

2 Years Covid: Health & Social Life

National Survey Results



Survey Basic Specs

- ✓ Online Quantitative National Survey (CAWI)
- ✓ Via YouGov panel
- ✓ Men & Women 18-74 (NSSG estimate 7.359.000 individuals)
- ✓ Sample: 1,002
- ✓ Fieldwork : December 21-31, 2021
- ✓ Focus Bari is the Affiliate Partner of YouGov in Greece
(<https://www.focusbari.gr/yougov/συνεργασία-με-yougov>)

We asked:

Health
Condition



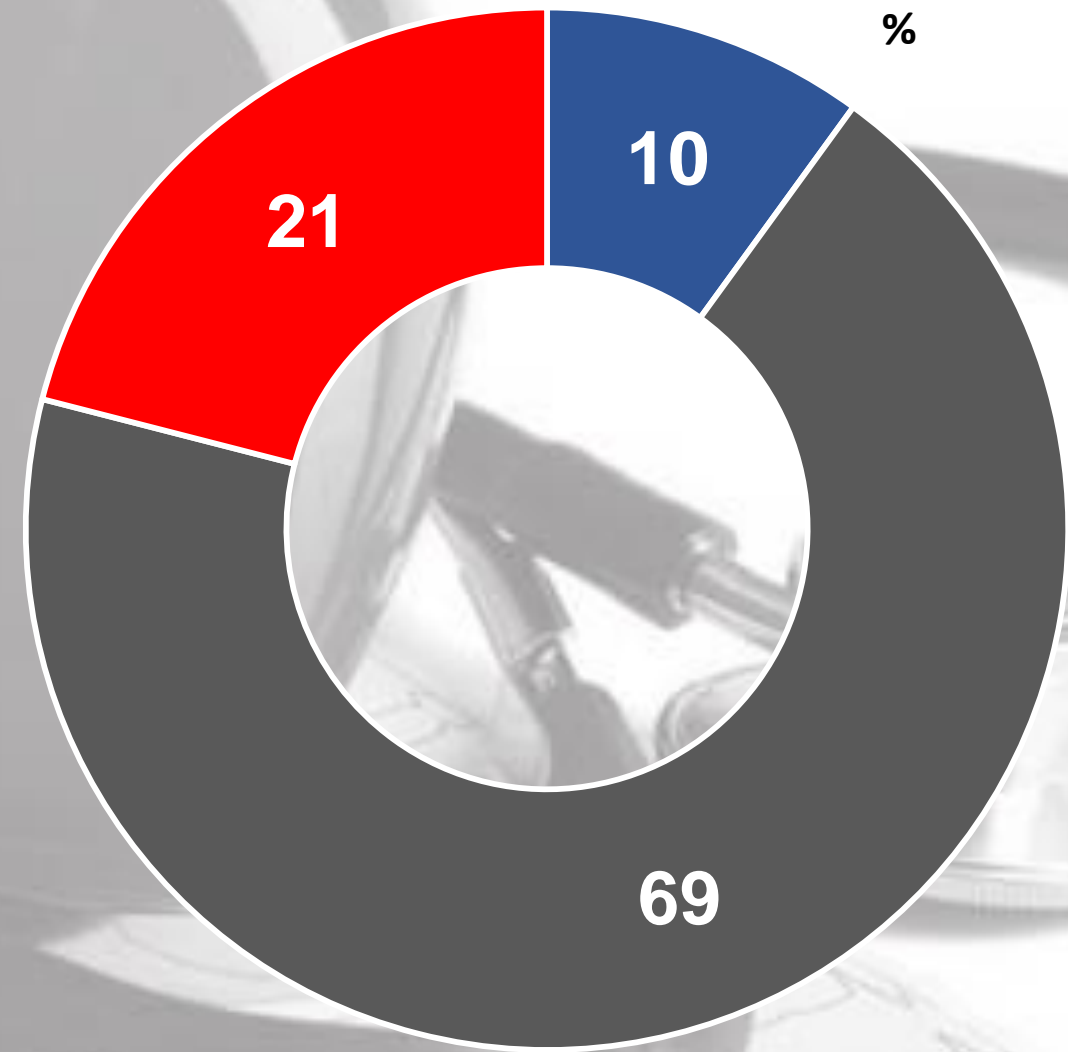
Social Life



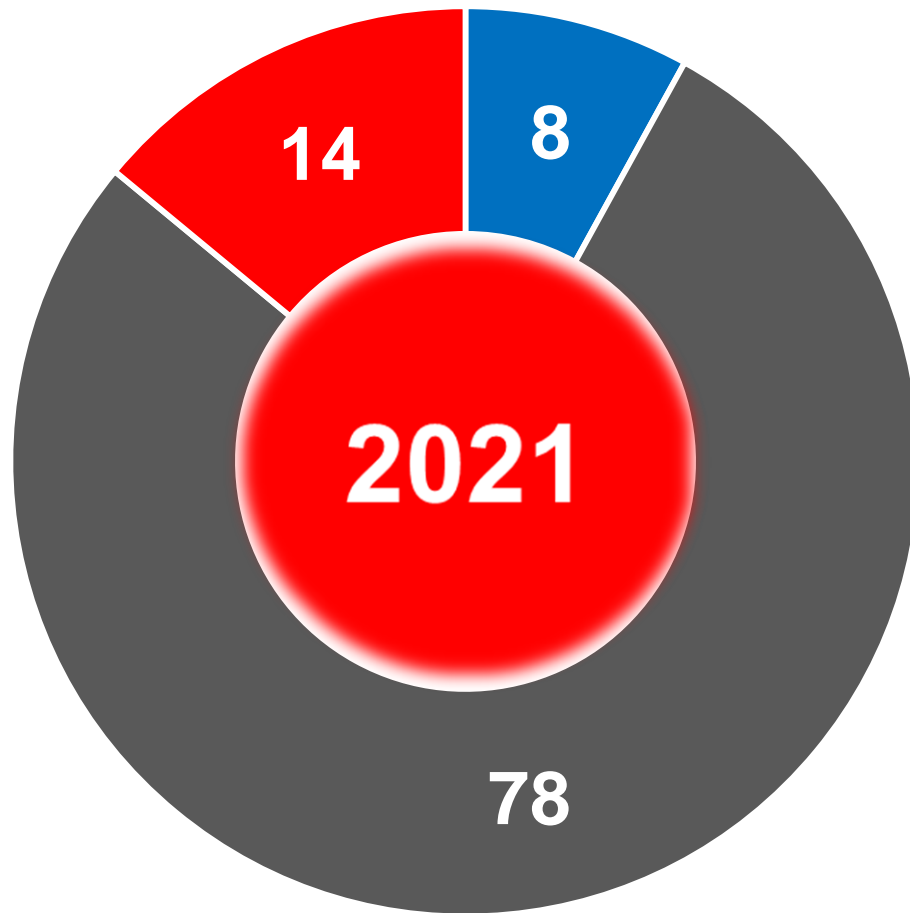
Comparison
2020-21-22



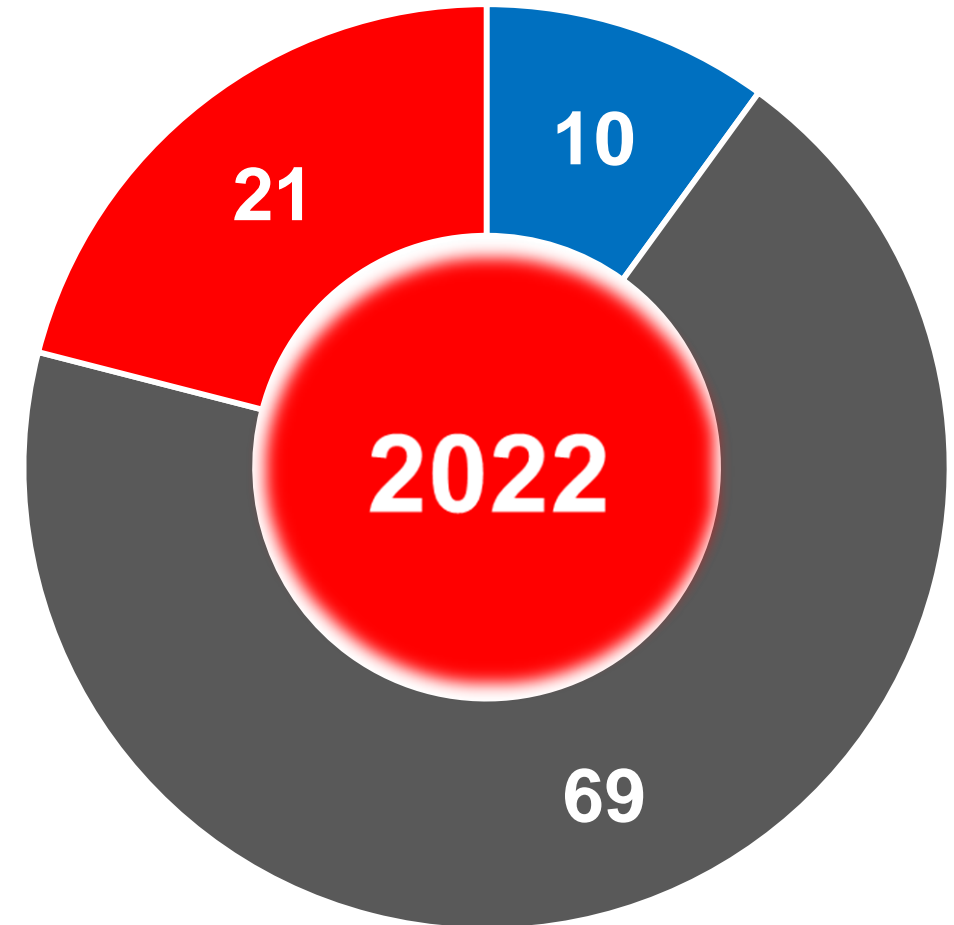
Almost 7 in 10
Greeks say their
health status is the
same as compared
to 2 years ago,
before the
pandemic



Comparing the present study to that of one year ago, the proportion of Greeks who currently report a worse health status versus 2020 (before the pandemic) has increased



%



■ Better health

■ Same health status

■ Worse health

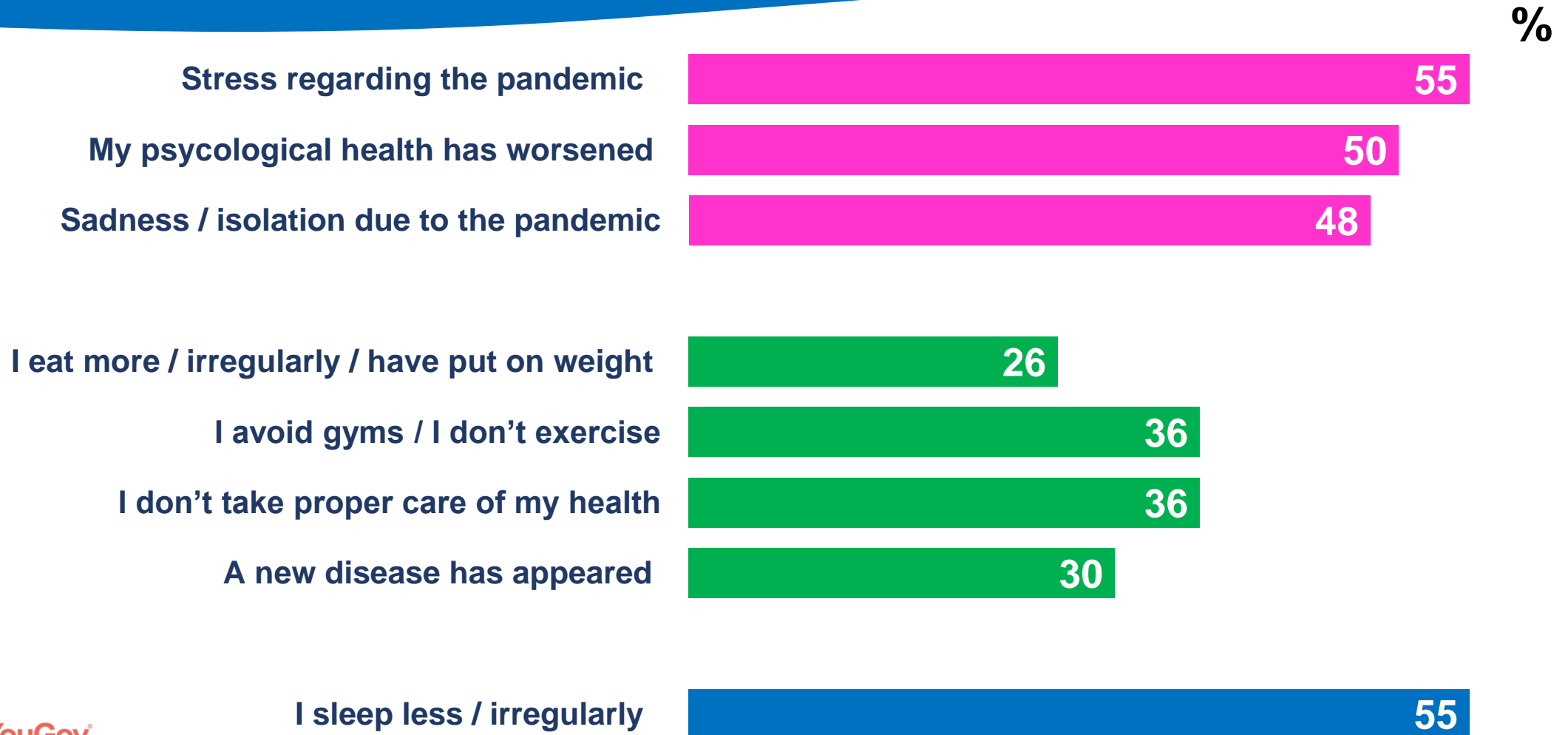
 FocusBari

YouGov

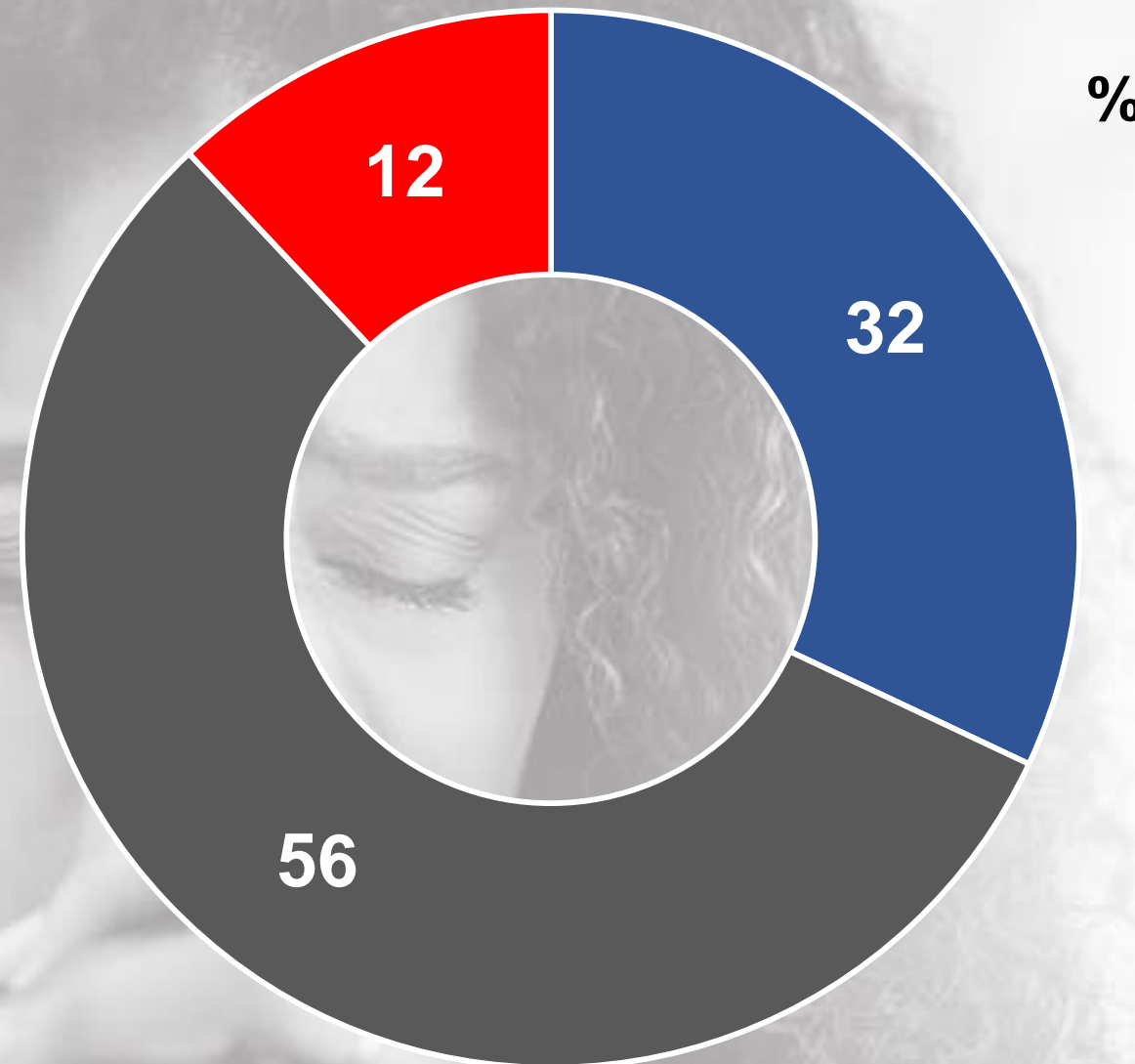
For those who report a better health status versus two years ago, the main reason is the good habits they adopted and retained after the lockdowns



For those who report a worse health status versus two years ago, reasons vary among physical and mental/emotional health



More than one in two Greeks say their mood/ psychology has a lot of ups and downs, in view of the pandemic conditions

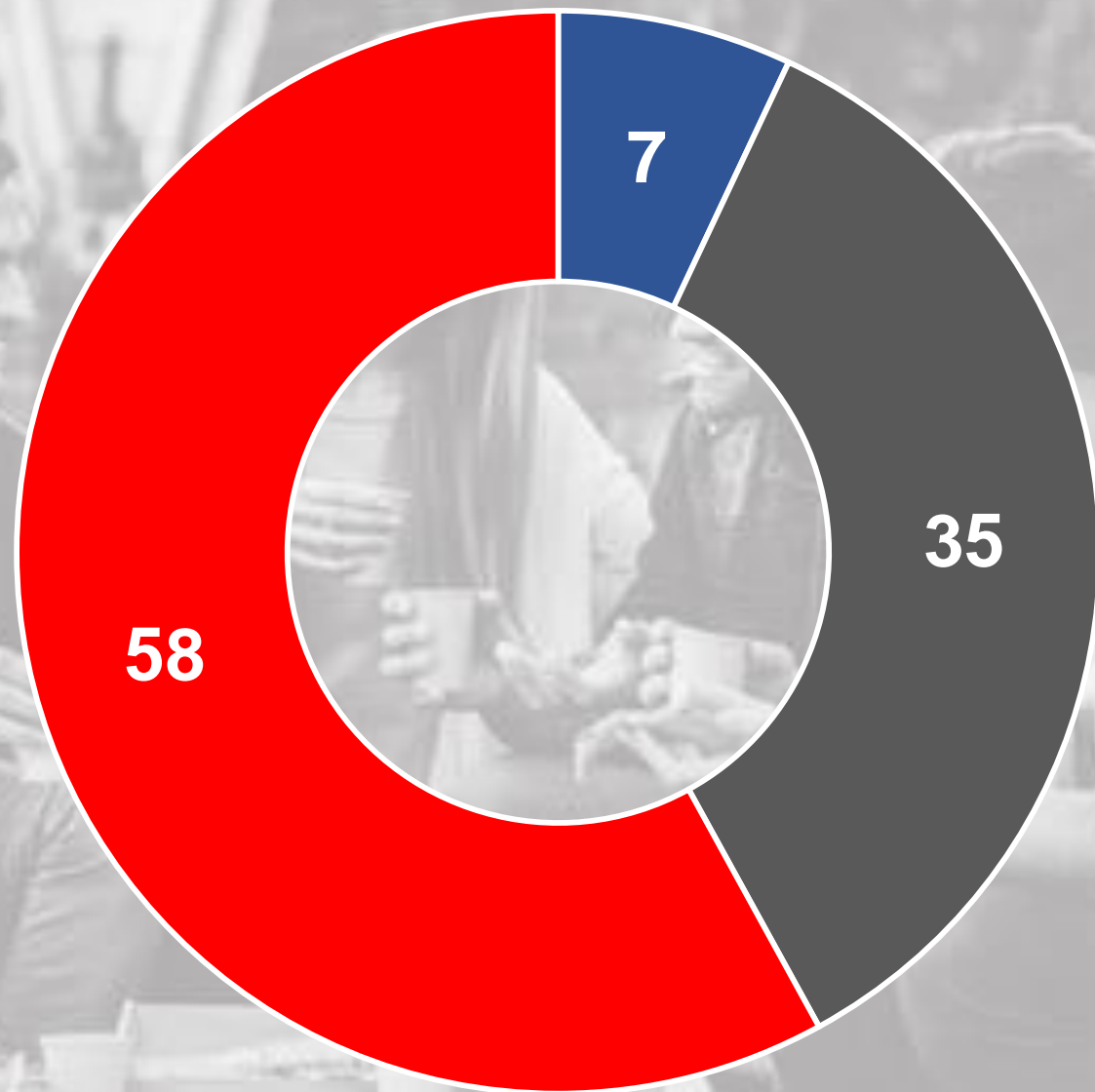


- I keep a positive psychology, I believe it is a challenge that will end
- My psychology has a lot of ups and downs, depending on the days
- My psychology is bad, I fear a lot how this whole pandemic will end

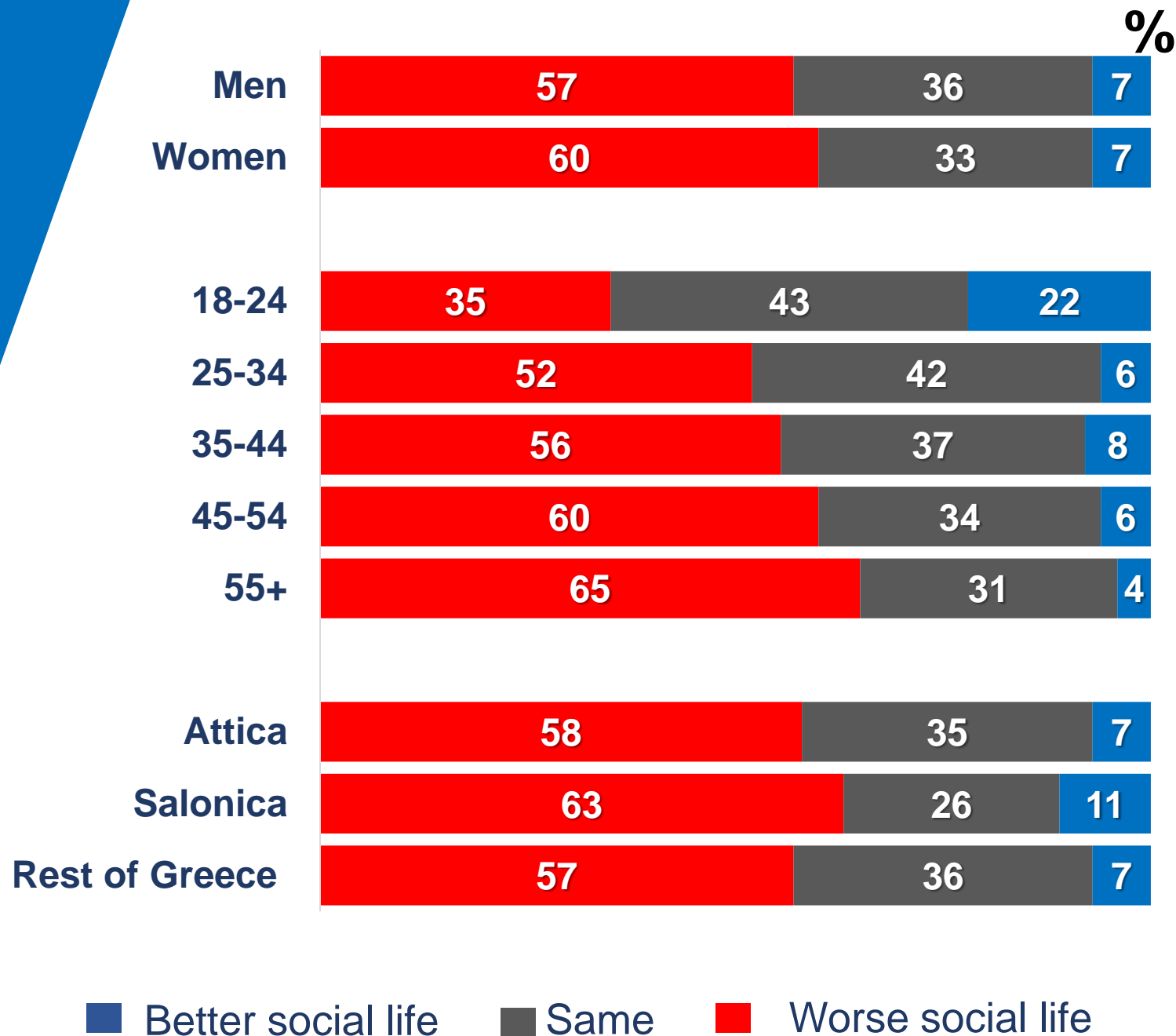
How is Greeks' social life today as compared to two years ago, in the pre-Covid times?



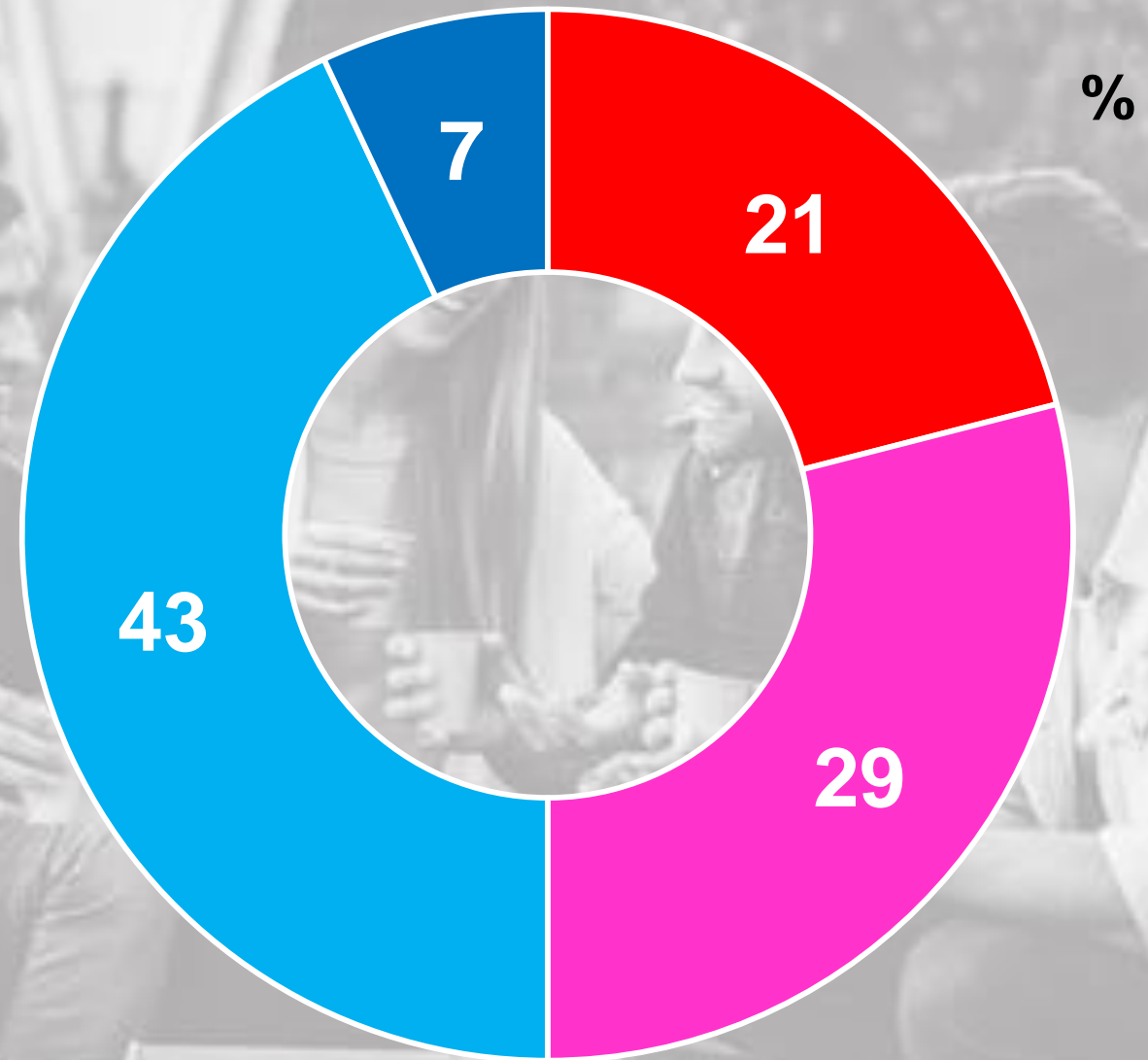
Almost three out of five Greeks say their social life is much worse today than two years ago, before the start of the pandemic



In this respect, there are significant differences between age groups : older ages report a much worse social life today versus two years ago

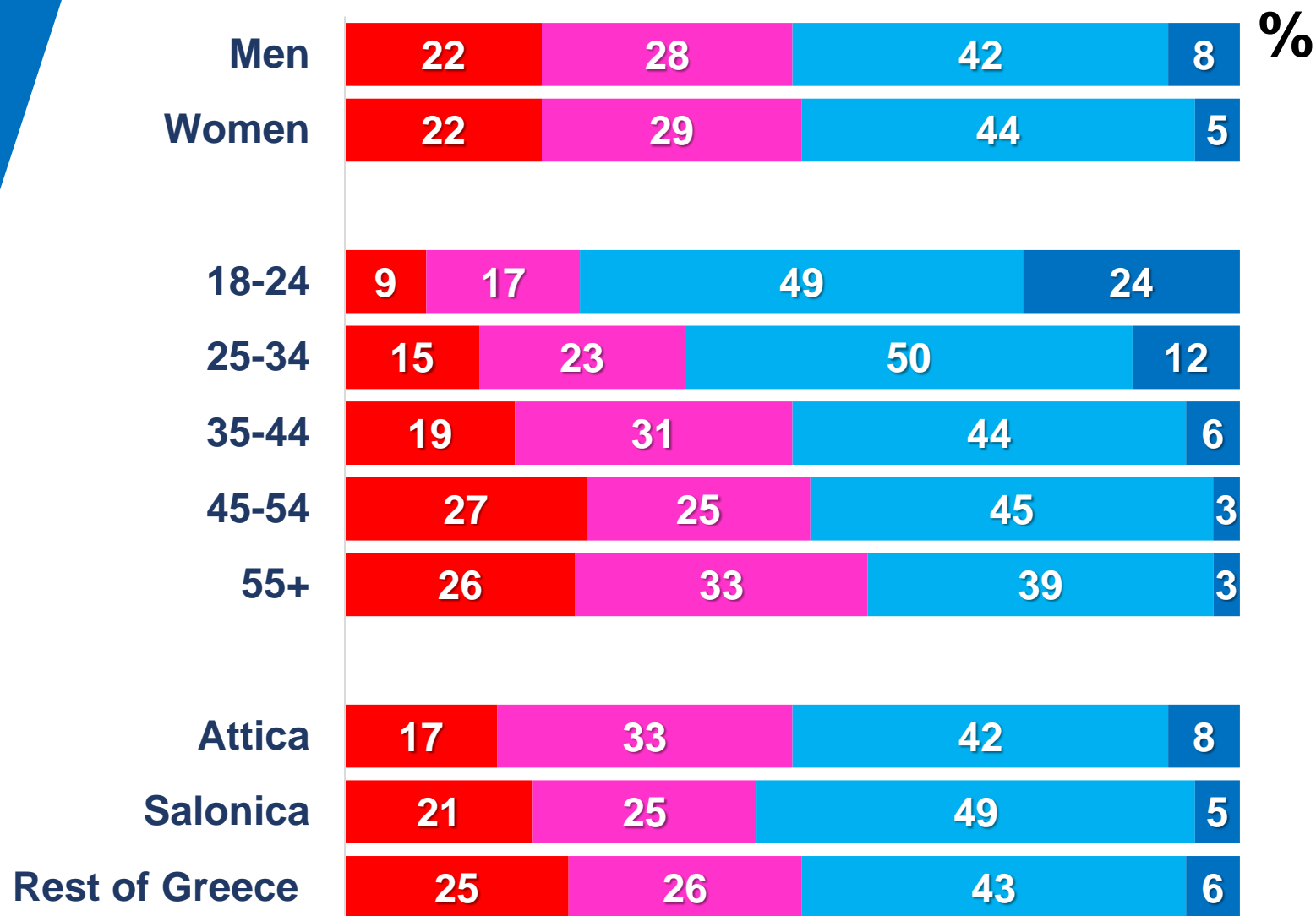


As far as specific socializing habits are concerned, one in two Greeks say they avoid going out to places of entertainment nowadays



- I avoid going out completely, neither at friends, nor at cafes/restaurants etc.
- I only go to friends' / relatives' homes with very few people
- I go to homes or cafes/restaurants very selectively, keeping all measures
- I go out everywhere as I did before the pandemic started

As expected, young people have a more active social life as compared to older ages, despite the pandemic conditions



- I avoid going out completely, neither at friends, nor at cafes/restaurants etc.
- I only go to friends' / relatives' homes with very few people
- I go to homes or cafes/restaurants very selectively, keeping all measures
- I go out everywhere as I did before the pandemic started

2 Years Covid : Health & Social Life

National Survey Results

Thank you!

