Athens

Women in Management

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Psychotherapist, Resilience Expert, Coach & Mentor, Author











Thank you!

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Athens 14-15 September 20

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35 years in Market Research

- In love with people & humanity
- Obsessed with progress & novelty
- My vision : happy, healthy, responsible & creative people in society and business

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I am going to share...

A historical Review Women in Leading Positions Women's Management Style



SOUTHERN













My Sources

Multiple Studies / National Surveys
 Quantitative, Qualitative, B2C, B2B
 Designed, conducted & presented at various conferences on women leadership











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A Historical Review



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Greek Women acquired voting rights in 1957











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Lina Tsaldari (1887-1981)



 Was the first Woman Minister
 Heading the Ministry of Social Welfare

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Kalliroi Parren (1861-1940)



 Was the first Woman Publisher
 Started publishing the weekly "Newspaper for

Ladies" in 1887

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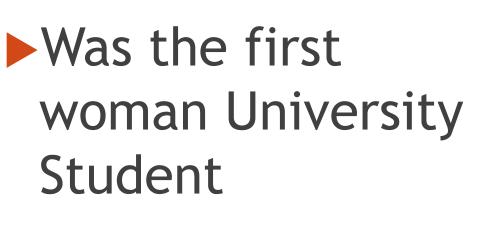




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Johanna Stefanopoli (1875-1961)



A journalist

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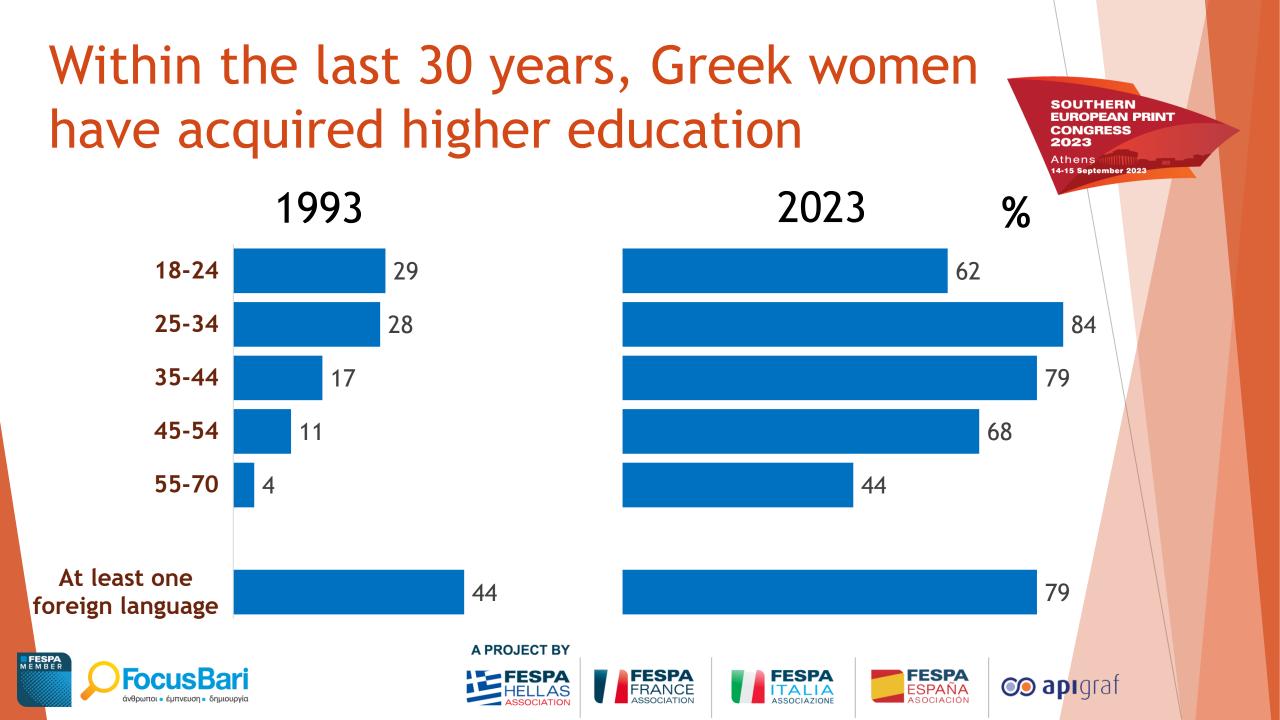








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As years go by, Greek women get married at an older age (% of married women by age)

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73

77

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1993 2023 18-24 23 3 25-29 70 22 30-34 85 55 35-39 90 40-45

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They delay having children (% of mothers by age)

1993

MEMBER

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1 18-24 14 12 53 25-29 36 79 30-35 84 35-39 40-45 **A PROJECT BY** FocusBar **FESPA FESPA FESPA** FESPA FRANCE AS

SOUTHERN **EUROPEAN PRINT** CONGRESS 2023 Athens 14-15 September 2023 2023 % 63 70 CO apigraf TALIA ESPAÑA SOCIACIÓN

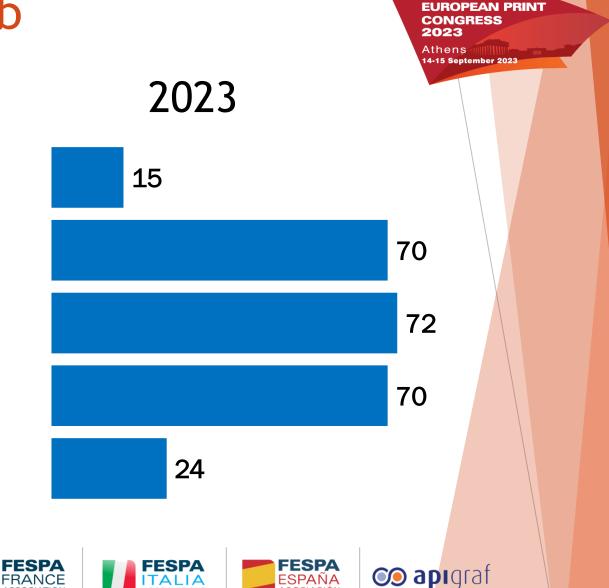
One in two Greek women are currently employed in a full-time job

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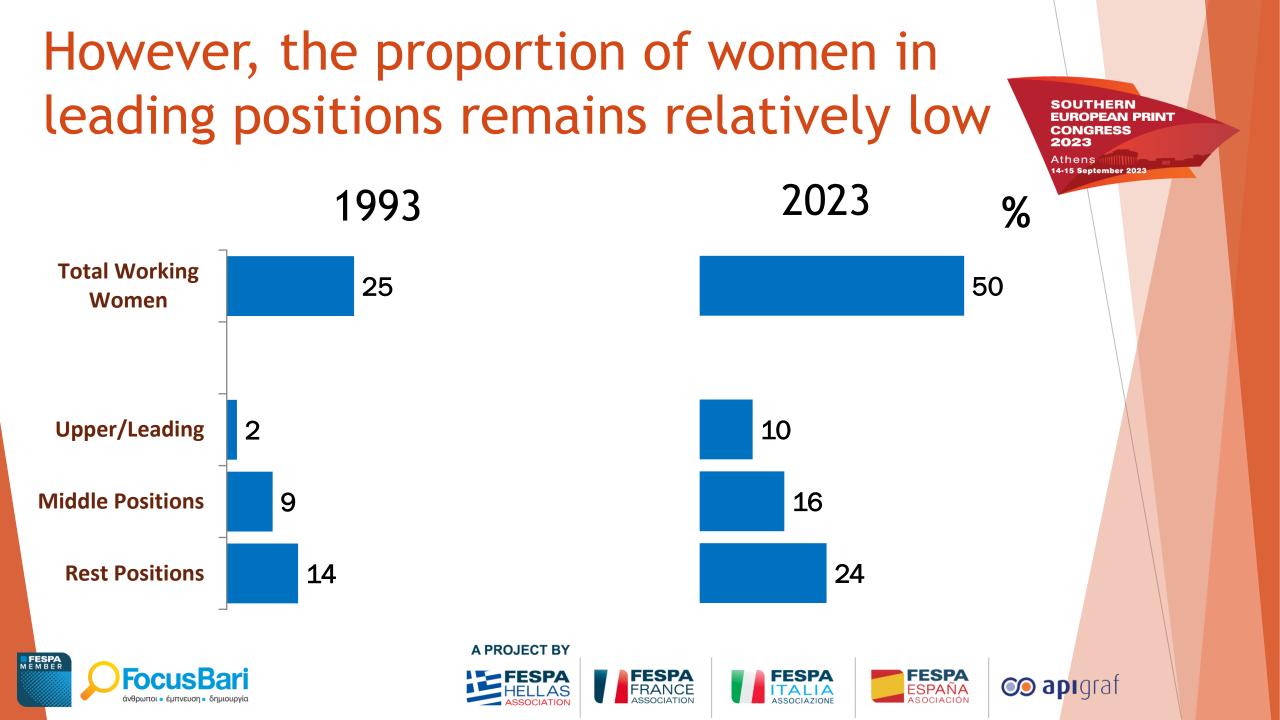
30 18-24 48 25-34 41 35-44 24 45-54 15 55-70

1993



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Despite their progress, women are still perceived as the main children caretakers SOUTHERN EUROPEAN PRINT CONGRESS 2023 Athens 4-15 September 202 Responsibility in the family for: % **Children Upbringing Financial Matters** 16 **48** 51 64 The man The woman Both equally A PROJECT BY FESPA MEMBER **FESPA FESPA** FESPA **Co** apigraf ESPAÑA θοωποι 🖕 έμπνευση 🖕 δημιου

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#1 Key Learning

Greek women have come a long way and have made a spectacular progress as citizens, professionals and members of society. However, there still seems a lot to cover until we reach "full gender equality"









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Women in Leading Positions



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Cliches, Theory, and Practice

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Despite the progress, there are still some "stereotypes"

Car industry	Army/Navy/Police	Finance
Heavy industry	Technology/IT	Sales
Construction business	Taxi/drivers, etc.	Developers
Cosmetics/beauty	Schoolteachers	Marketing
Secretariat/office	Nurses	Comms / PR
Fashion/clothes	Psychologists	HR

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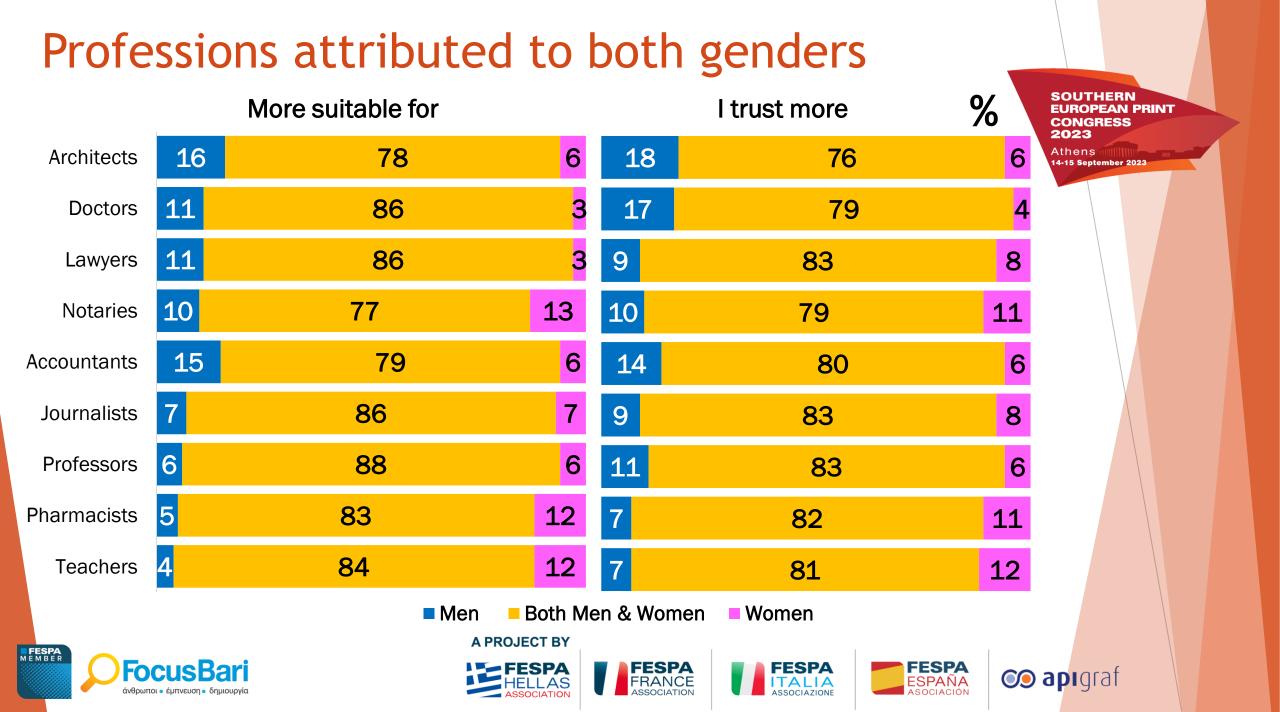
FESPA ESPAÑA Asociación

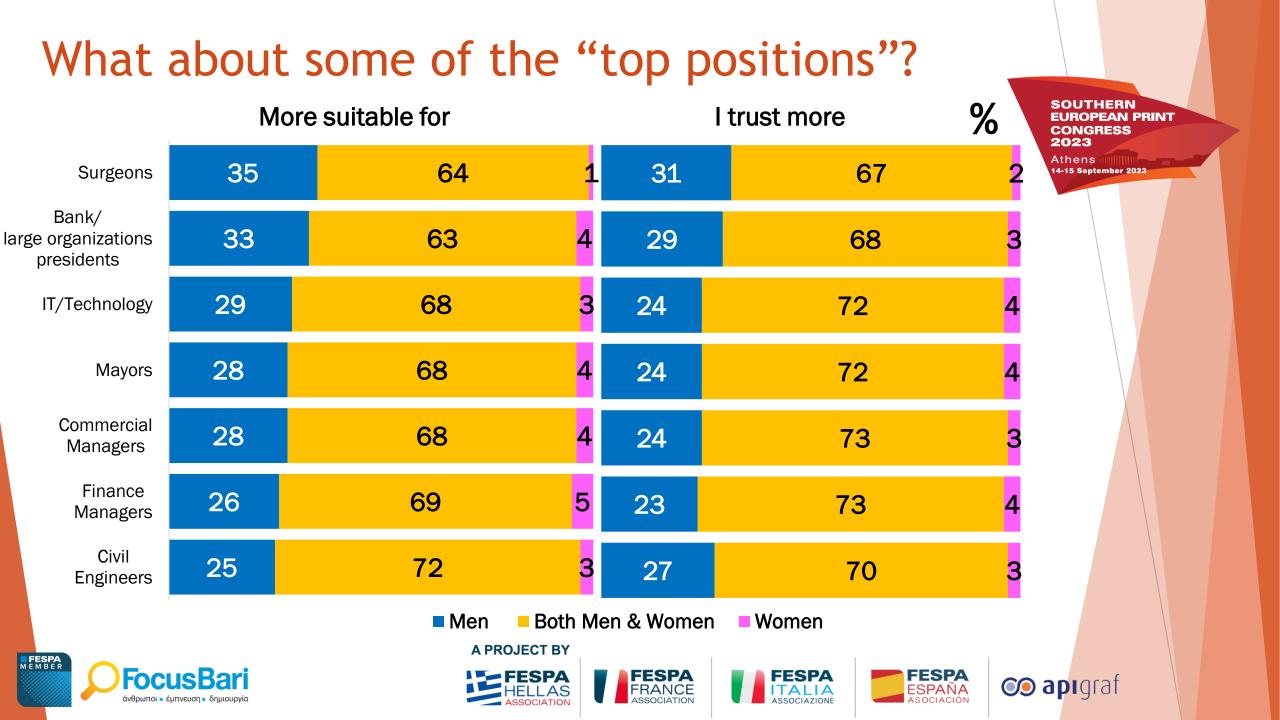


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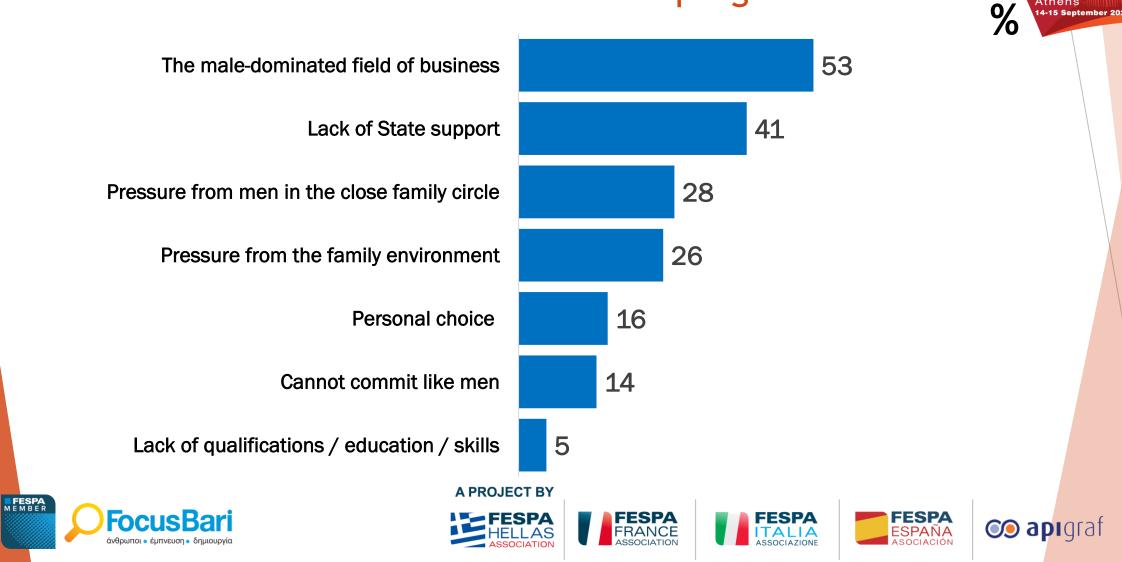
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Stereotypes : professions attributed to... SOUTHERN % More suitable for I trust more **EUROPEAN PRINT** CONGRESS 2023 Building 27 Athens 72 44 54 14-15 September 2023 Contractors Pilots 65 34 52 47 1 Plumbers/ 65 34 52 47 1 Electricians Armed Forces 62 36 2 52 46 2 Officers Taxi drivers 46 51 3 37 59 Δ 11 23 66 19 11 Cooks/chef 70 5 64 31 Hairdressers 7 70 24 Nurses 68 29 6 R 69 25 Kindergarten 41 57 52 44 4 **Teachers** Both Men & Women Men Women **A PROJECT BY** MEMBER **FESPA FESPA FESPA** FocusBar FESPA **Co** apigraf FRANCE TALIA ESPAÑA AS άνθρωποι 🔹 έμπνευση 🔹 δημιουργ SOCIACIÓN



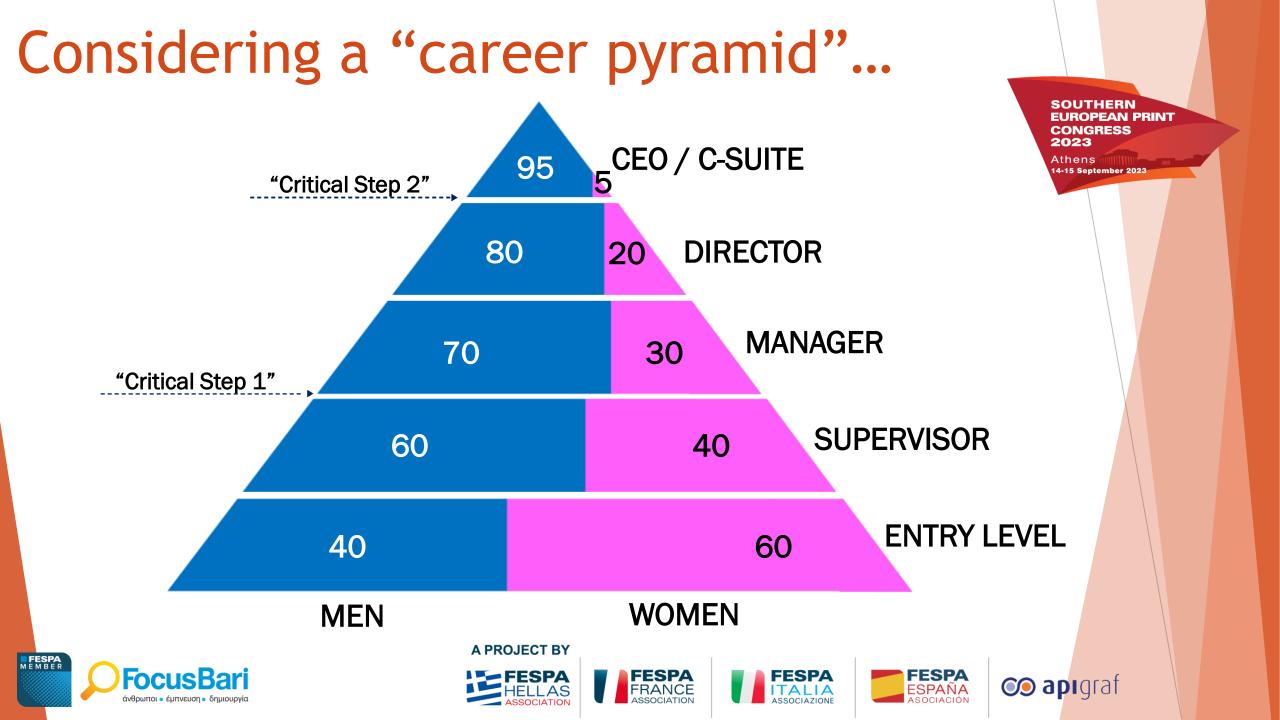


85% of Greeks agree that currently there are more women in top positions vs. the past, yet there is still a large number of obstacles in womens' career progress



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#2 Key Learning

- Despite the "theoretical" perceptions that women are equally accepted for any profession by the majority of society, there are still "cliches" and "stereotypes" both in the family and the business environment
- And although head hunters and organisations do not express negatively for women at top level positions, there are still barriers—both "own" and "external"—for further womens' advancement to high business/organizational positions

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Women's Management Style



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What is a "Leading/Top Position?"

- 63% believe that a C-Suite Professional can be a successful entrepreneur, but also...
- 58% believe that there are big differences between a CEO and an entrepreneur



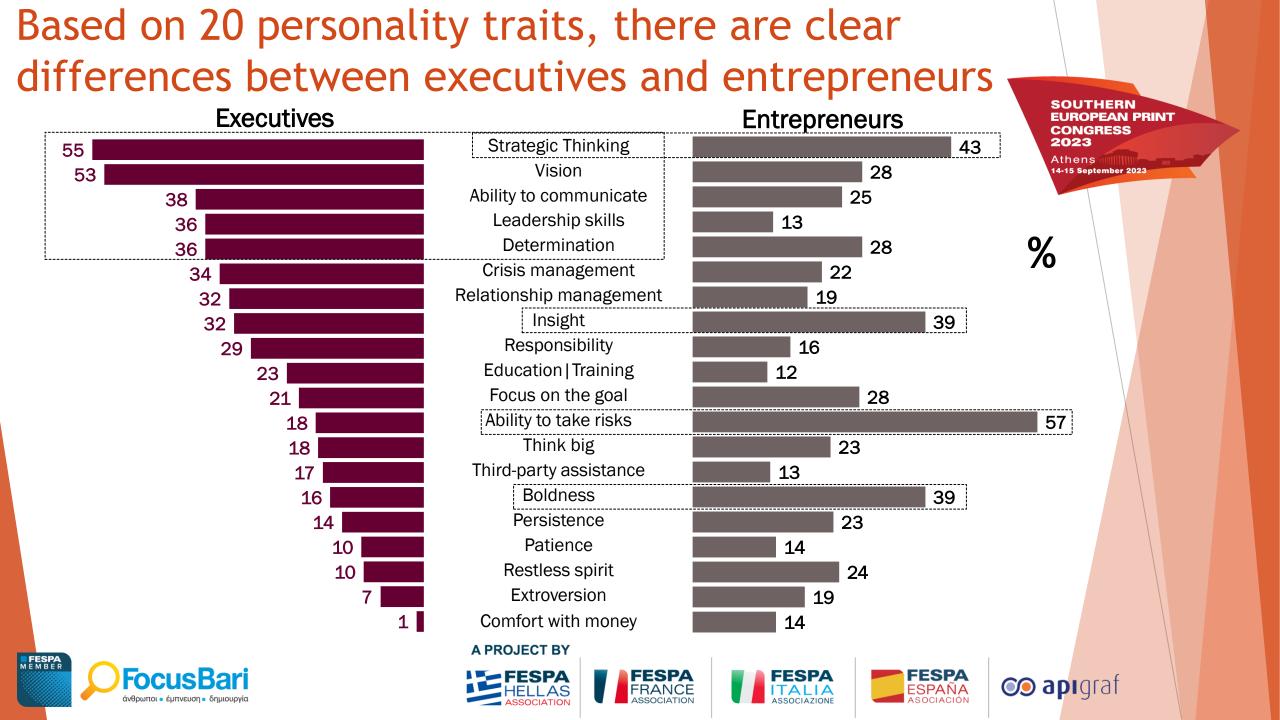








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Comparing men and women in terms of leadership/management style...

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- Biology shows great differences between the male and the female brain
- Different energy
- Differences in the five senses
- Different emotions

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Different expression

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The Male Energy



- A hunter
- Power seeking
- Competitive
- Risk taking / bold

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Ambitious

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Focused

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Left brain / logic

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The Female Energy



- Caretaking
- Collaboration
- Teamwork / collectively
- Empathy
- Resilience
- Flexibility

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Right brain / sentiment











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Comparing genders on the same 20 personality traits...

58 41 Responsibility SOUTHERN 3 32 65 **EUROPEAN PRINT** Ability to communicate CONGRESS 2023 27 66 Relationship management Athens 24 68 14-15 September 2023 Education 72 19 Patience 8 46 44 9 Insight 31 58 Persistence 69 17 Vision 55 30 Focus on the goal 1 / 15 43 42 Extroversion <u>22</u> 58 20 **Restless spirit** 22 38 40 Third-party assistance 27 25 48 Determination <u>25</u> 68 Leadership skills 28 56 16 Strategic thinking 31 31 38 Crisis management 38 53 9 Think big 40 5 Comfort with money 54 50 35 15 **Boldness** 66 28 7 Ability to take risks Both Men & Women Men Women Focus Bari – TOFME n=250 **A PROJECT BY** FESPA MEMBER **FESPA FESPA FESPA** FocusBar FESPA **CO** apigraf FRANCE ESPAÑA άνθρωποι 🔹 έμπνευση 🔹 δημιουργί SOCIACIÓN

Picturing Management Styles between the two genders...

Established, basic and "traditional" leadership traits, related to business growth Linked to 'manhood' and tending to become "old style"



Valuable leadership traits related to business administration and people management Linked to 'womanhood' and sought after nowadays









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Ideally, a top management team with balanced presence of both genders!



Combining complementary traits, skills, energy, experience and value offered by both genders







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#3 Key Learning

In our turbulent, very demanding times, where four completely different generations have to communicate and cooperate smoothly in the same working environment, management teams need to develop much more of the "female energy" traits, such as empathy, resilience, flexibility in order to adapt and grow, dealing with constant change successfully.





Thank you!

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