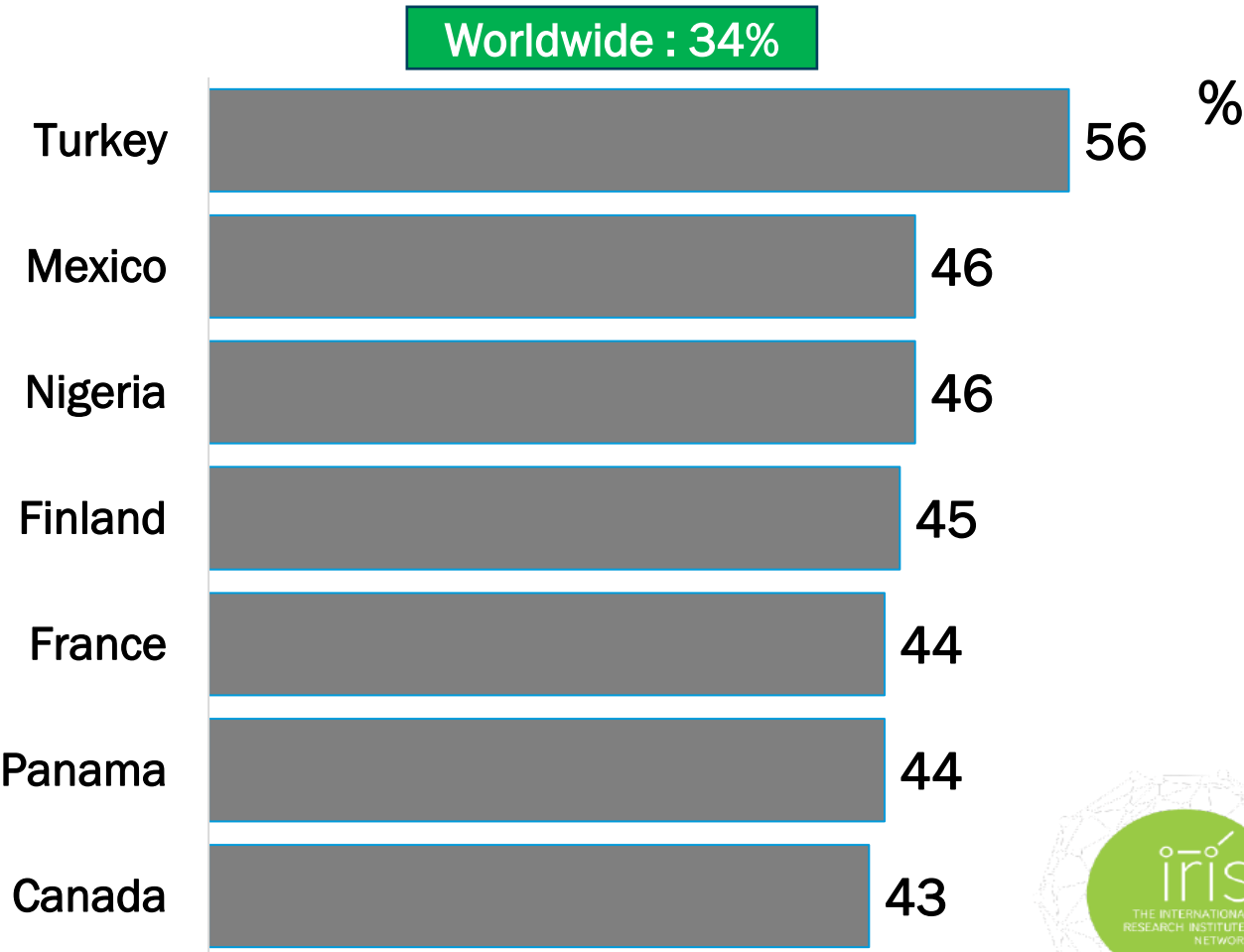
*"The health care system is basically good"*

Worldwide : 33%

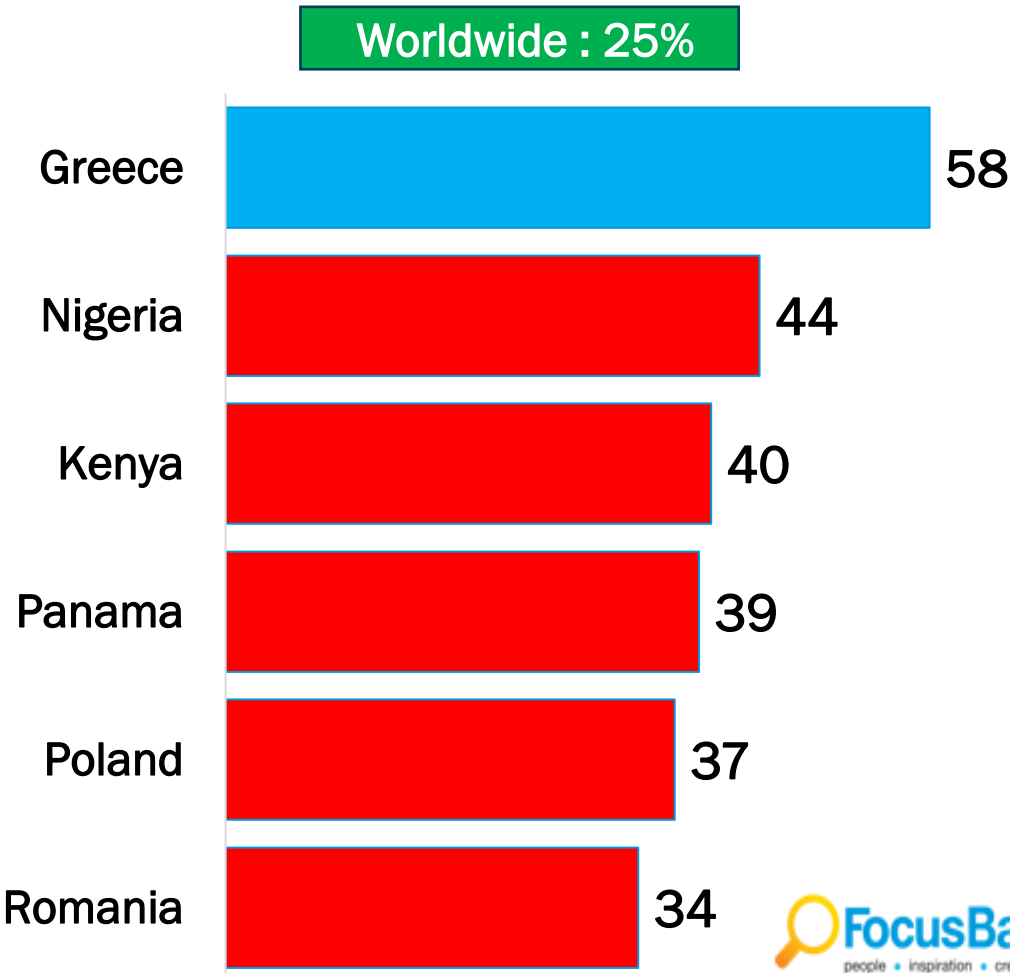


# Negative health system : Countries with pessimism

*"Health care system is deteriorating"*



*"Health care system is in state of crisis"*

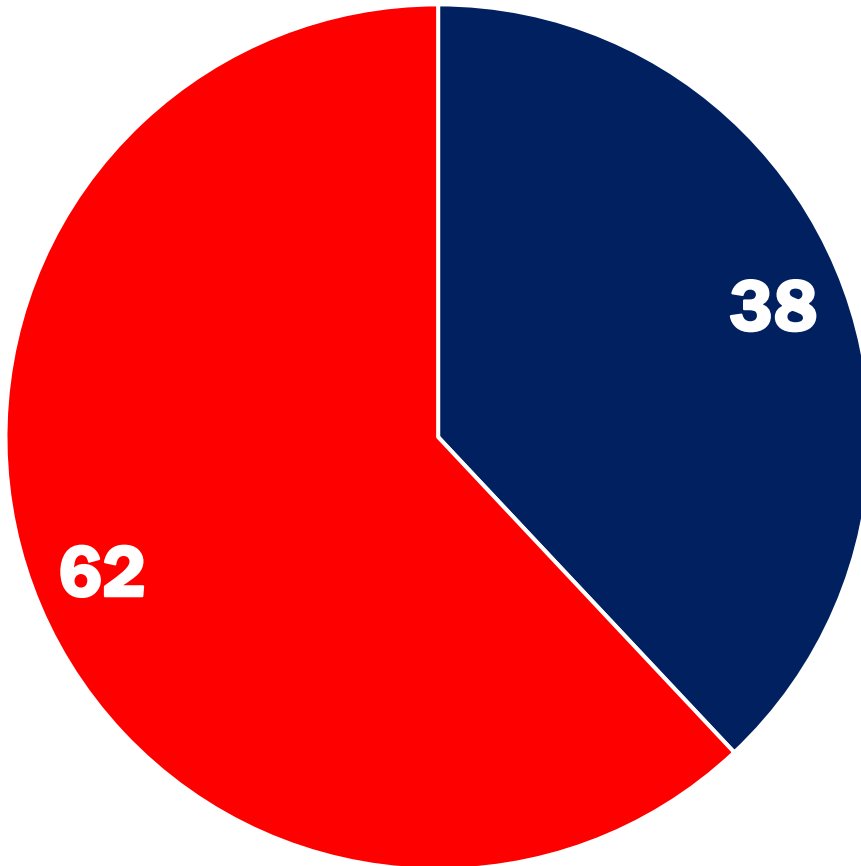




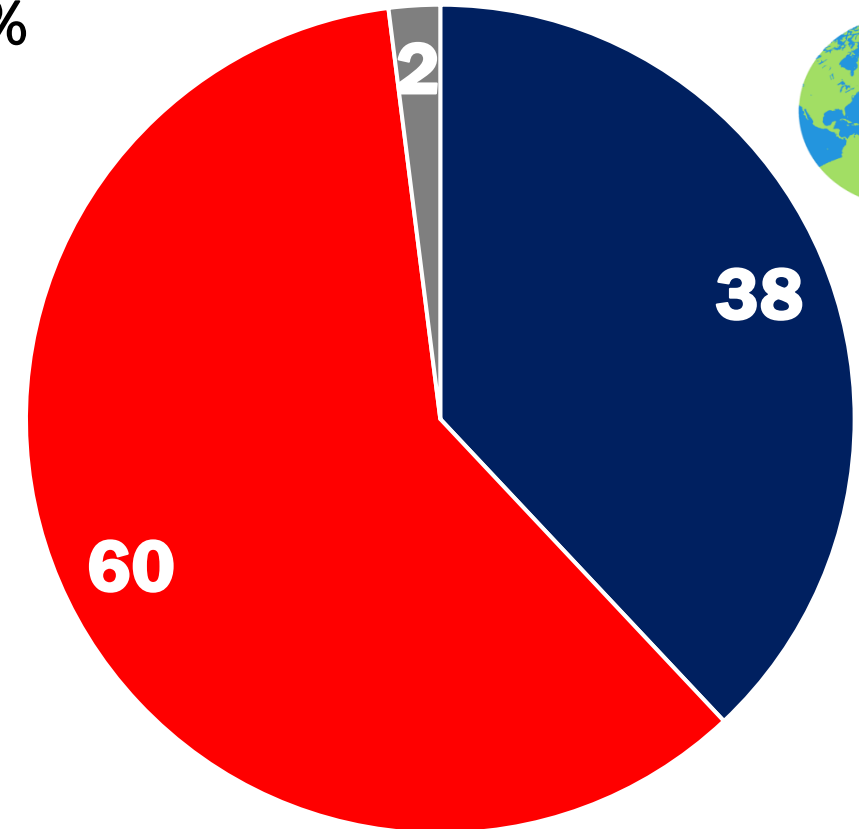
## Global consensus:

# Poor management as a common denominator in countries' health system problems

*"In your opinion, which ONE of the following is MORE responsible for the problems in the health care system in your country? "*



%



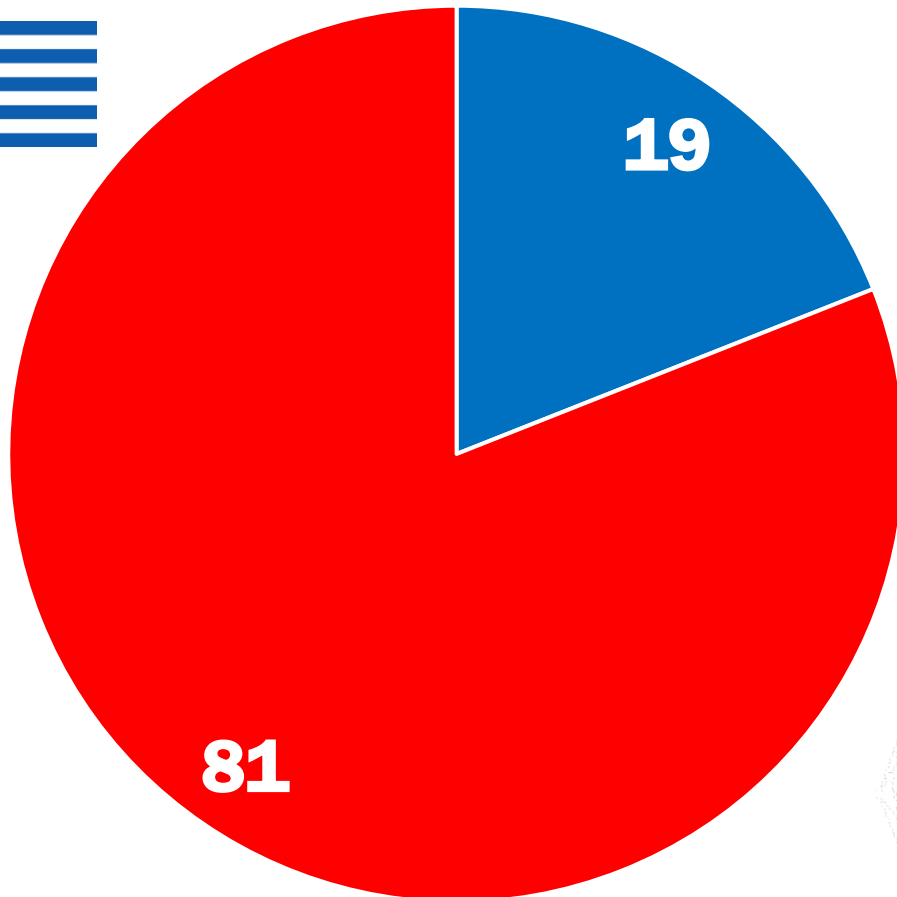
■ Not enough funding for the system

■ Inefficient management of the system

■ Don't know

# Global concern about the way healthcare is managed: Greece tops the list of reactions

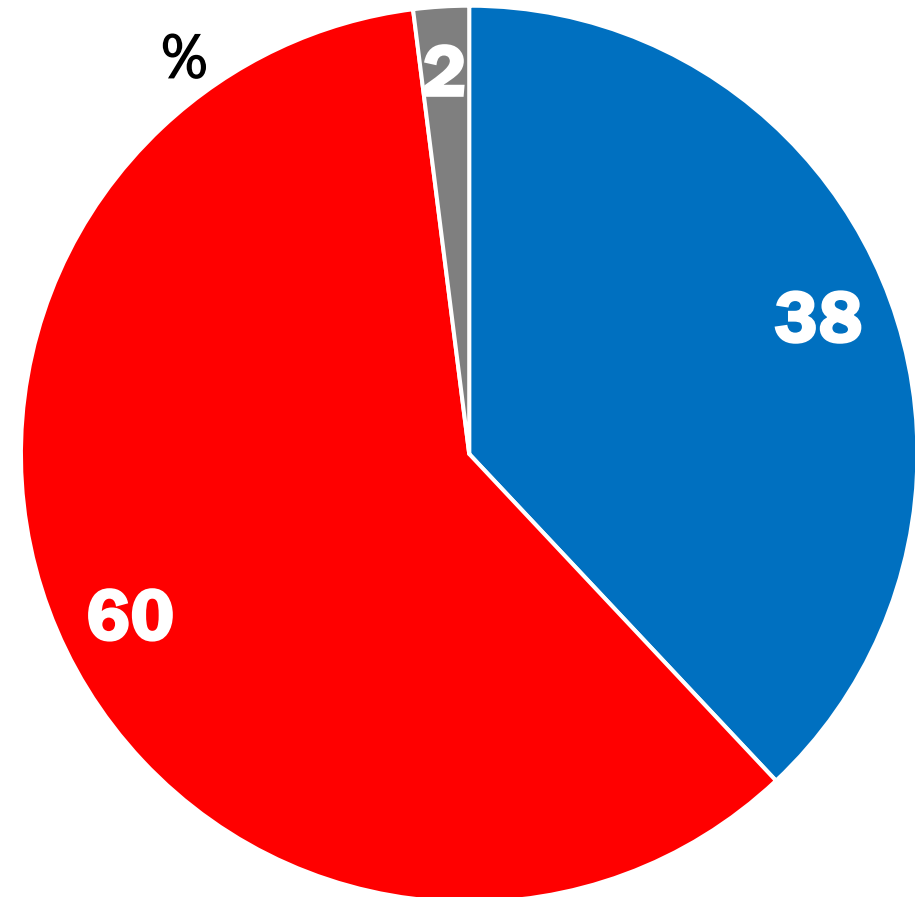
*"Generally speaking, do you approve or disapprove of the way [country's] national government is handling the issue of health care?"*



■ Strongly/somewhat approve

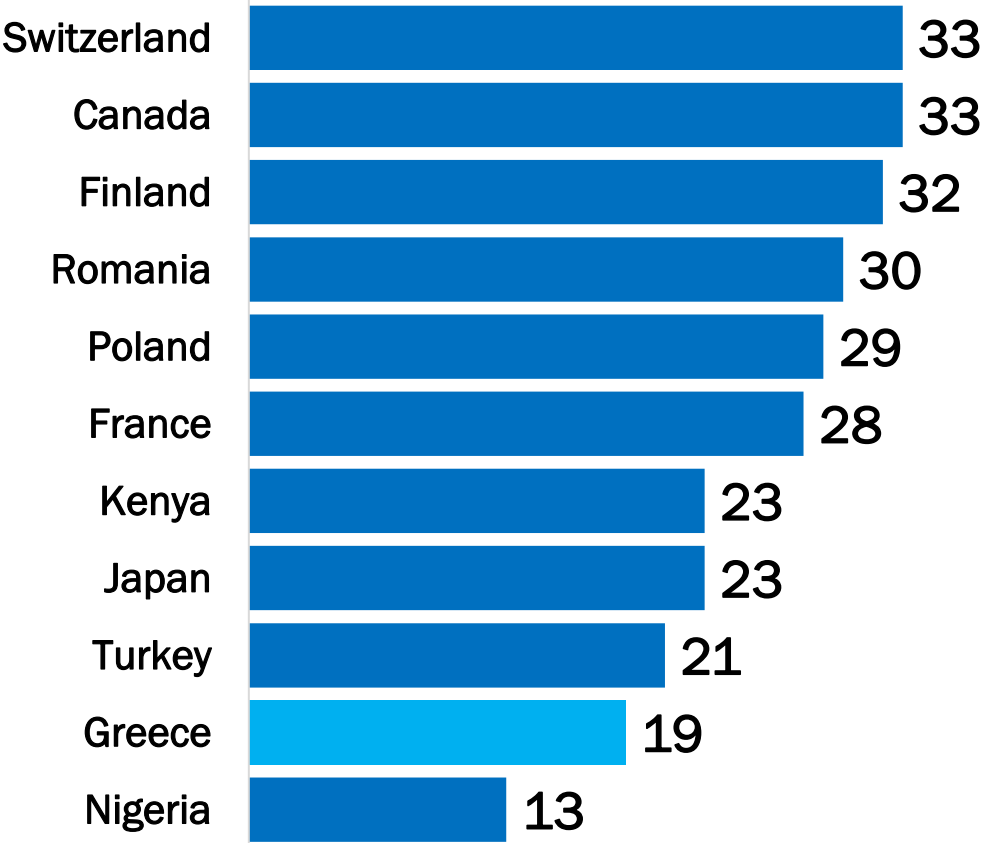
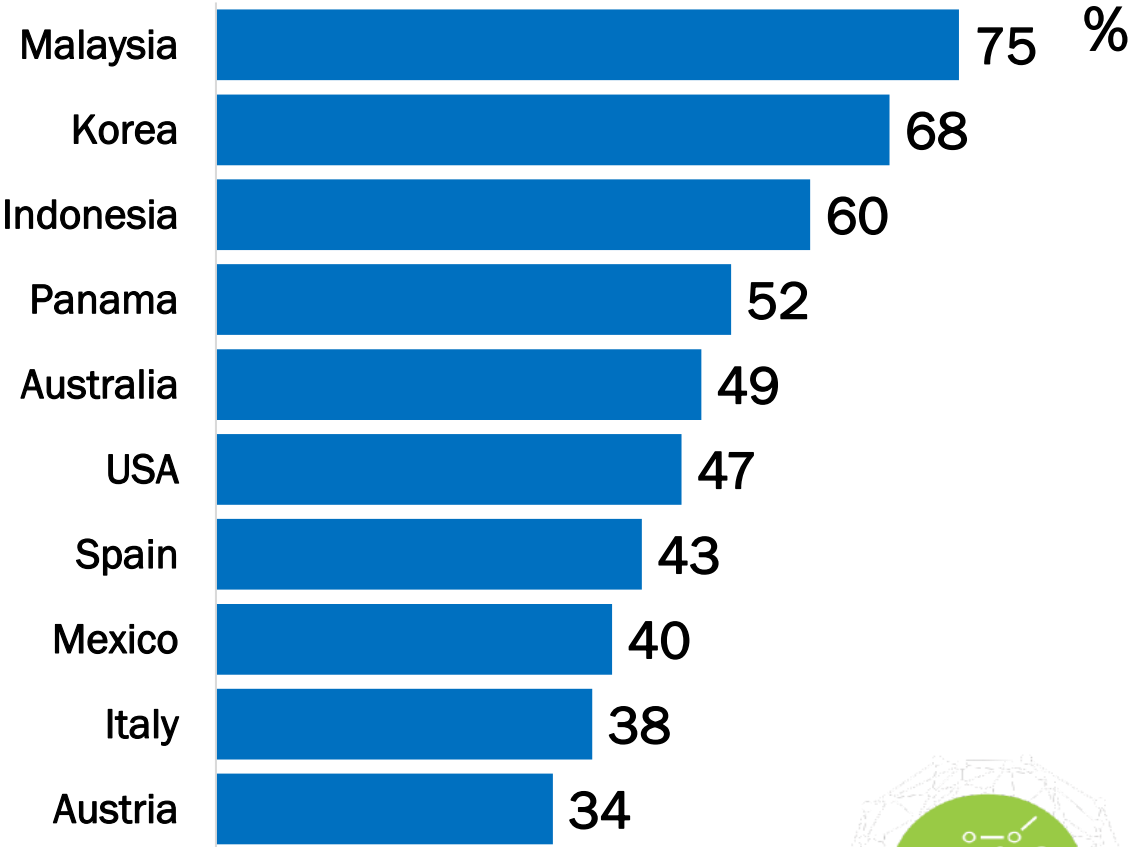
■ Somewhat/strongly disapprove

■ Don't know



# Satisfaction or dissatisfaction: Countries' different perspectives on health system management

*I strongly/somewhat approve of the way the government of my country is handling the issue of health care...*



# **SECTION C:**

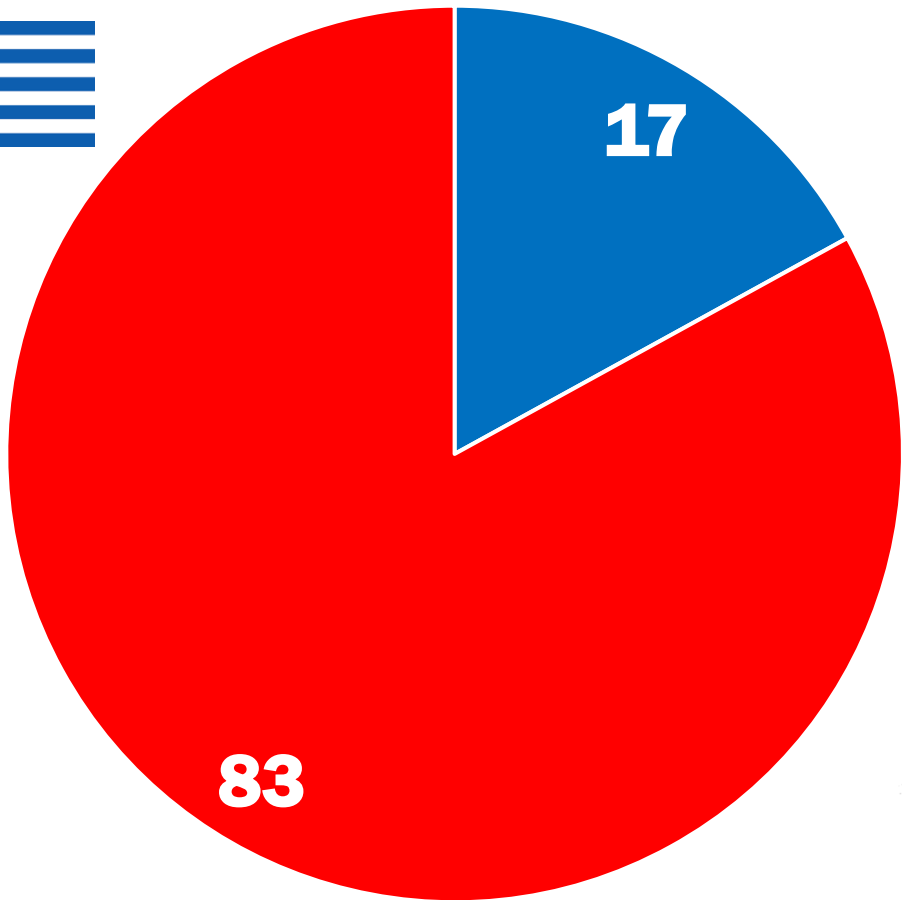
## **Global perspectives on healthcare**

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# Three out of five people worldwide question the care of vulnerable groups by their country's health system, with Greeks expressing greater dissatisfaction...

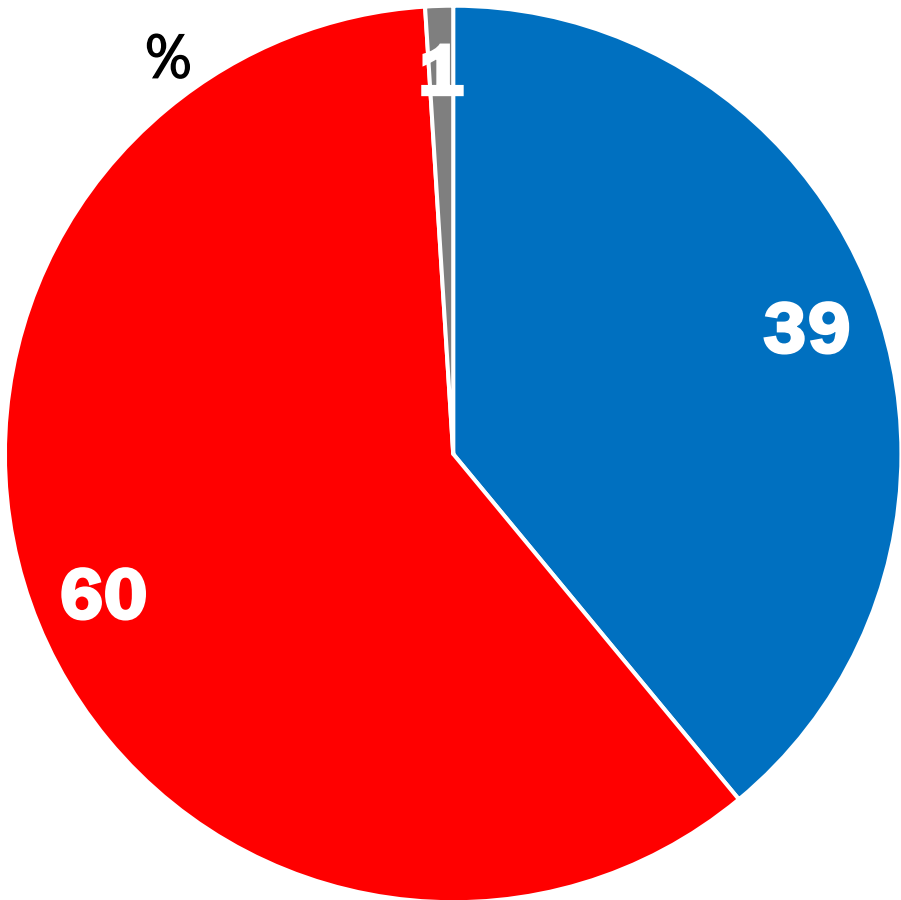
*"My country does a good job of caring for the health of the more vulnerable in society"*



■ Very/somewhat confident



■ Not very/not at all confident

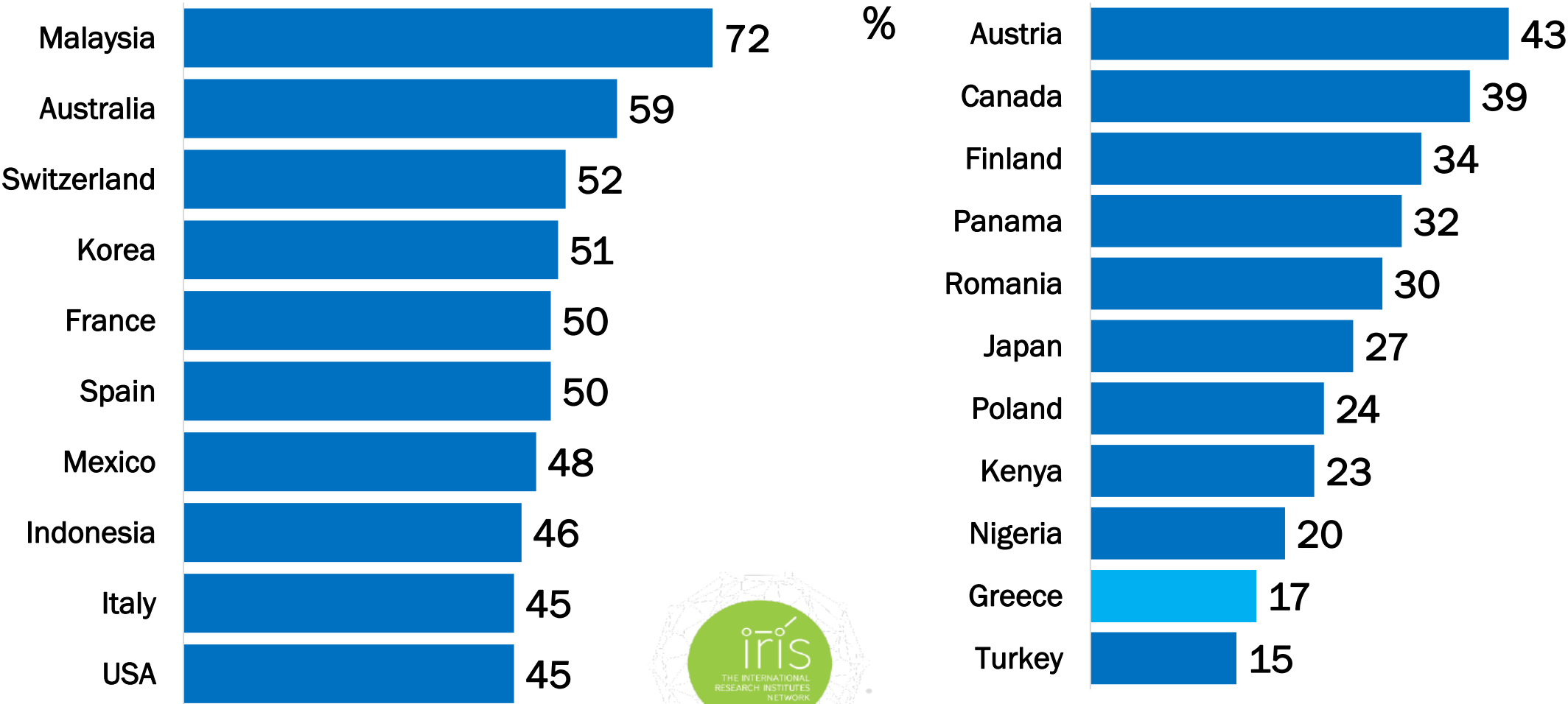


■ D.K

# Care or indifference:

## Different country perceptions of the effectiveness of health care for vulnerable groups

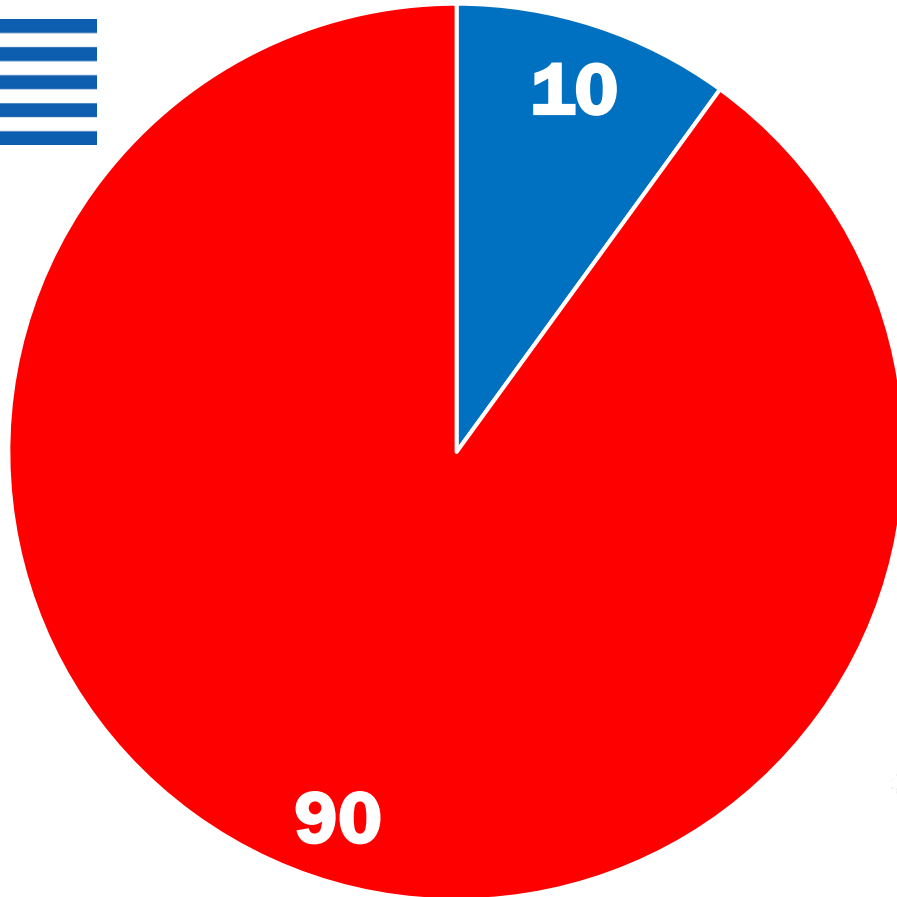
*"I am very/ somewhat confident that my country does a good job of caring for the health of the more vulnerable in society ...*





# Almost one in two citizens worldwide see their country's health care system among the "global elite", but in Greece the reality is completely different, and much worse!

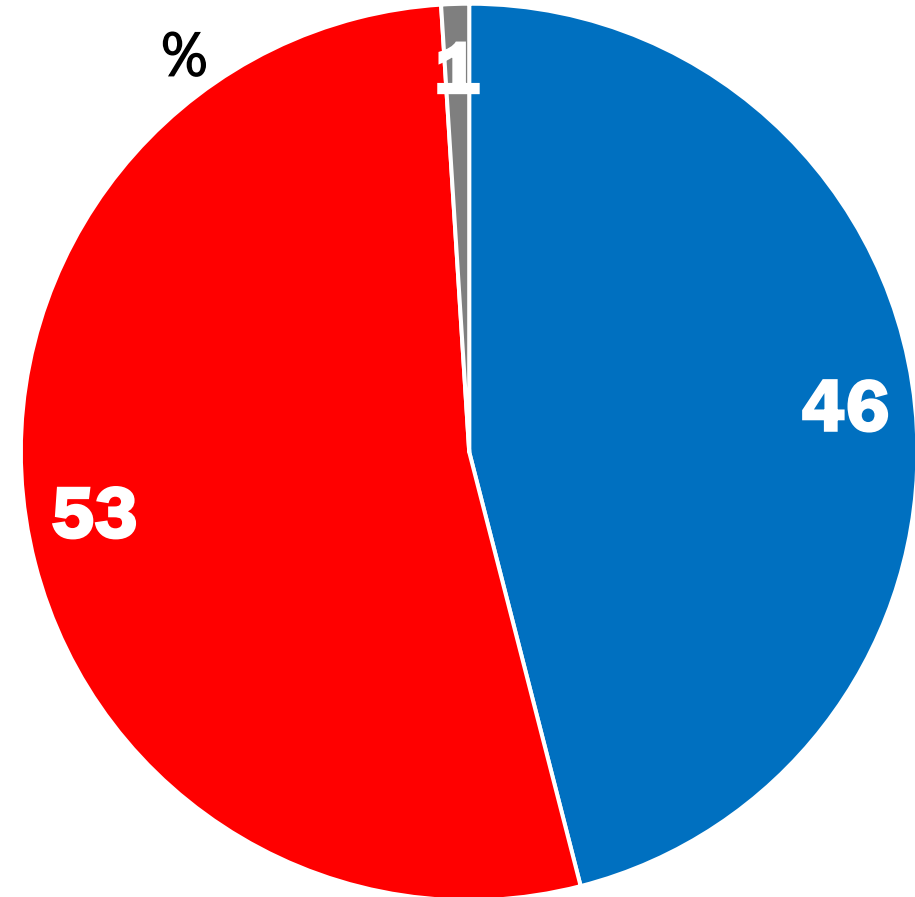
*"The health care services of my country is one of the best in the world..."*



■ Very/somewhat confident



■ Not very/not at all confident

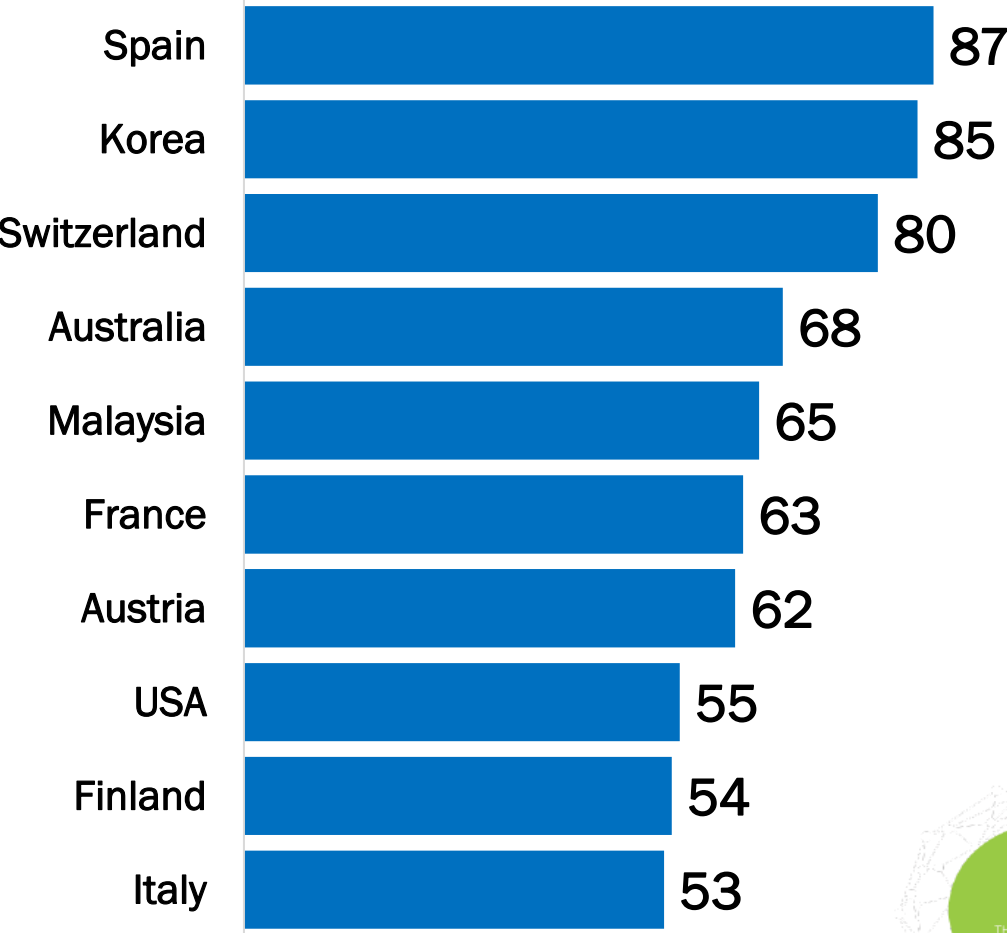


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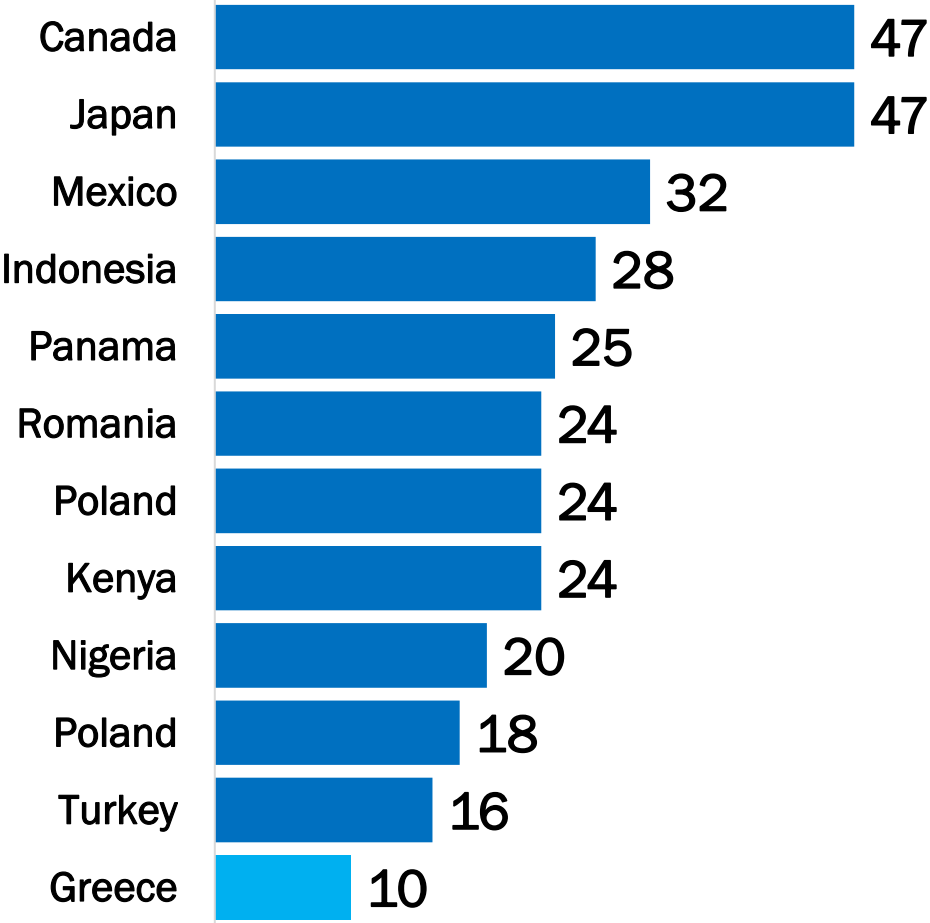


# Self-confidence or low self-esteem: The health system picture for each country

*"I am very/somewhat confident that the health care services in my country is one of the best in the world..."*

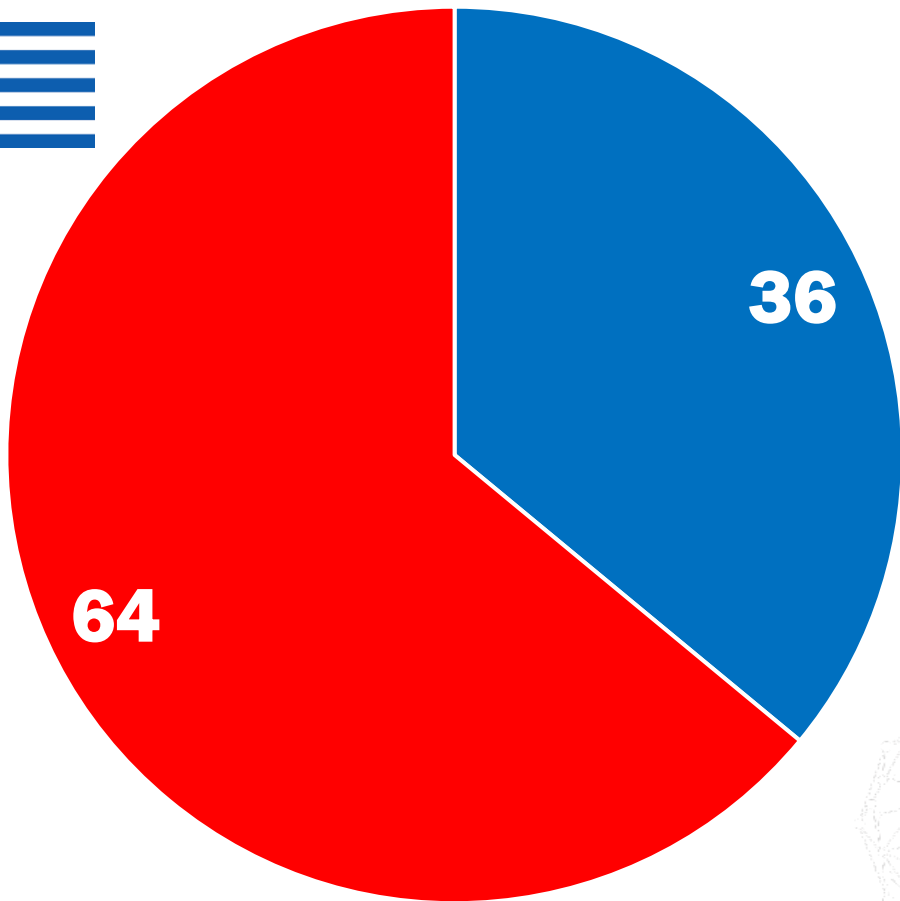


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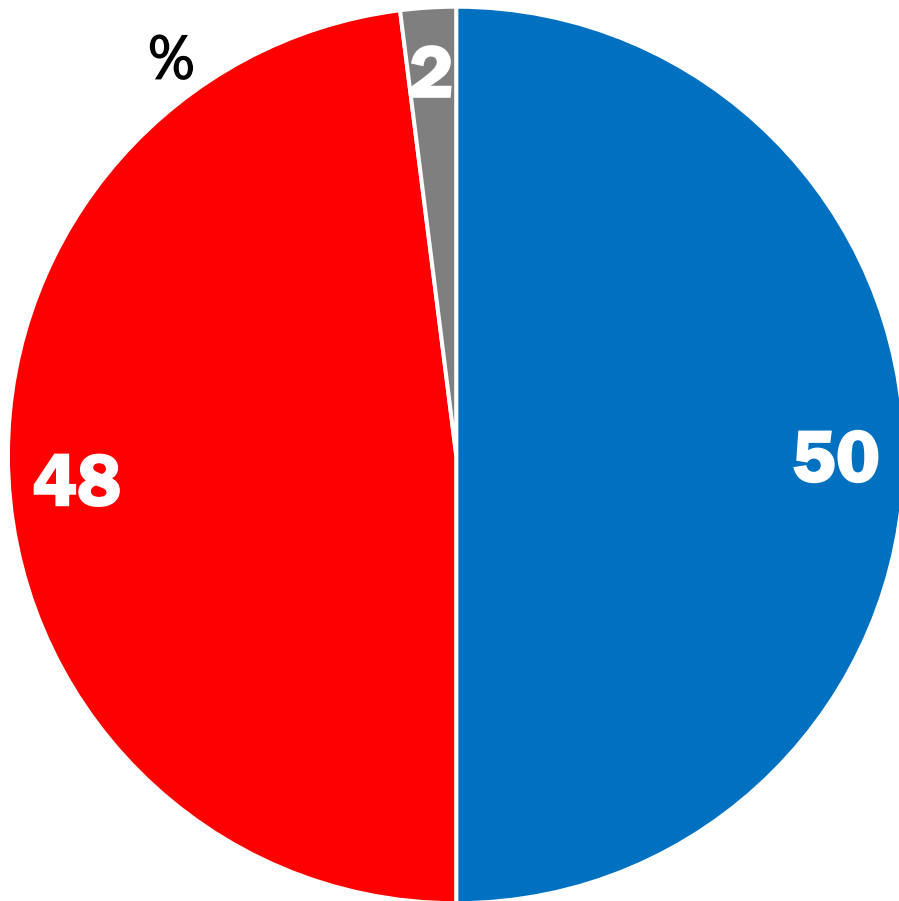
# One in two people worldwide trust the progress of medical sciences - the rest are sceptical

*“Medical science and pharmaceutical products will be able to solve most, if not all, of the health issues that face of my country today”*



■ Very/somewhat confident

■ Not very/not at all confident



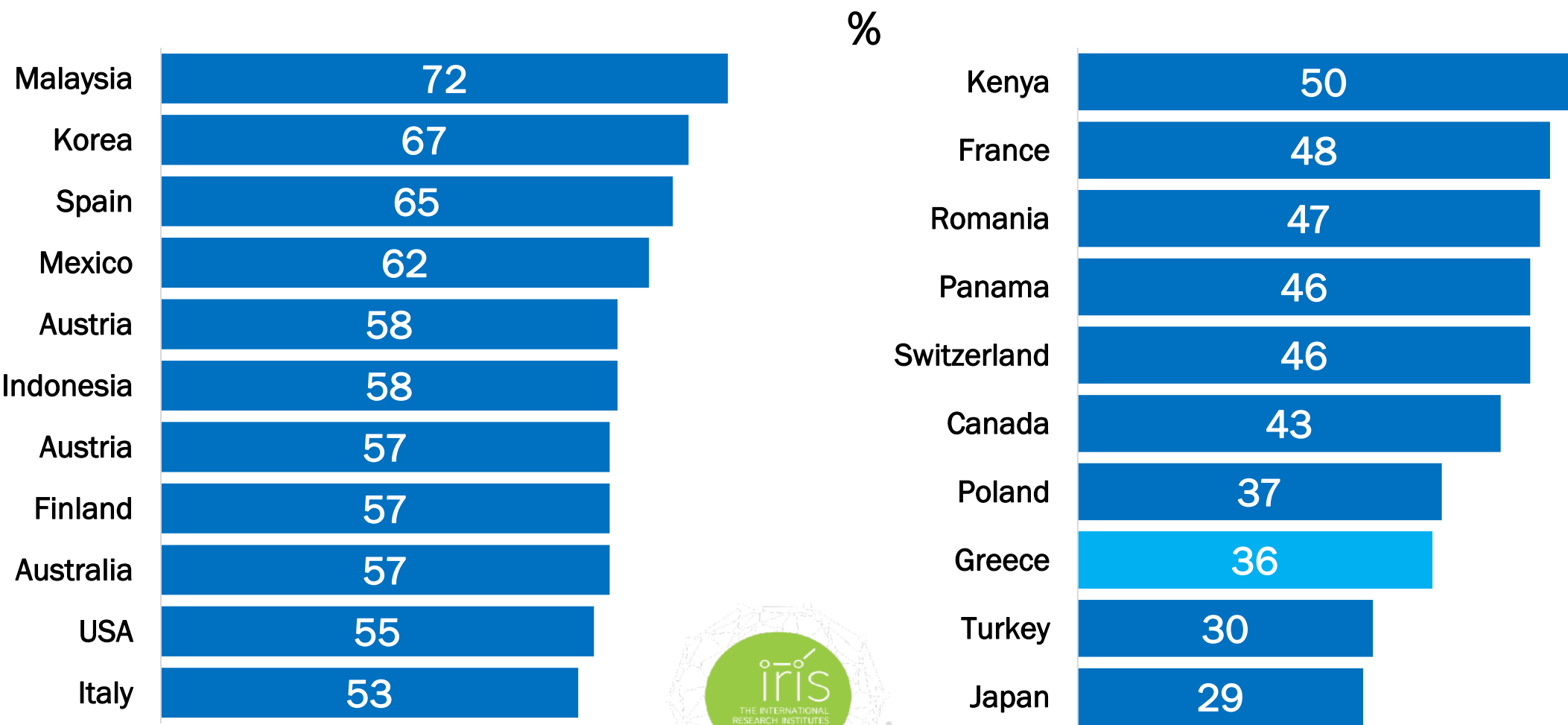
■ D.K



# Trust or caution:

## Global attitudes towards medical and pharmaceutical sciences

*"I am very/quite confident that medical science and pharmaceuticals will be able to solve most, if not at all, the health issues that face of my country today"*



# Key Learnings

1

**General view of health systems worldwide:** The majority of countries consider that health systems are either in crisis (24%) or deteriorating (34%). Around two in five citizens worldwide consider their country's system to be in good/excellent condition. In Greece, Nigeria, Kenya, Panama and Poland, the majority of citizens believe that the national health system is in crisis.

2

**Causes of problems in each country's health care system:** Two out of three people worldwide (61%) consider inefficient management - poor administration as the main cause of problems in their country's health care system, while fewer attribute the problems to lack of funding (39%).

3

**Trust in governments and health systems:** Around 40% of citizens around the world express a positive view of the management of health policy by national governments. The highest level of trust is observed in Malaysia, South Korea and Indonesia, while the lowest in Nigeria, Greece and Turkey.

4

**Greeks and mental well-being:** Mental health is a central concern in contemporary Greek society, with increased pressure and awareness following the pandemic - particularly among women and middle-aged people - while the pressure for productivity intensifies the sense of marginal resistance to professional demands.

# **Global perceptions and concerns about Health: Trends and Challenges**

Survey results in 21 countries

*Thank you!*

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