

2020/21 :Human Relationships

How are relationships of all kinds influenced by Pandemic Conditions?



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February being the “Love Relationships” month, we decided to investigate the effects of the pandemic conditions on human relationships



Our Sources & Survey Specs



The present study :

- Focus Bari initiative
- Pre-structured questionnaire
- Cawi – focusonline panel
- Universe : men & women 16+ Nationally, internet users (96%)
- Sample : 1623 individuals
- Fieldwork : January 26-28, 2021

In the present study, we cooperated with Vassilis Vassiliadis, founder & Ceo Vivid Vibes in designing & finalizing the questionnaire; a cooperation within the context of both companies work & studies on human psychology & all types of relationships

If we give it some thought, the **quality** of our lives is directly related to the quality of our relationships



Family

Professional



Friendships



Love

Social

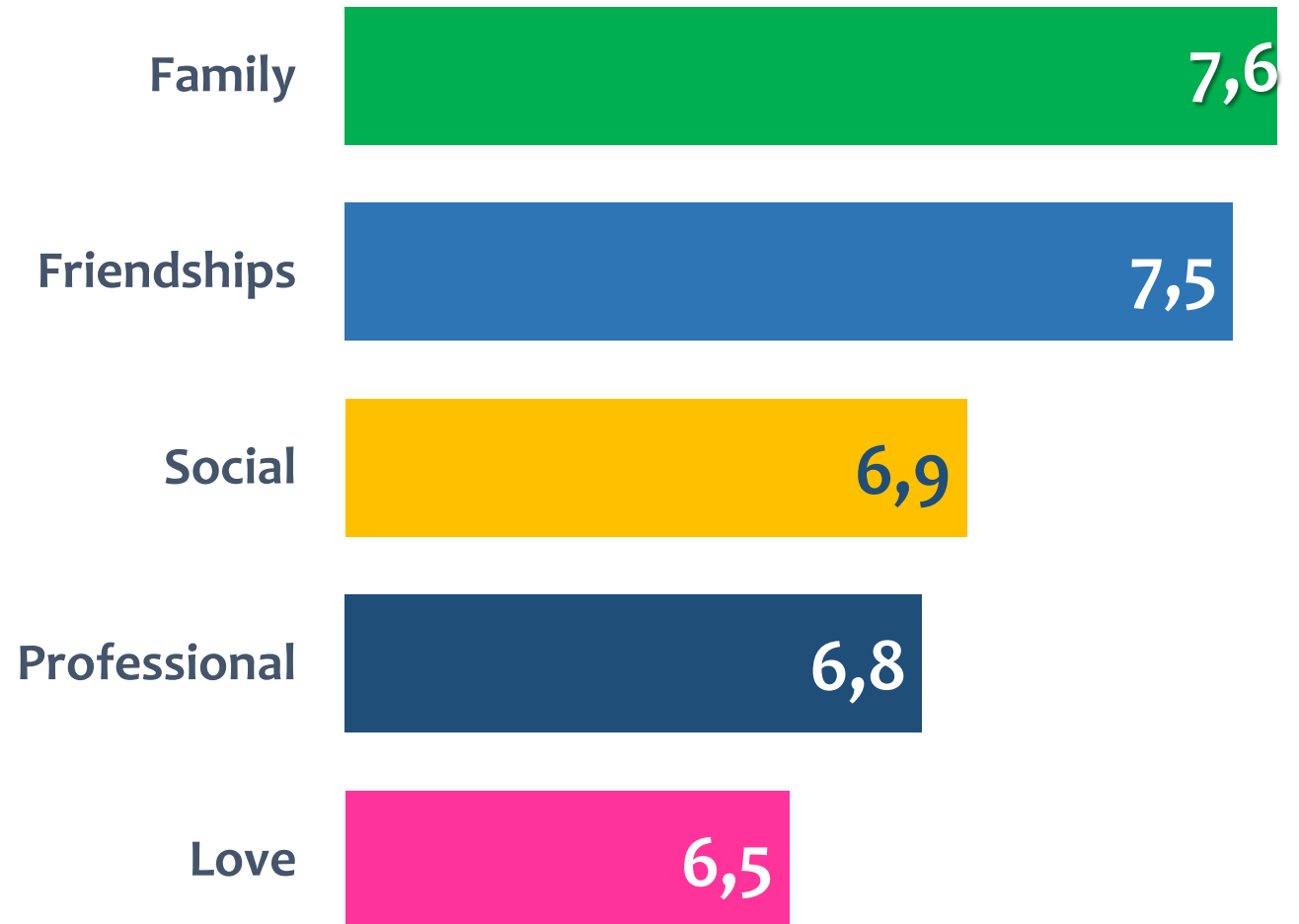


The pandemic conditions have affected all types of relationships!

The overall degree of satisfaction with each type of relationships is found at a rather **average to quite good** level, at this point in time, with **family** relationships and friendships scoring higher

«Using the scale of 1-10, where 1=completely dissatisfied and 10=completely satisfied, how satisfied are you with each type of relationships during the present period of your life?»

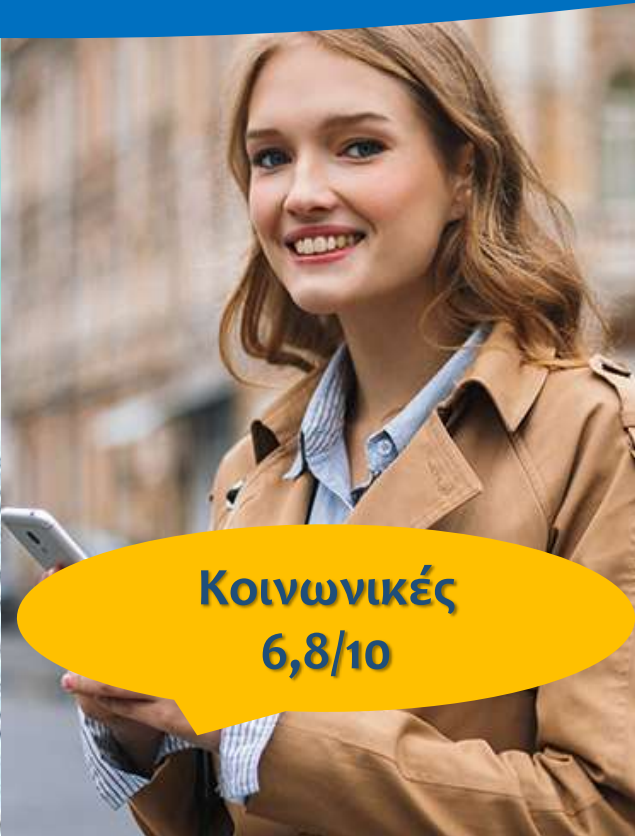
Average degree of satisfaction on 1-10 scale



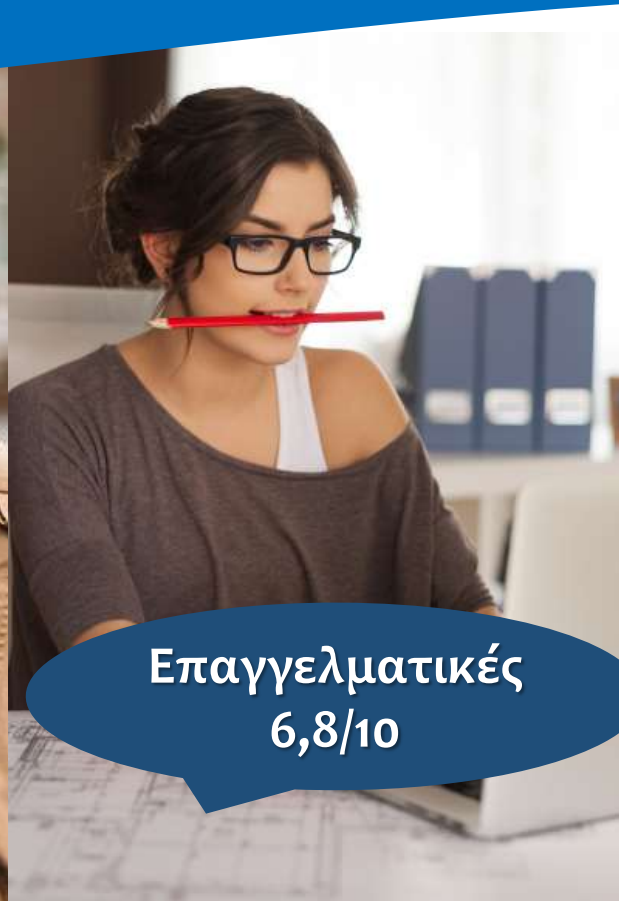
As is natural, the degree of satisfaction with each type of relationship varies **depending on the age and the marital status**, with love and social relationships being more important among the teens and the young, and professional and family to comprise a main concern among the 35+ years of age. Also, there are quite a lot of differences between **married** and **single/divorced**!



Ερωτικές
5,9/10



Κοινωνικές
6,8/10



Επαγγελματικές
6,8/10



Οικογενειακές
7,9/10

Relationships during Covid:

01

Are improved,...



02

stayed the same,...



02

got worse, what?

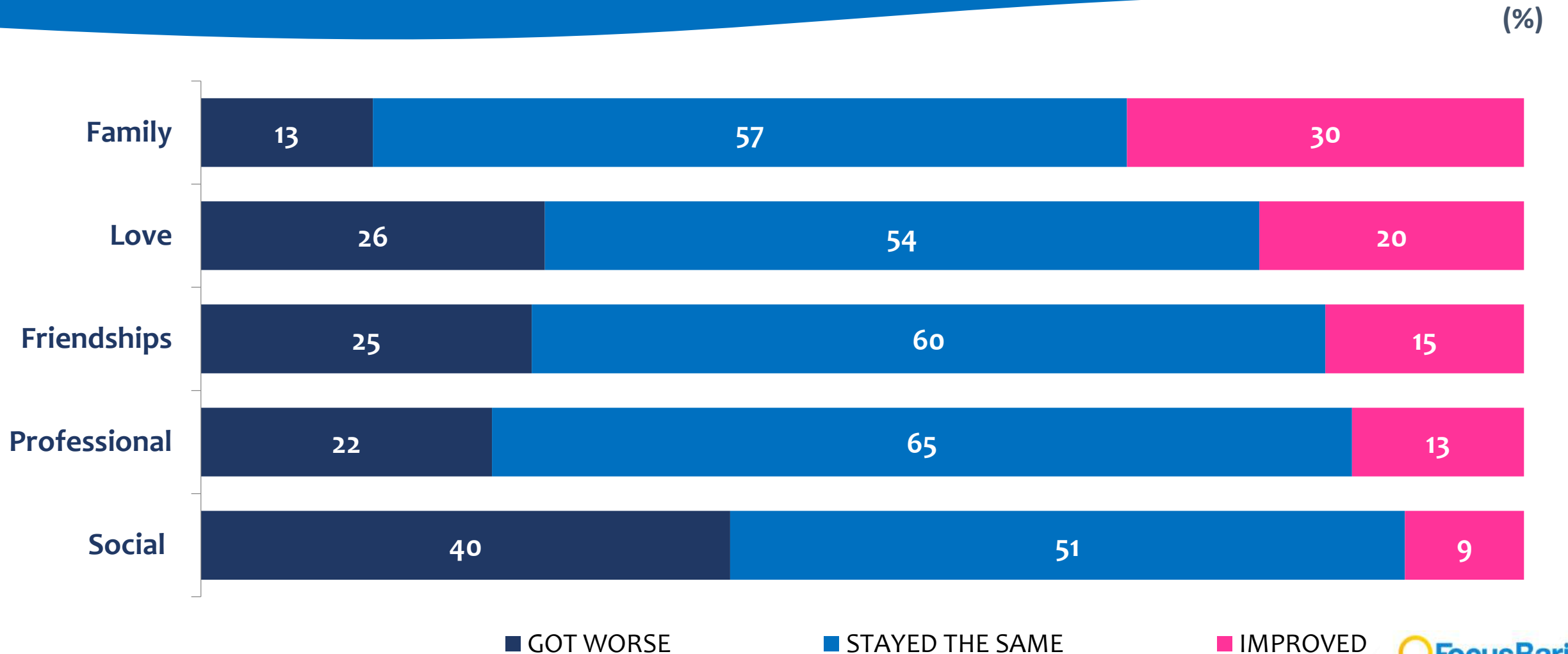


What is the impact of the pandemic conditions on the relationships between people?

64% state that at least one type of their relationships got worse because of the pandemic

53% state that at least one type of their relationships got better during the pandemic

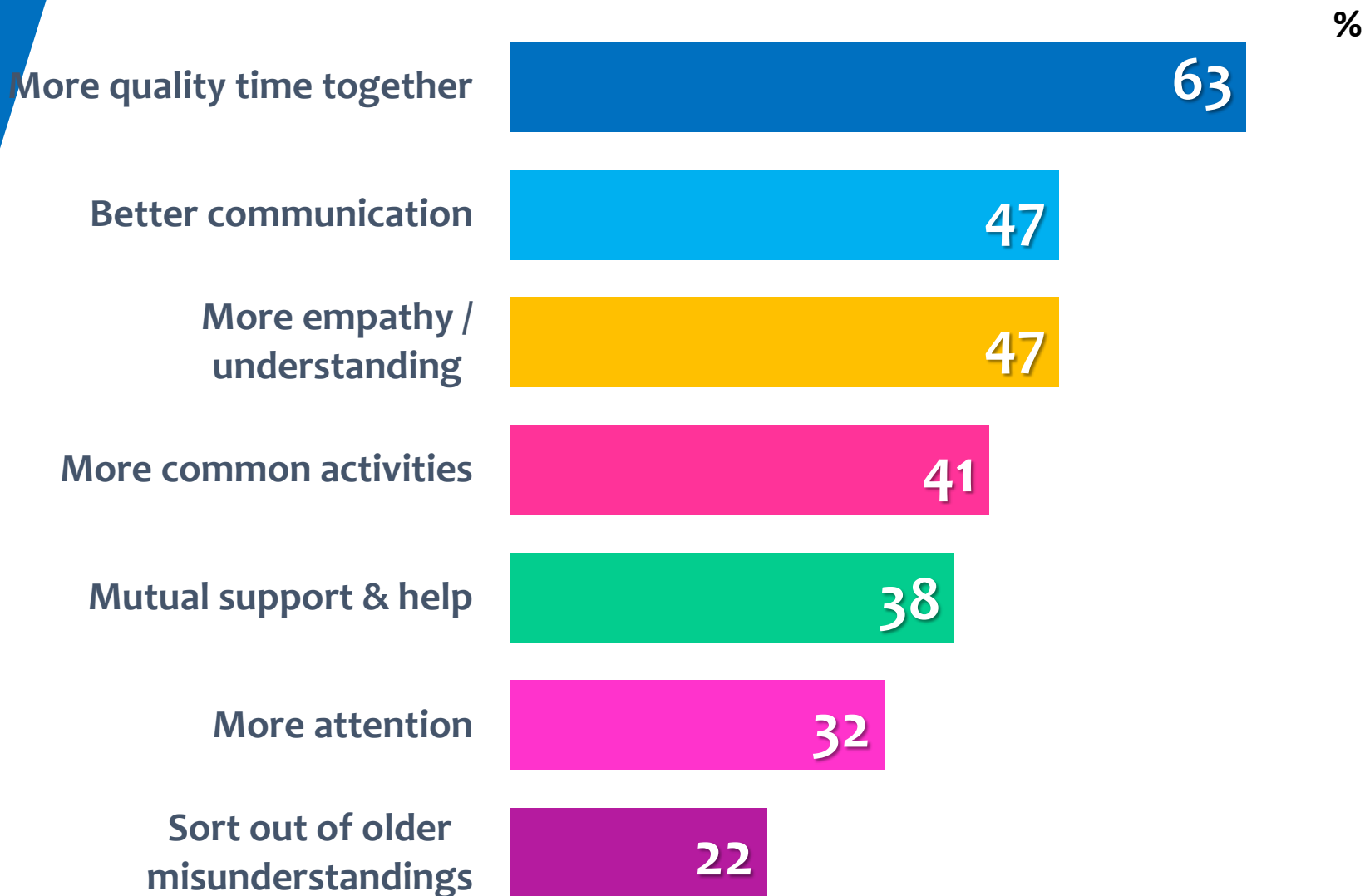
Social relationships are the “big loser” because of the pandemic, **family** relationships being the “big winner” while all other types—**love, friendships, professional**—are rather negative affected by the pandemic conditions.



Relationships that are reported as improved, are because of more quality time, better communication, more empathy & understanding, more common activities



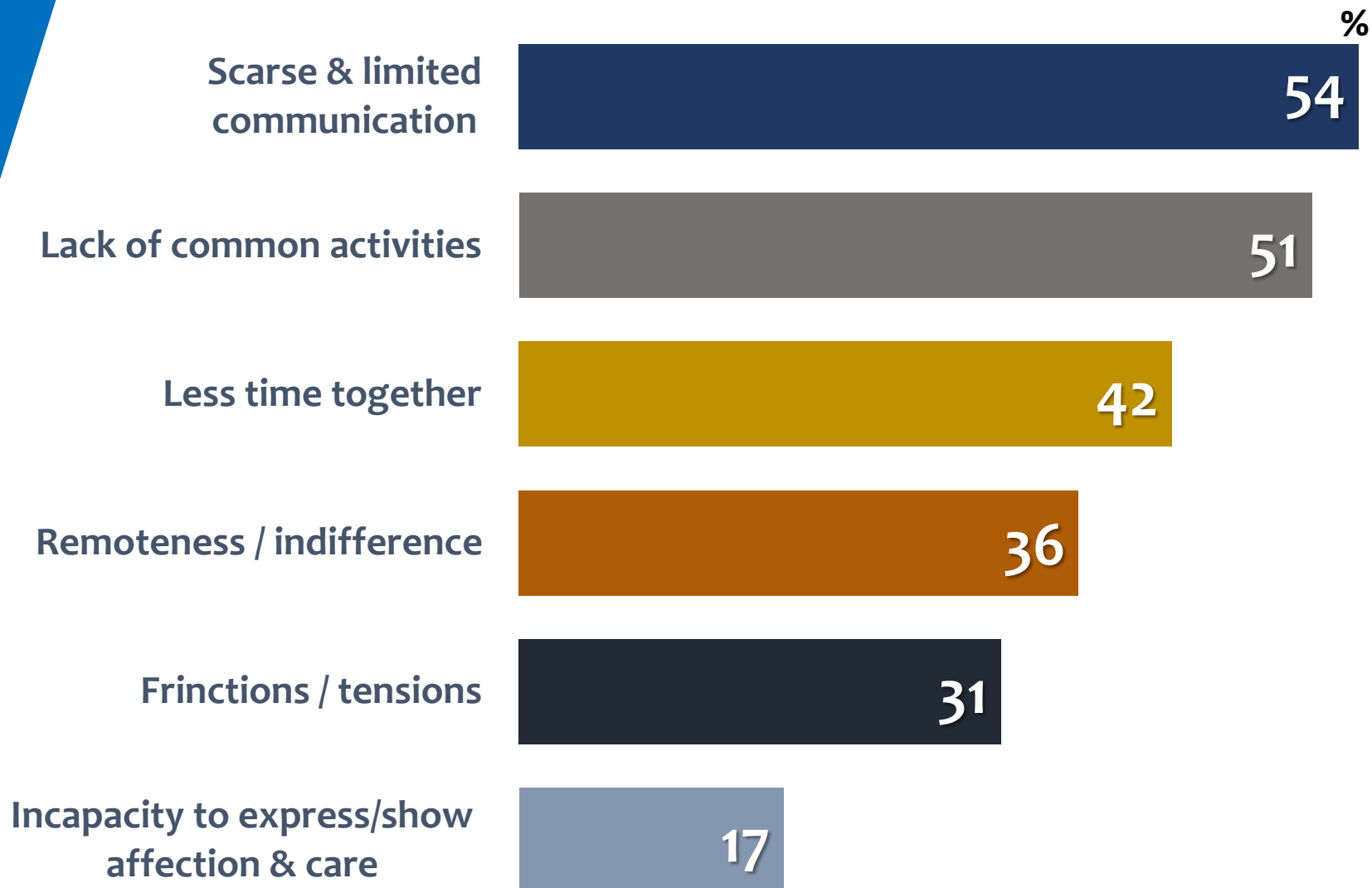
Relationships improved because of:



Relationships that got worse, did so because of lack of communication, lack of common activities, as well as frictions and tensions



Relationships got worse because of:



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thank you

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