

# **Greek Women 2024 : Guys, are we equal?**

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Attitudes & opinions about gender equality based on  
the National Survey YouGov Profiles, conducted in  
Greece by Focus Bari

**On Women's International Day, March 2024**



# **We will examine the following:**



Women in the Workplace



Women and Family Dynamics



Women's Life Perspectives &  
Attitudes

# YouGov<sup>®</sup> Profiles

## Survey Basic Specs

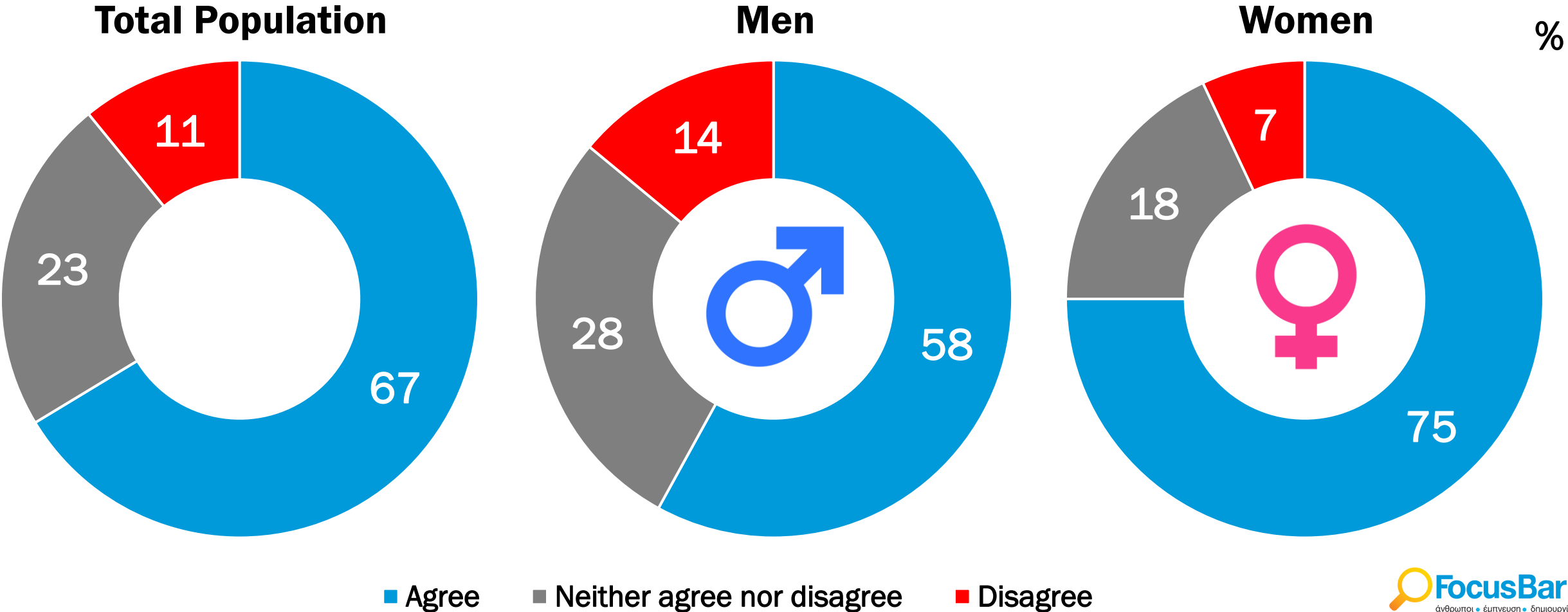
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- Online interviews via YouGov panel within the context of the National Profiles survey conducted in Greece by Focus Bari
- Fully structured questionnaire on a wealth of attitudinal questions, investigating habits, opinions, values and mentality on a vast number of subjects and lifestyle
- Universe : Men & Women, 18 – 64 National
- Cumulative sample of present report : 9471 individuals
- Continuous fieldwork, current edition : February 2024
- Focus Bari is the Affiliate Partner of YouGov in Greece ([www.yougov.com](http://www.yougov.com))

# Women in the Workplace

# Two out of three Greeks believe that women are not treated equally in the workplace, this proportion being substantially higher among women than men

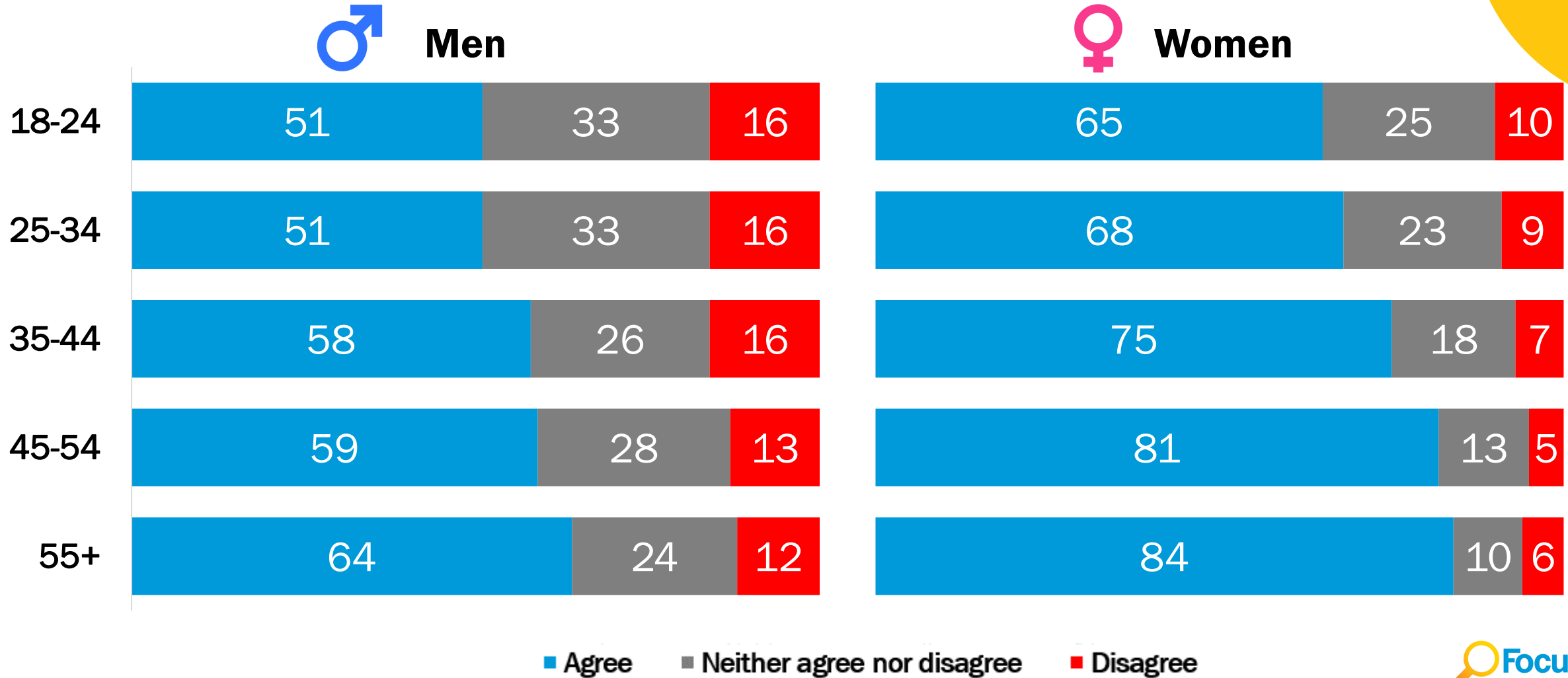
Q. «Men and women are still not treated equally in the workplace»



# Unequal women's treatment in the workplace is expressed at a larger extent by older age groups

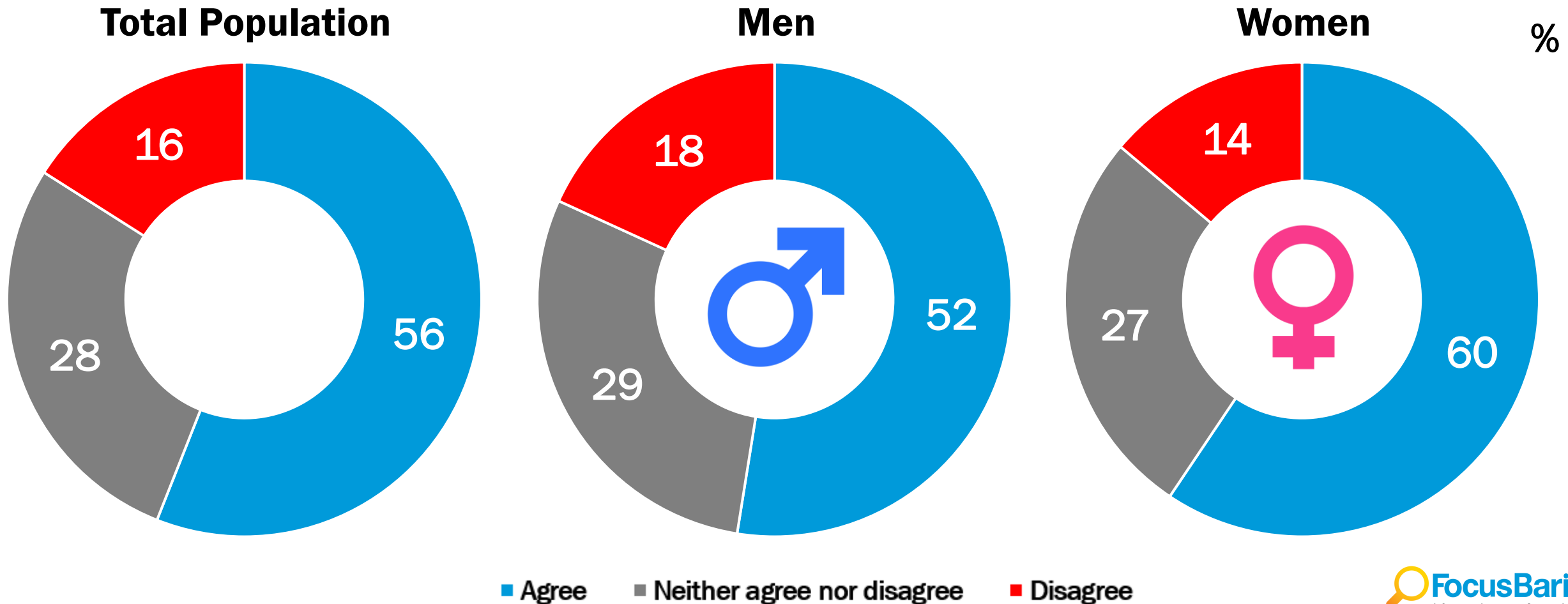
Q. «Men and women are still not treated equally in the workplace»

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# More than one out of two Greeks express worries about their professional life, and this proportion is higher among women compared to men

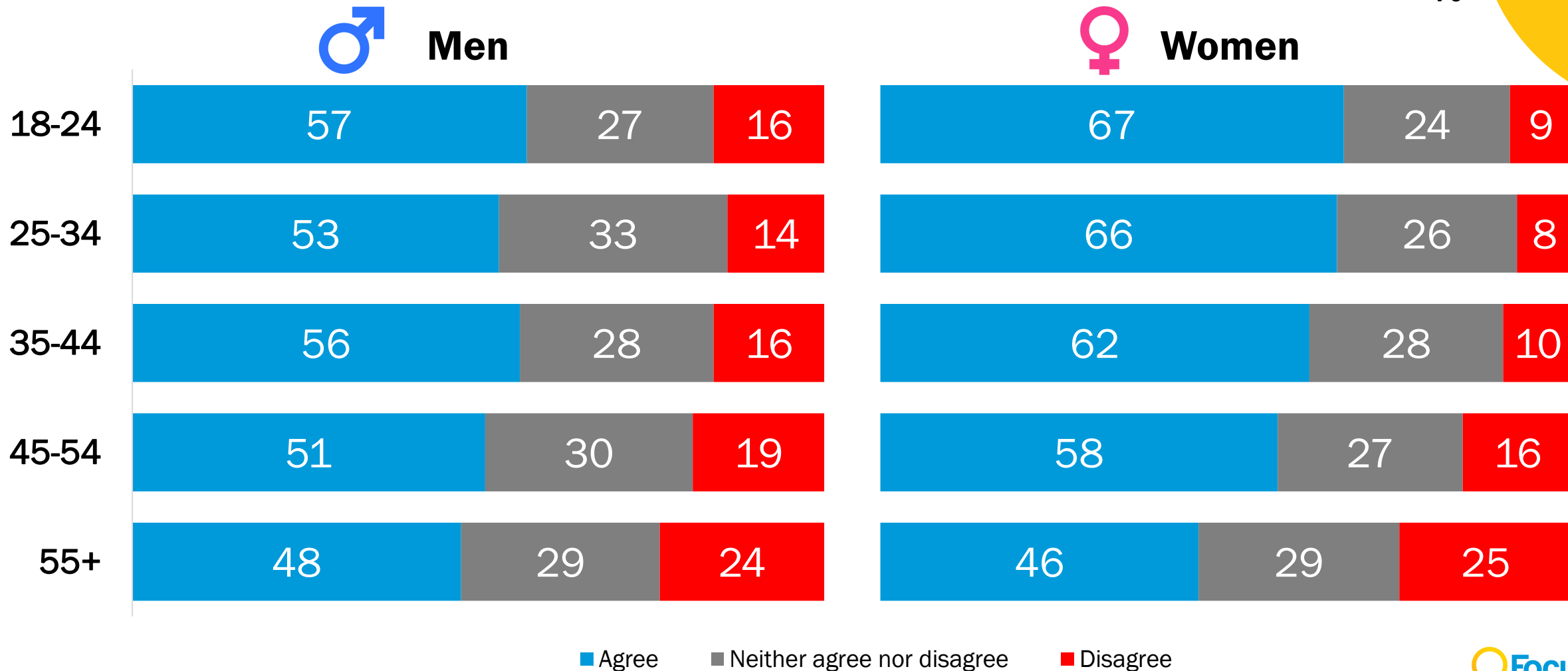
Q. «I am worried about the direction of my professional life »



# Younger ages seem to worry more about the direction of their professional life, reaching two out of three among women belonging to Gen Z

Q. «I am worried about the direction of my professional life »

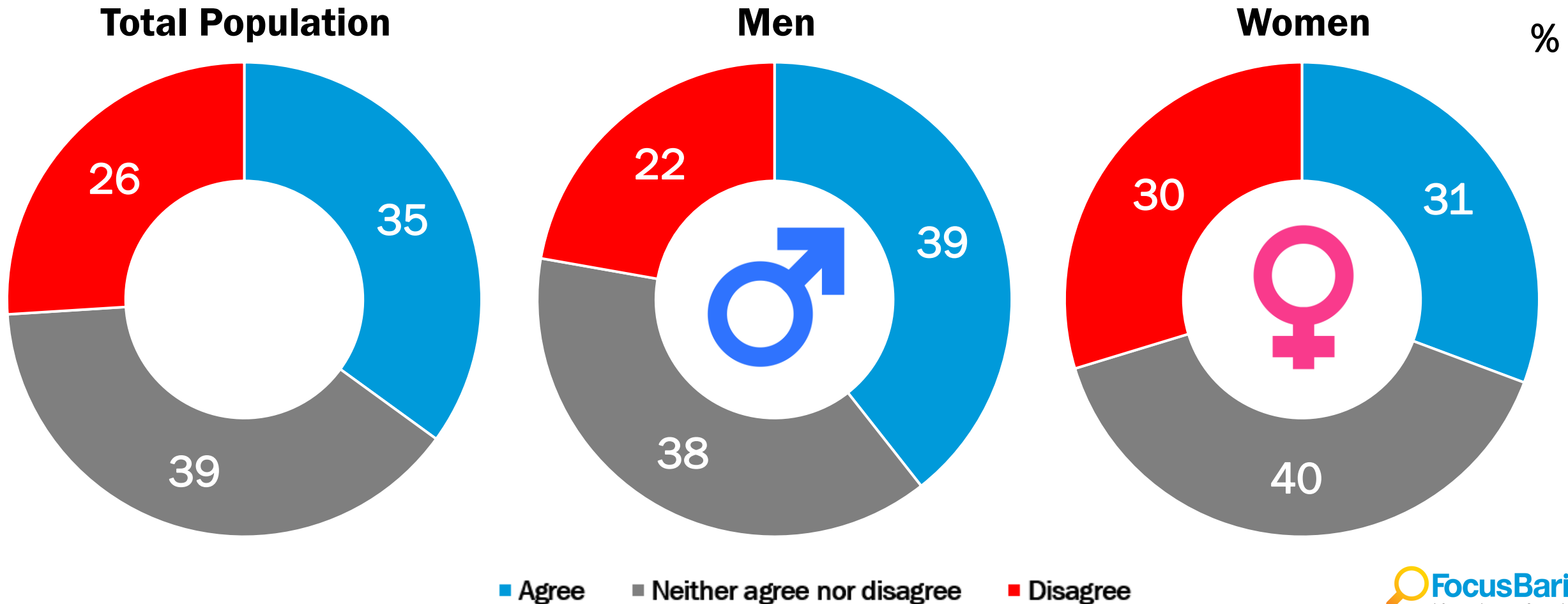
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# On the other hand, one in three Greeks feel confident about their career prospects, with men slightly higher than women,...

Q. «I am confident about my career and job prospects»



# ...and with younger ages showing more career confidence than the older age groups

Q. «I am confident about my career and job prospects»

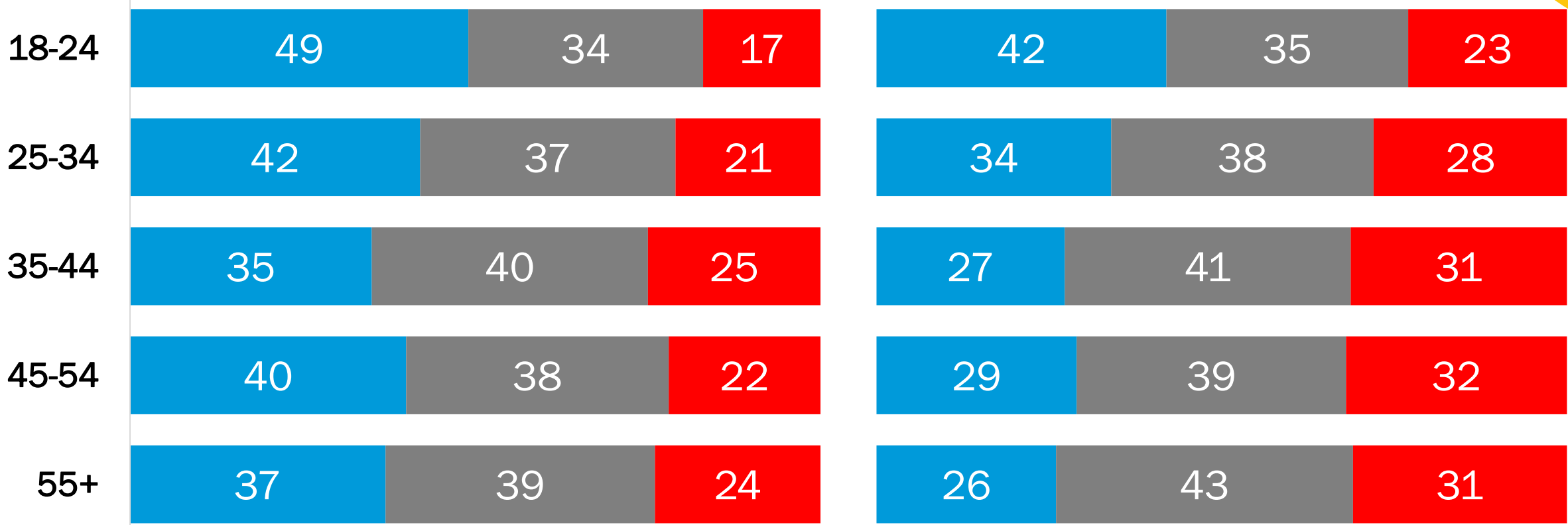
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Men



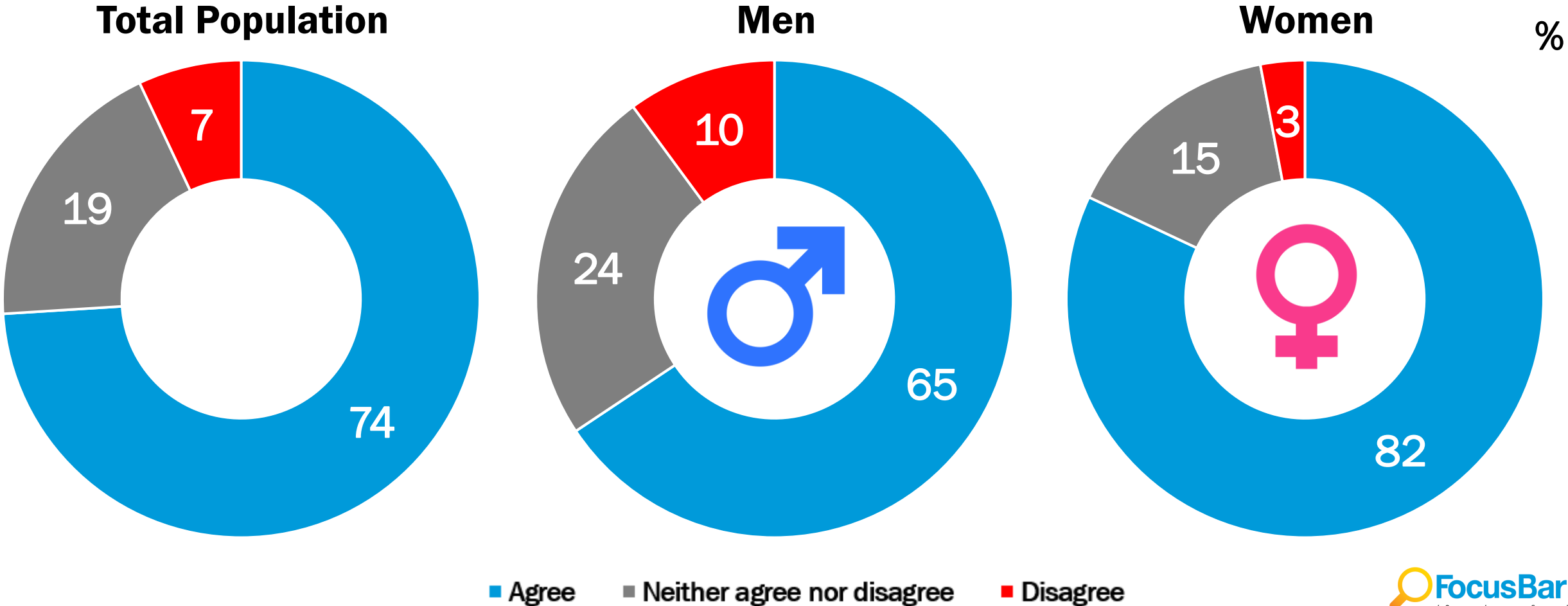
Women



■ Agree ■ Neither agree nor disagree ■ Disagree

# At least theoretically, 3 out of 4 Greeks believe that women can lead just as well as men, with women expressing this view substantially higher than men

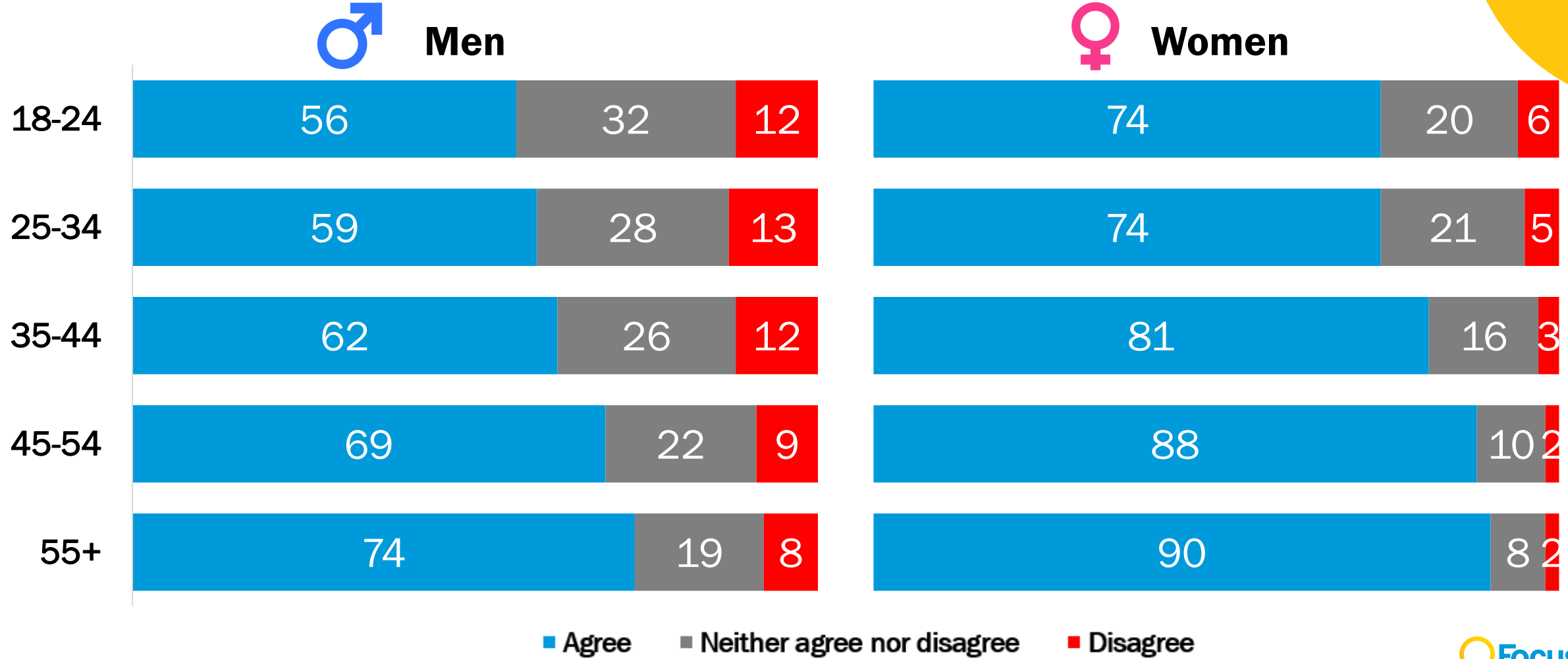
Q. «Women can lead just as well as men can»



# Older ages are much more positive on women's leading abilities and this trend is found among both genders

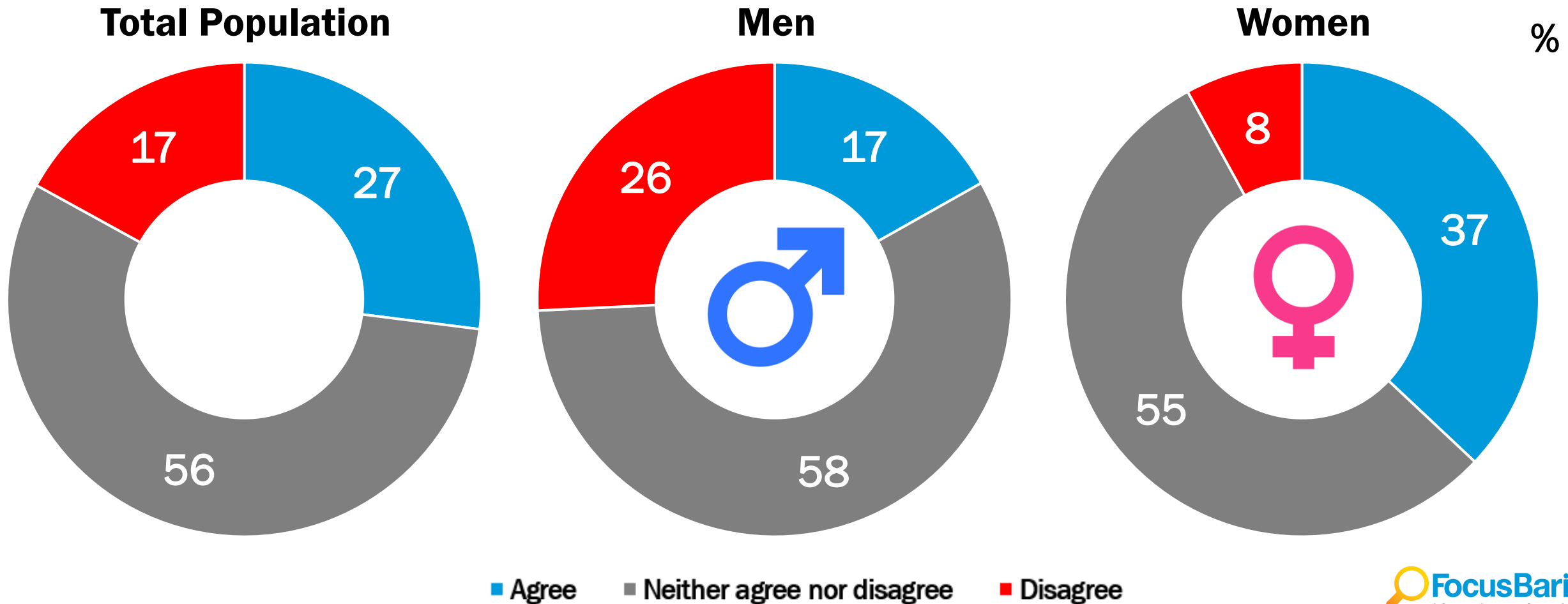
Q. «Women can lead just as well as men can»

%



# However, only 1 in 4 Greeks believe that the world would be better with women in charge, with women, of course, expressing this opinion much more strongly than men!

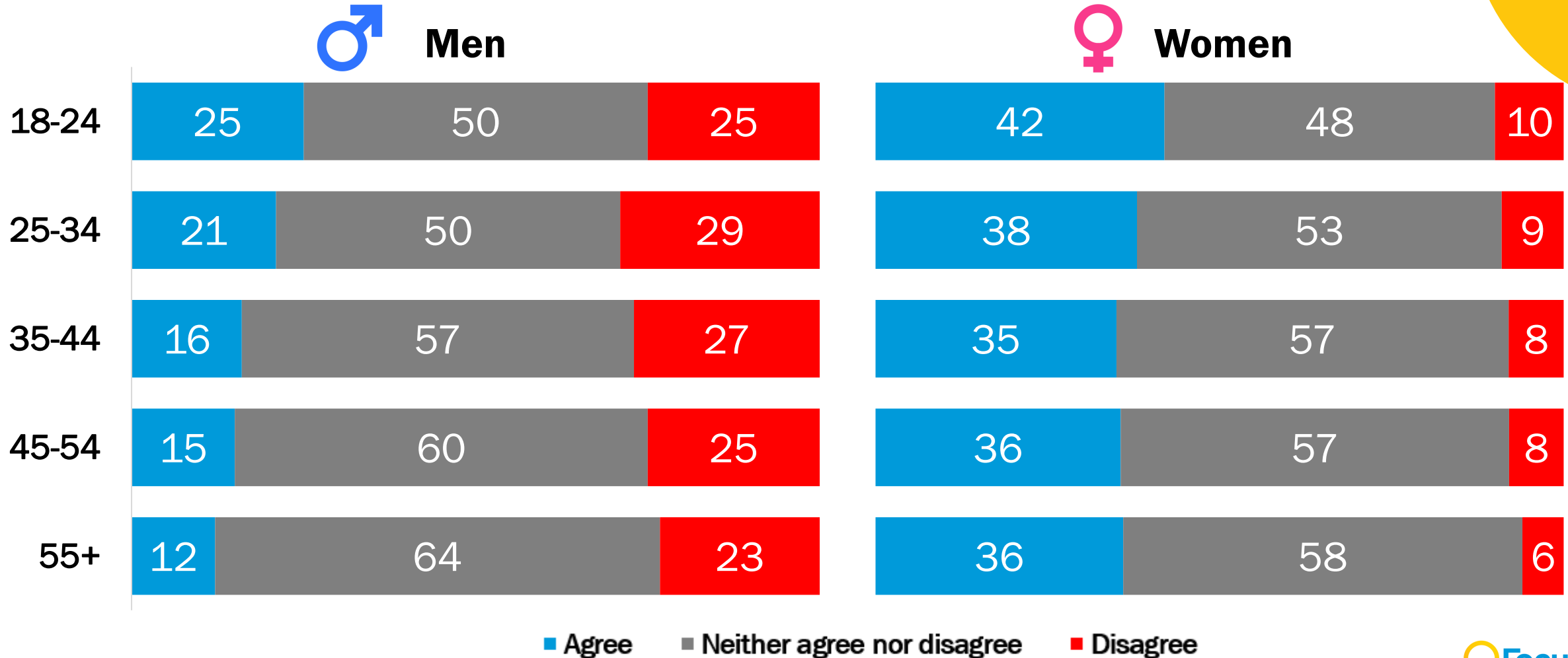
Q. «The world would be better if women were in charge »



# Younger ages believe more in a better world under female leadership, reaching 42% among women Gen-Z-ers!

Q. «The world would be better if women were in charge »

%





# #1. Key Learning

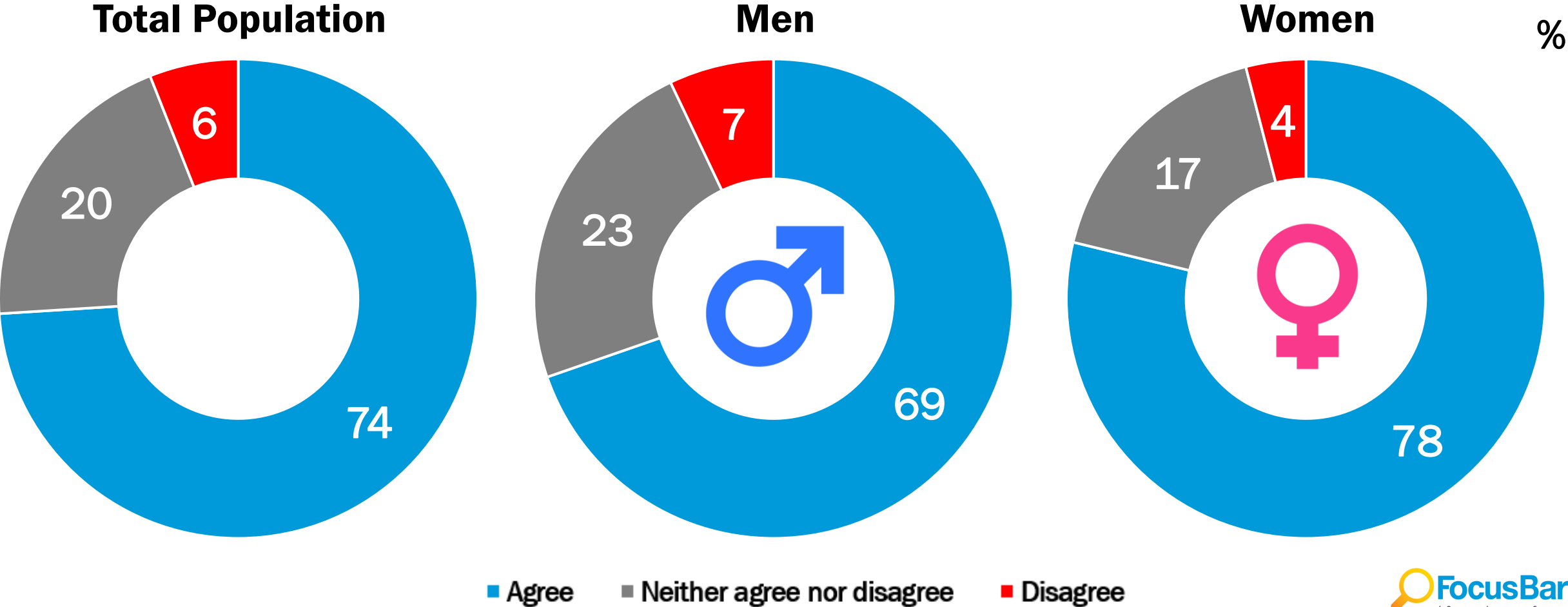
- Two in three Greeks believe that women are not treated equally in the workplace ...
- ... with this being much higher among women and older ages, yet still remaining substantial even among the young
- More than one in two Greeks express worries about their professional future, and only one in three feel the opposite!
- Both in the worries and in the optimism regarding their careers, men show a more positive attitude as compared to women
- In terms of female leadership, at least theoretically the majority of Greeks believe that women can lead as men can do, however...
- ...the proportion who believe that the world would be better if women were in charge is slightly over one in four, but...
- Reaching 42% among women of the Gen Z!

# Women and Family Dynamics



# 3 out of 4 Greeks believe that men and women should share household responsibilities, with women showing a stronger inclination toward this view

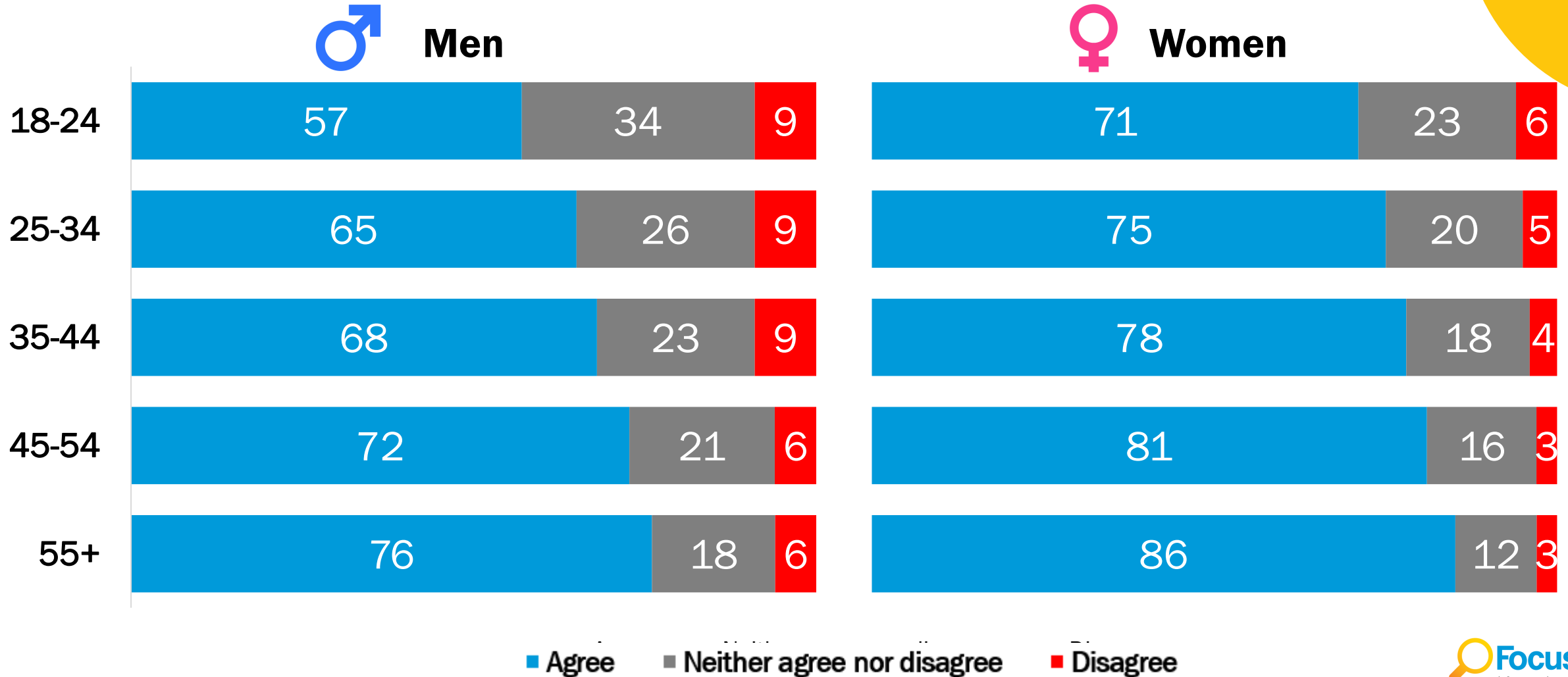
Q. «Men and women should have equal responsibility in household life»



# Sharing household responsibilities becomes more prevalent as individuals of both genders get older and gain more life experience

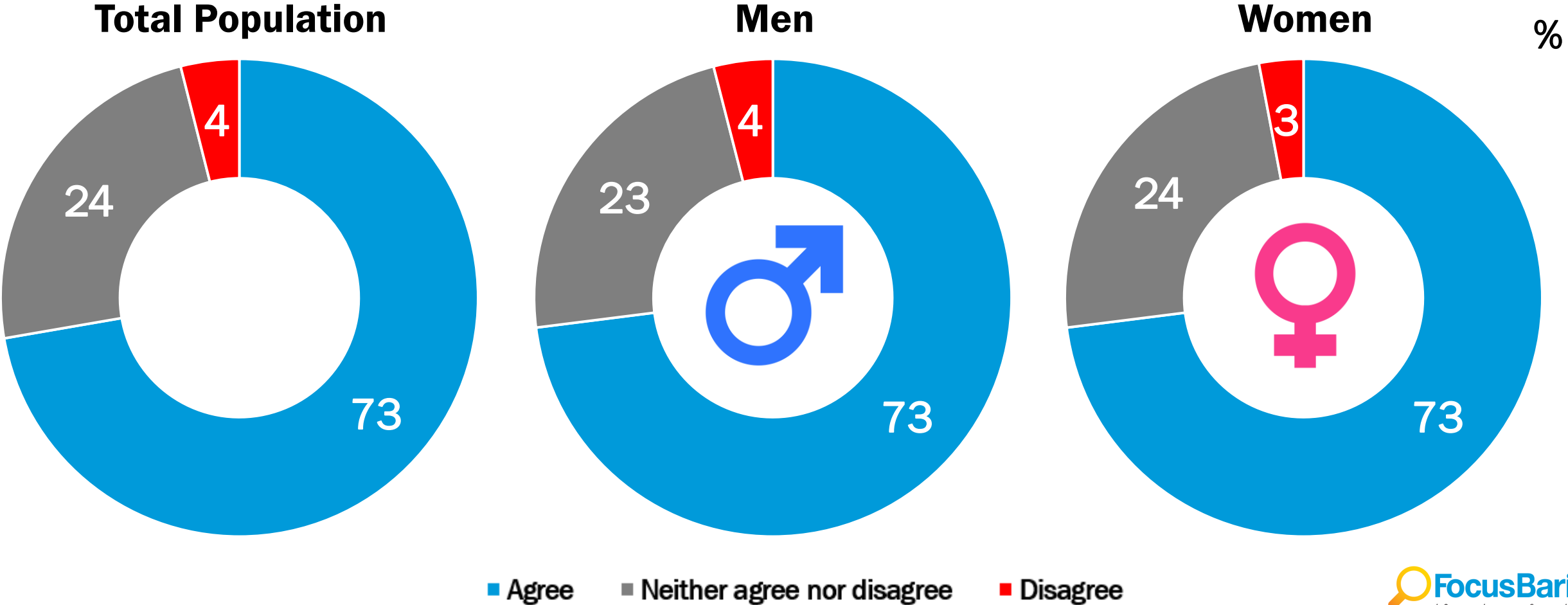
Q. «Men and women should have equal responsibility in household life»

%



# Three out of four men and women agree that is beneficial for the families to share parental leave

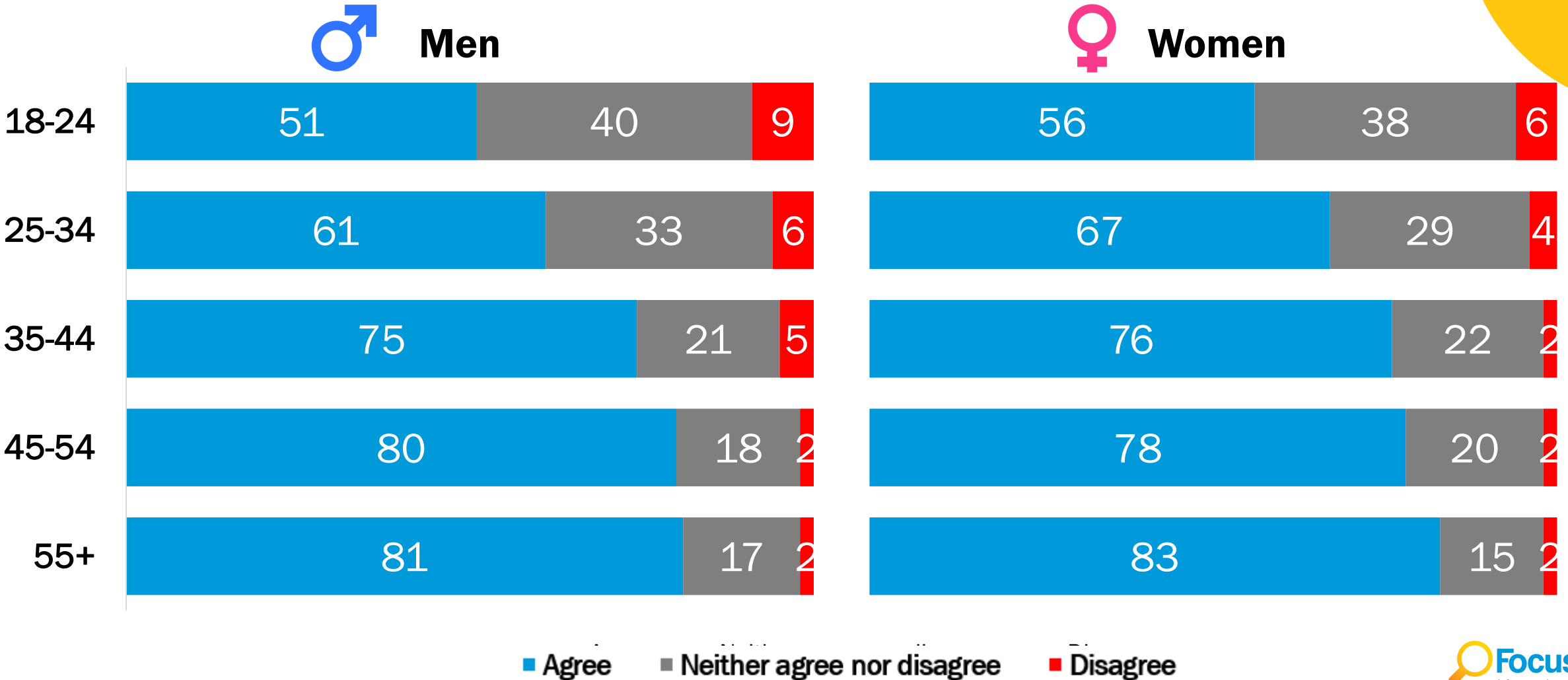
Q. «Sharing parental leave is good for families»



# This consensus about caregiving responsibilities seems to be even stronger among older age groups

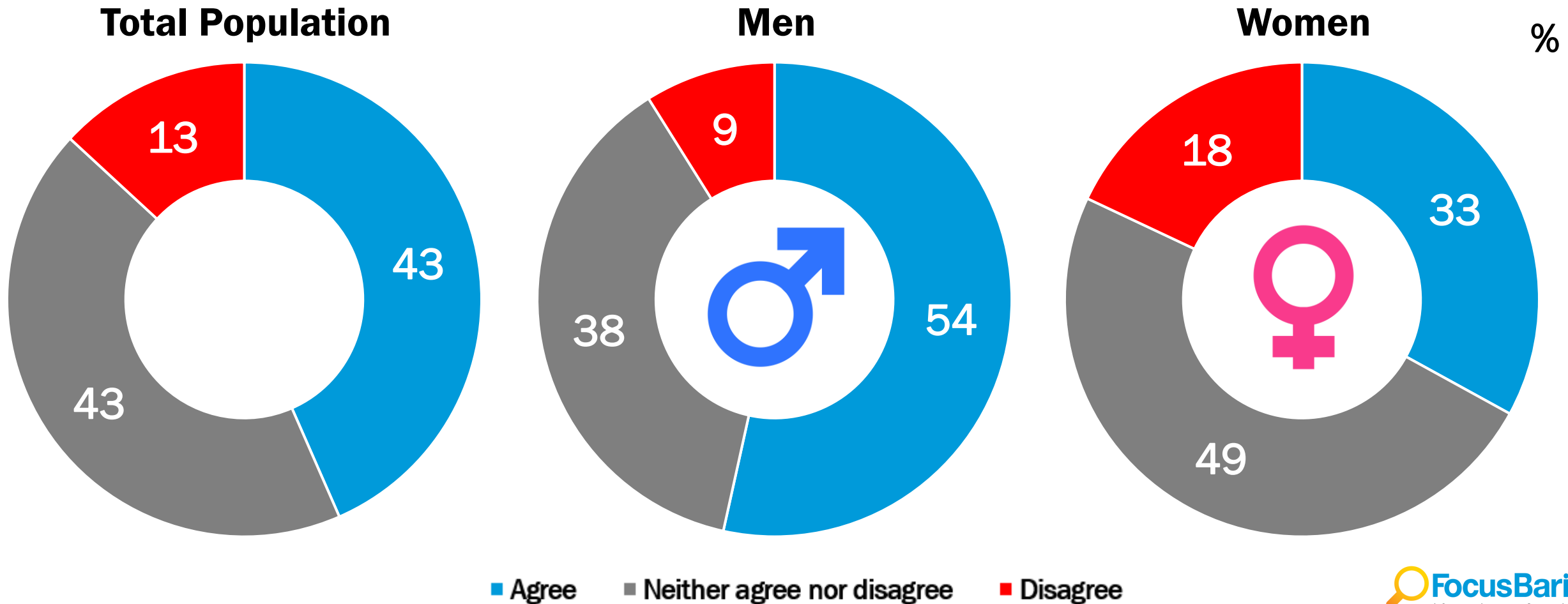
Q. «Sharing parental leave is good for families»

%



# Men believe to a greater extent than women that it is fine to be a stay-at-home dad nowadays!

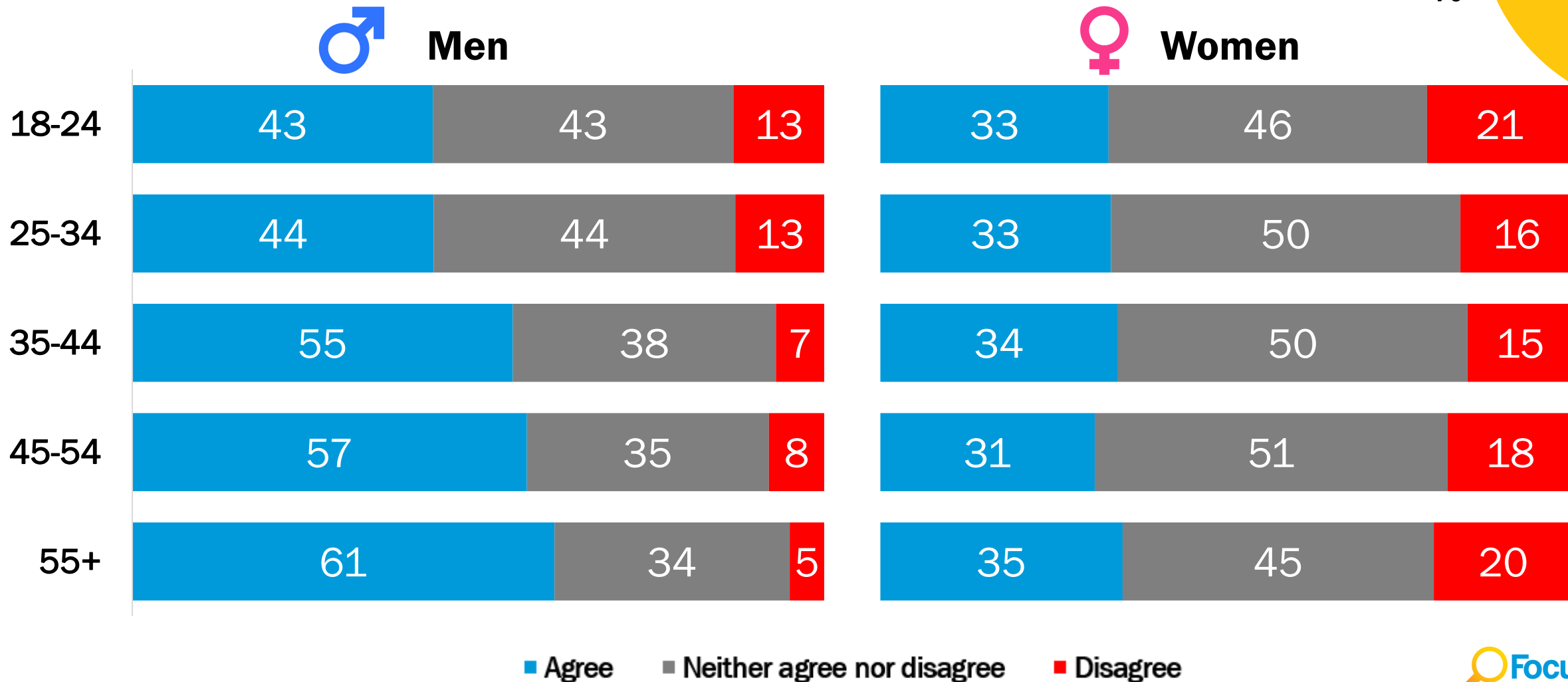
Q. «It's fine to be a stay-at-home dad nowadays»



# In fact, this perspective is notably stronger among older men, who may have felt they missed out on spending as much time as they desired raising their children

Q. «It's fine to be a stay-at-home dad nowadays»

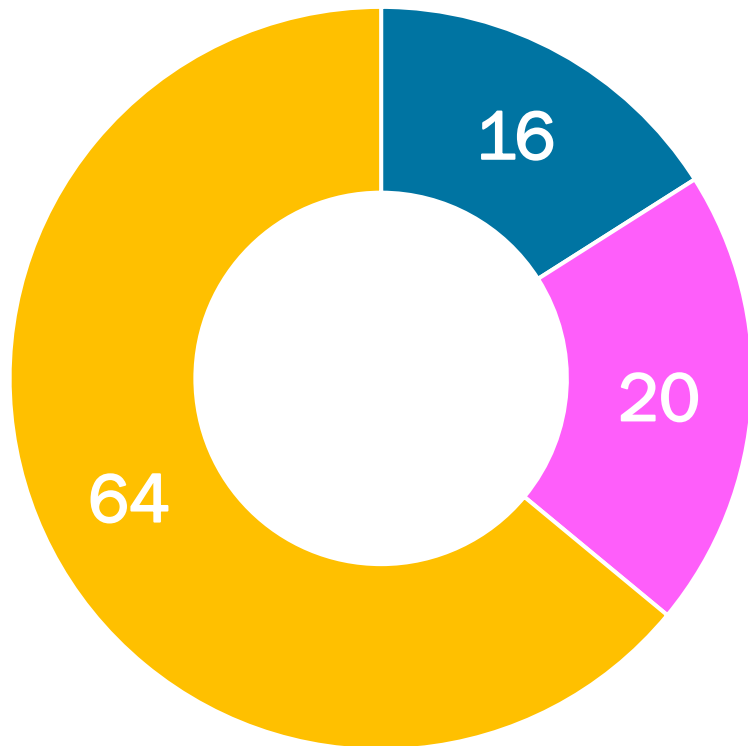
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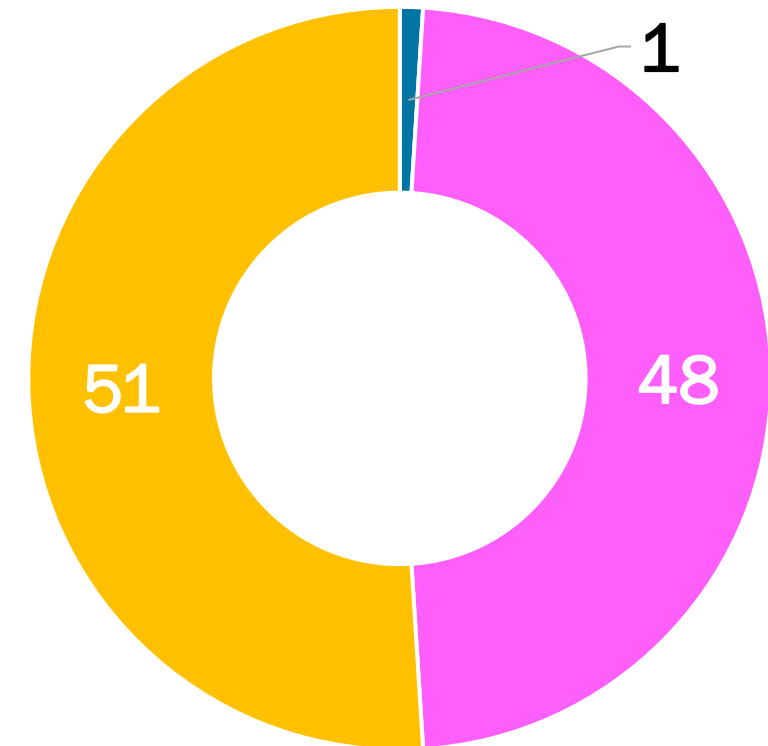
# However, despite the trend of men being more actively involved in childcare, mothers continue to bear the primary responsibility for children upbringing

## Responsibility in the family for:

### Financial Matters



### Children Upbringing



■ Men

■ Women

■ Both equally



## #2. Key Learning

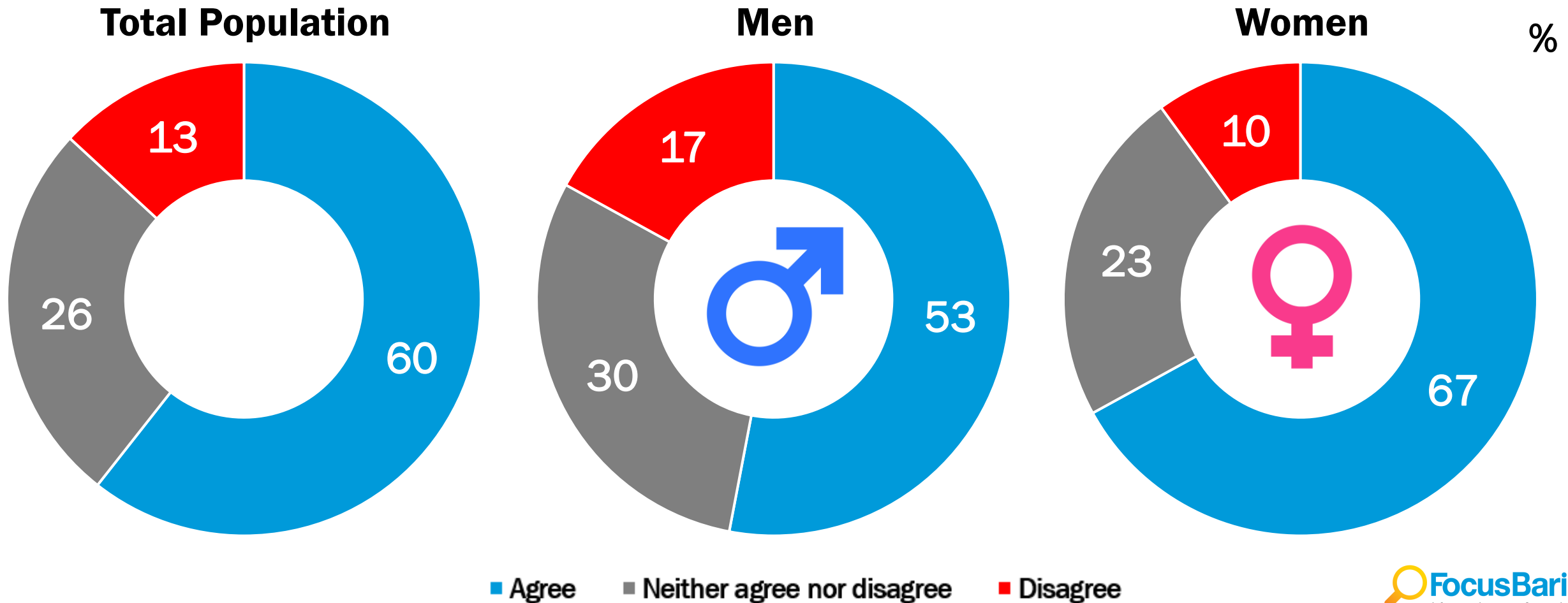
- Most Greeks believe that men and women should be equally responsible for household life and share household responsibilities, in fact ..
- ... this opinion becomes more prevalent, as people grow older and have more practical experience on the matter.
- The same opinion stands – at least in theory- regarding children upbringing, and actually:
- Men show a greater agreement than women with the view that nowadays a man can take care of children as the primary caregiver as a stay-at-home dad!
- However, when the question of responsibility within the household arises, while men and women participate equally in financial decisions, the main responsibility for children upbringing remains with the mother.



# Women's Life Perspectives & Attitudes

# Anxiety about life constitutes a significant issue for Greeks, with women feeling more anxious about their lives compared to men

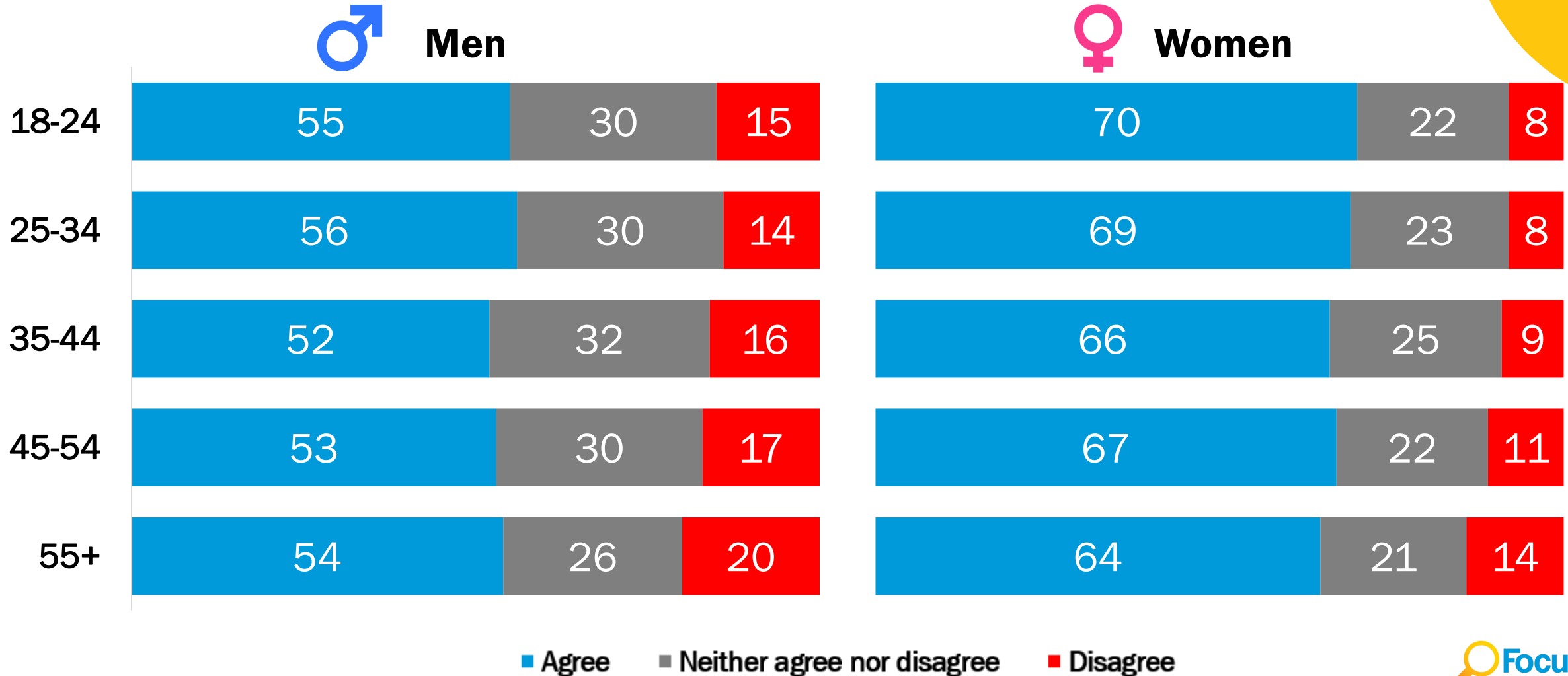
Q. «I often experience anxiety about my life»



# Moreover, younger ages and especially women of Generation Z express more anxiety about their lives

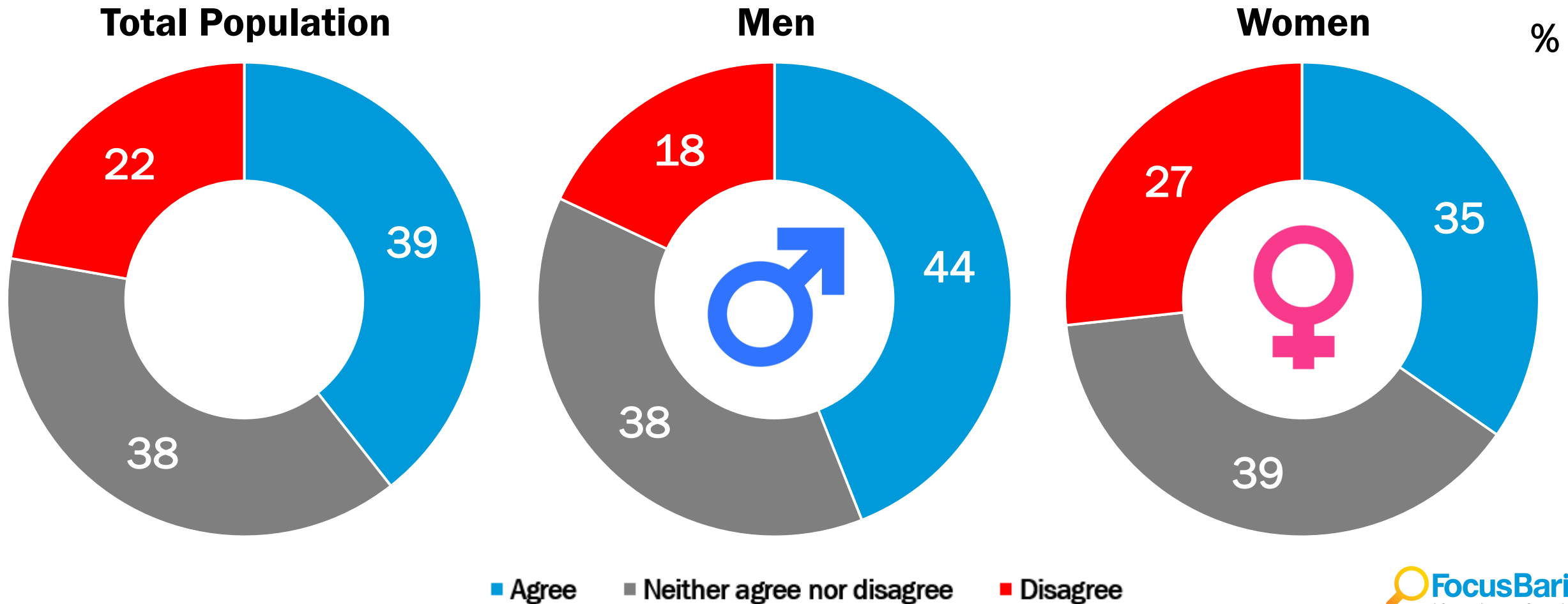
Q. «I often experience anxiety about my life»

%



# By nature, men are more inclined to take risks as compared to women...

Q. «I am not afraid of taking risks»



# ... a trend that is noticeable across all age groups of both genders

Q. «I am not afraid of taking risks»

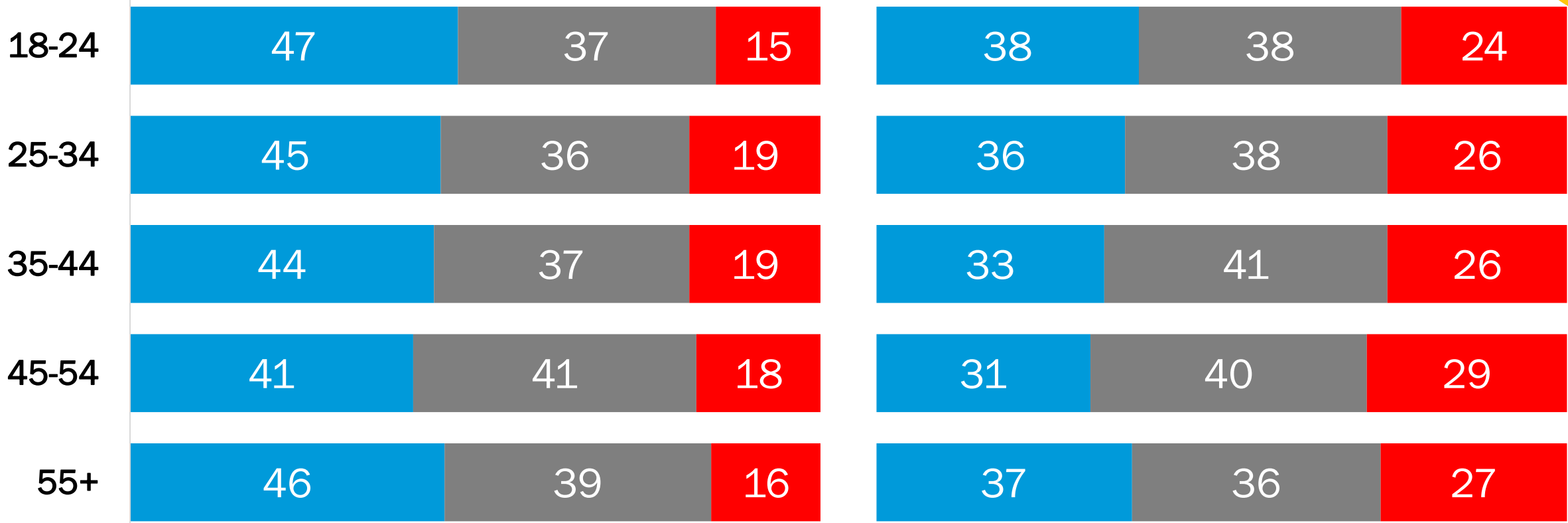
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Men



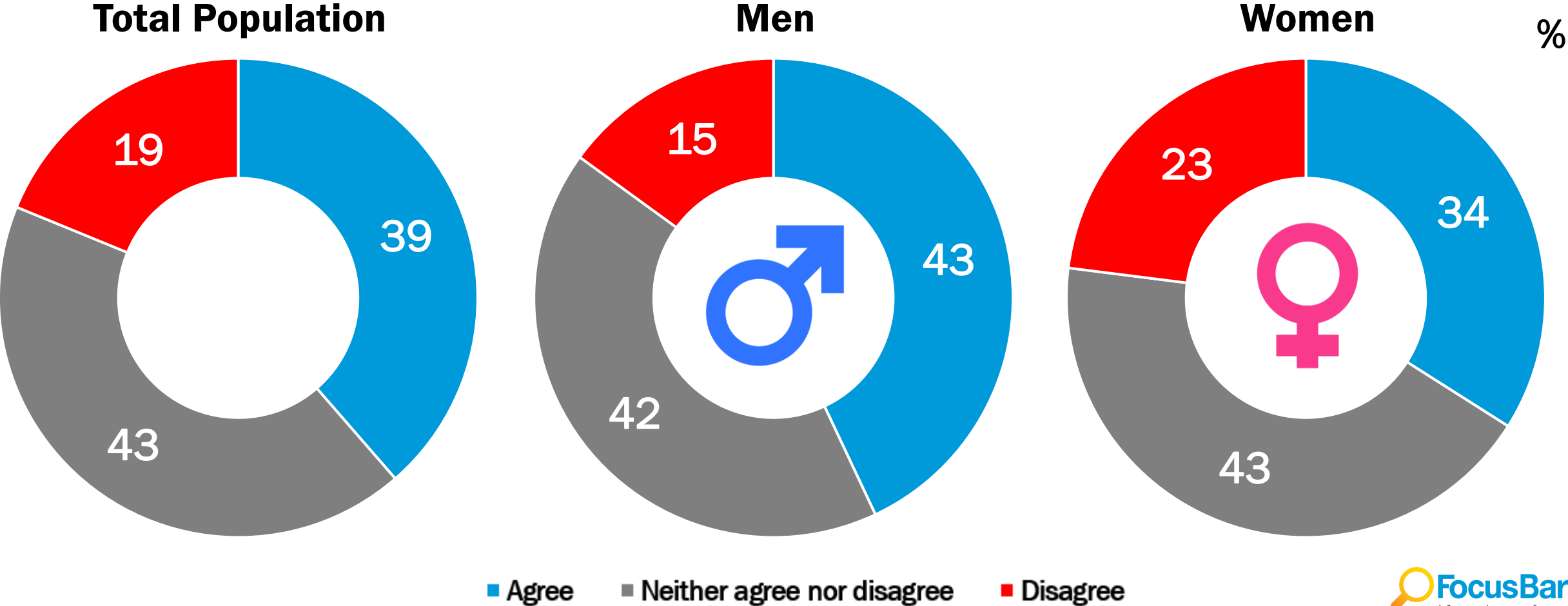
Women



■ Agree ■ Neither agree nor disagree ■ Disagree

# Therefore, women are less inclined than men to pursue challenging situations

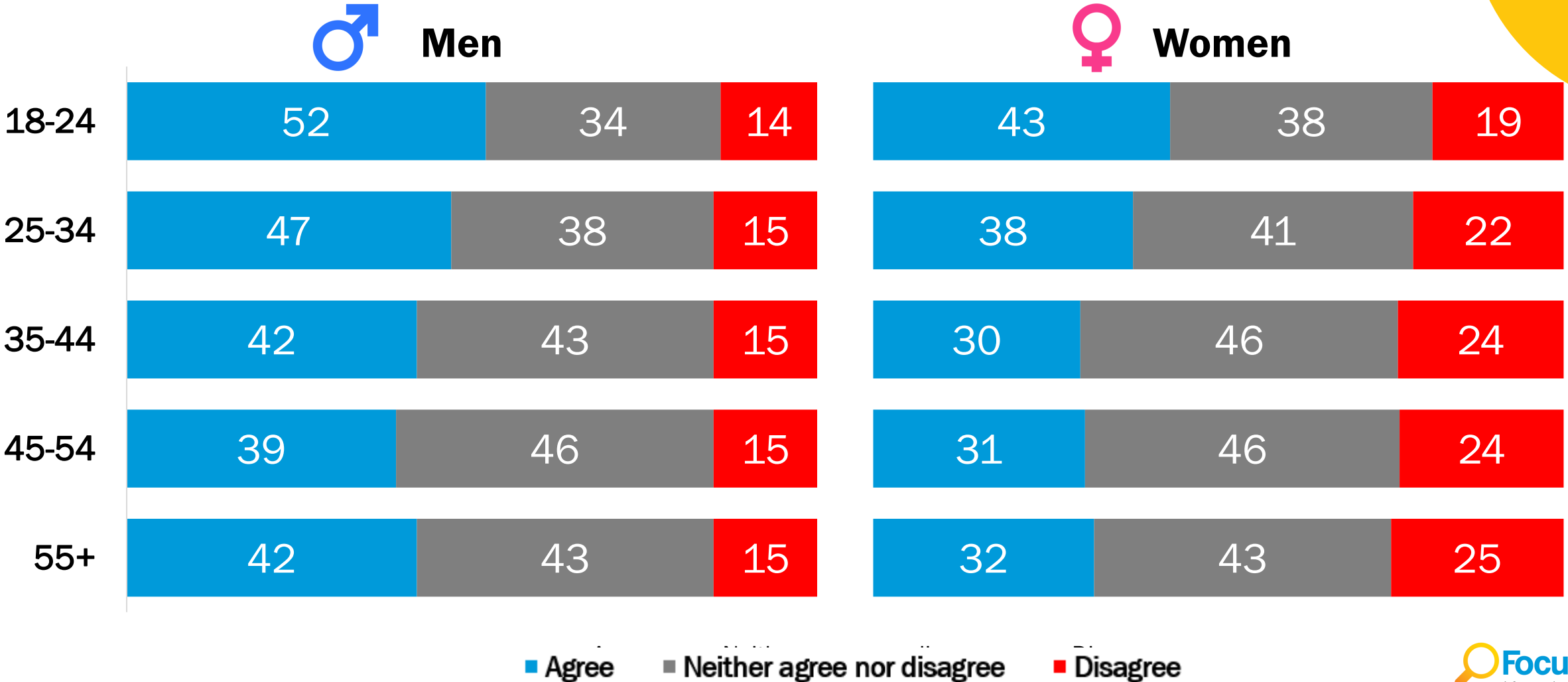
Q. «I seek out challenging situations»



# As expected, seeking out challenges in life is expressed more intensely by younger ages of both genders

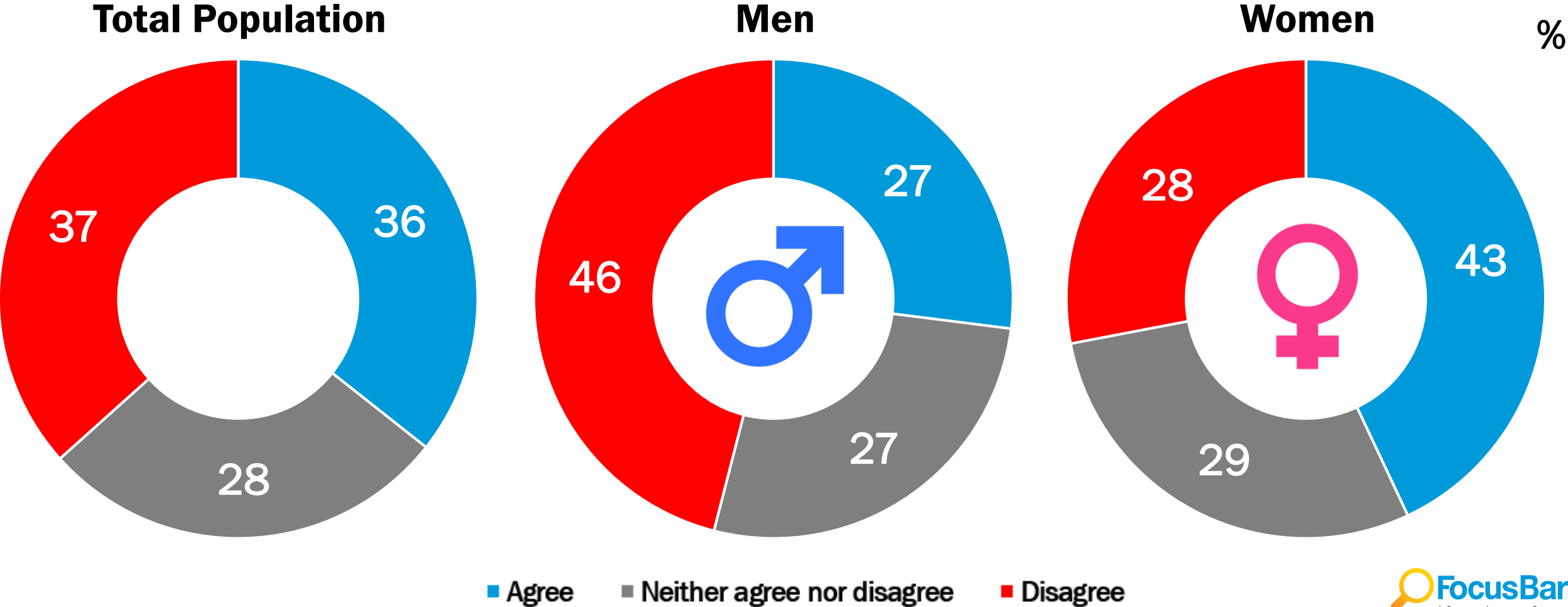
Q. «I seek out challenging situations»

%



# More than one in three Greeks accept that nowadays there are more than two genders, with women being noticeably more progressive than men on this topic

Q. «It's the 21st century, people should accept that there are more than two genders»

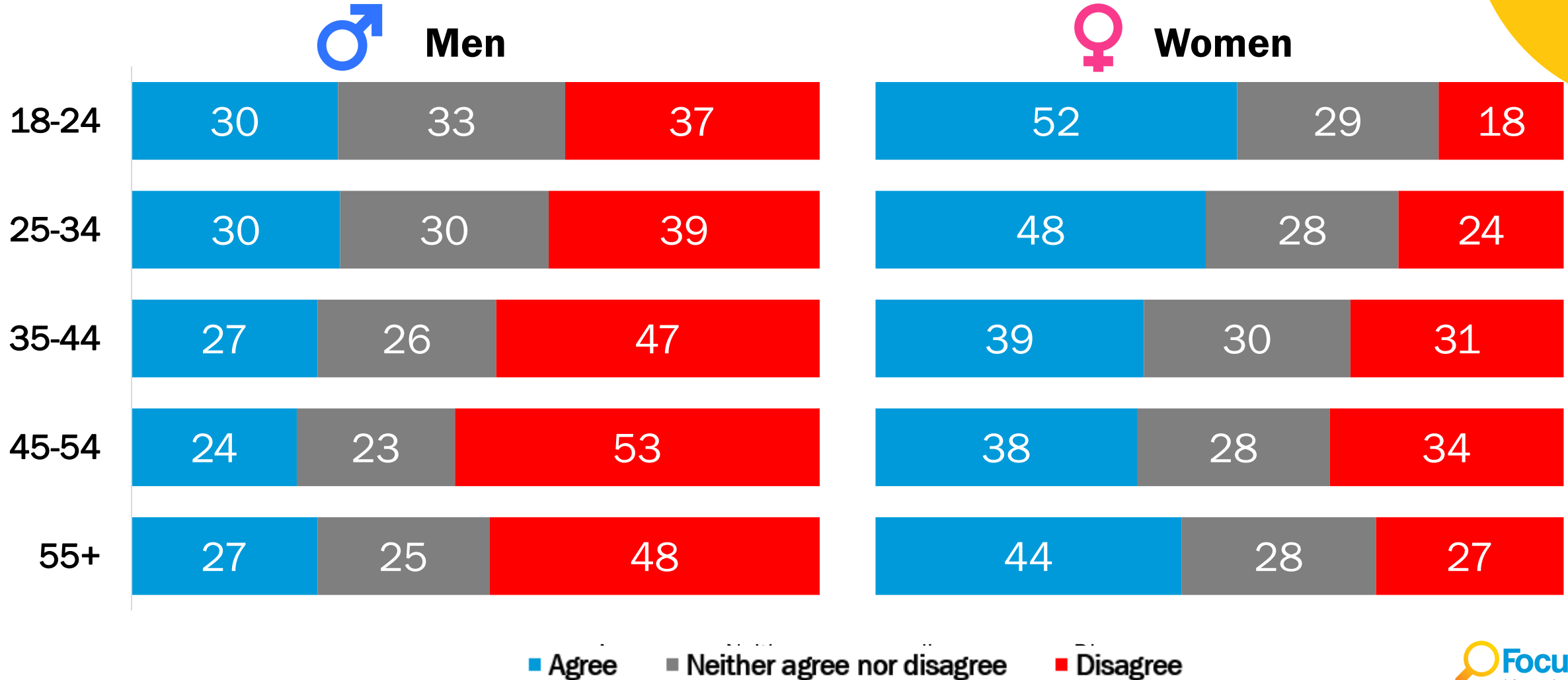




# With men remaining clearly more conservative, younger ages are much more open to accepting the existence of more than two genders

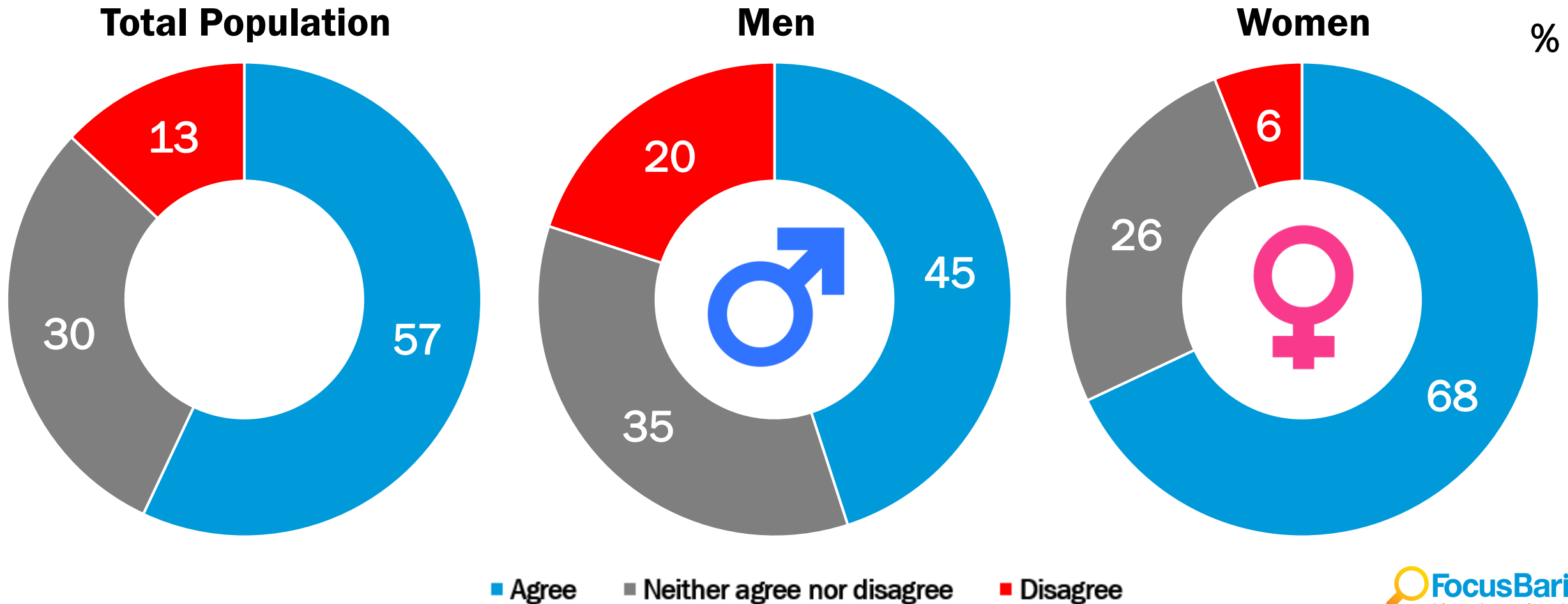
Q. «It's the 21st century, people should accept that there are more than two genders»

%



# Feminism is interpreted differently among Greeks, with a notable portion of women, advocating that it stands for equality rather than preferential treatment for women

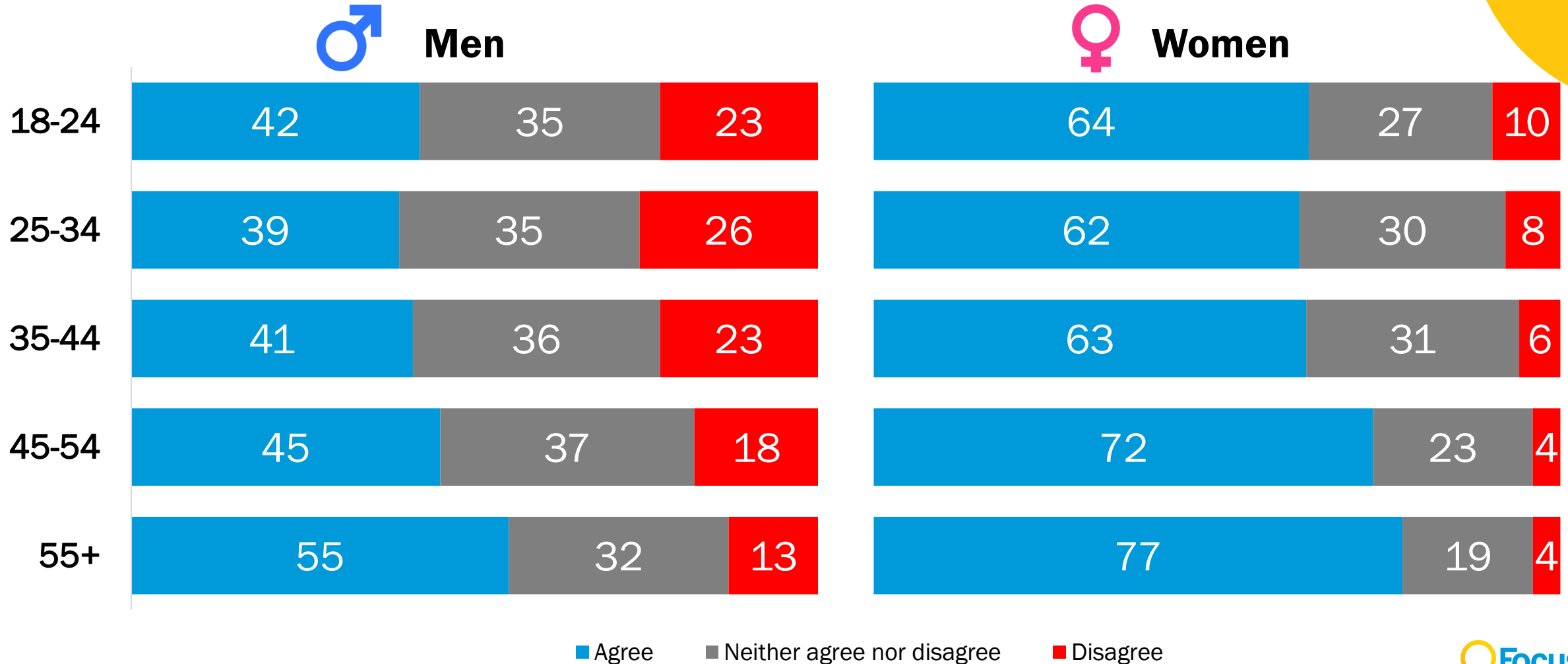
Q. «Feminism isn't about treating women favourably but equally»



# This interpretation of feminism is even stronger among older ages, who have experienced the initiation of the feministic movement

Q. «Feminism isn't about treating women favourably but equally»

%





## #3. Key Learning

- Three out of five Greeks state that they feel anxious about their lives (a tendency that is repeatedly confirmed in many surveys) ...
- ... with the feeling of anxiety being more pronounced among women, particularly those in younger age groups.
- Increased concerns and need for security during uncertain circumstances is expressed more by women who seem to be more afraid of taking risks than men and thus try to avoid challenging situations.
- Nevertheless, women are more open towards diversity and inclusion and accept that there are more than two sexes, while...
- ...they advocate that feminism is about equality rather than the favourable treatment of women

Thank you!

## **Greek Women 2024 : Guys, are we equal?**

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Habits, attitudes & opinions about gender equality  
based on the National Survey YouGov Profiles,  
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**On Women's International Day, March 2024**